

The
Psalms

A new
translation for
worship

POINTED EDITION

THE PSALMS

A New Translation for Worship

Glory to the Father and I to the I Son:
and I to the I Holy I Spirit;
as it was in the be'ginning · is I now:
and shall be for I ever I A'men.

THE PSALMS

A New Translation for Worship

POINTED FOR SINGING TO
ANGLICAN CHANT

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THE TRANSLATORS

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INTRODUCTION

THE PSALMS

Christians have used the Psalms in their praises of God, in their prayers and in their meditations since the earliest days of the Church. The Jews have used the Psalms for a much longer time, for they were composed for use in ancient Israel. The majority of the Psalms are hymns of praise and thanksgiving to God for what he is and for what he has done (e.g. Pss. 8, 104, 135), or prayers for help and laments because of the sufferings of an individual (e.g. Pss. 6, 22) or his anxieties (e.g. Ps. 77), or because of some national disaster such as defeat in battle (e.g. Ps. 44) or the destruction of Jerusalem and its temple (e.g. Pss. 74, 79). There are also meditations on God's providence (e.g. Pss. 49, 73, 78) or on his commandments (e.g. Pss. 1, 119). Other Psalms were composed for particular occasions in the nation's life: for the accession of a new king (Ps. 2), for a royal wedding (Ps. 45), or for a pilgrimage to Jerusalem to worship at the temple (e.g. Pss. 84, 122). The temple was the place where most Psalms were originally intended to be sung, but they also came to be used by Jewish congregations in their synagogues and by individuals in their private prayers.

The period in which Psalms were composed in ancient Israel goes back as early as the time of King David (*c.* 1000 BC), though modern scholars have questioned the tradition that he was the author of a large number of the poems in our Psalter. Some Psalms were certainly written much later: Ps. 137, for instance, speaks of the exile of the Jews from Jerusalem to Babylon in the sixth century BC. Most of the Psalms, however, cannot be dated precisely and might have been written at almost any time within a period of several centuries. Nor do we know when the last poem in the Psalter was written, though it was probably not later than about 200 BC and may well have been much earlier. The Psalms thus reflect something like

three quarters of a millennium in the life and worship of ancient Israel.

Jesus was born a Jew, and he was brought up to know the Psalms intimately and to ponder them. He quoted them in his teaching, and words from the Psalter were on his lips as he hung on the cross. The Church learned from him, and from God's ancient people the Jews, to value the Psalms, and Christians have used them ever since.

When Christians read the Psalms, they meditate and share the thoughts and varied emotions of the people of God in the Old Testament, the people to whom God made himself known, and they share in Israel's experience of God. The God of the Psalms is the God and Father of our Lord Jesus Christ. The coming of Christ has, however, made a difference, and Christians cannot always think of God in exactly the same way as those who lived before the birth, and death, and resurrection of Jesus. Christians cannot make their own everything in the Psalter, at least not in its original sense. We cannot, for example, identify ourselves with the author of Ps. 137 when he blesses those who will dash Babylonian children against the rocks, however well we may understand the Psalmist's reaction to the murder by Babylonian soldiers of Jewish children. There are parts of the Psalter that Christians must read with detachment. Many Christians feel that they must go further and refrain from the use of such passages, at least in public worship. Nevertheless, although there are verses in the Psalter whose sentiments Christians must not share, there remains much more which they can wholeheartedly make their own.

Throughout the centuries, Christians of different persuasions have found the Psalms a means of prayer and worship that fulfilled their needs. In the future, as in the past, Christians will use the Psalms both in the public worship of the Church and in their private devotions, in meditation, in prayer, and, above all, in praise.

THE NEW TRANSLATION

This present translation was made primarily, though not exclusively, for public worship. Miles Coverdale's version of the Psalms in the Book of Common Prayer has been used for more than four hundred years, and it is well loved by many Anglicans (not least by the members of the translation panel). It will doubtless continue to be used. Yet there are two reasons why a new translation was necessary. First, the Psalms were written in Hebrew, and the study of the Hebrew language and the textual problems of the Old Testament has advanced considerably in the past century, and even in recent years. More is known about the meanings of the Hebrew words and the history of the text of the Hebrew Bible, and techniques have been developed for dealing with obscure passages and verses where it is likely that mistakes were made by scribes copying the text by hand in ancient times. Second, there was a need for a translation that would express the meaning clearly in modern English in a style suitable for use in public worship. There have been several new translations in recent years, but the present one is intended primarily for public speaking and singing.

In September 1970 the Church of England Liturgical Commission invited one of its members, Dr (now Professor) David Frost, to begin work on a liturgical Psalter suitable for use in the services in modern English that the Commission was in process of preparing. At that early stage it was hoped to produce such a Psalter by modestly revising Coverdale's version in the Book of Common Prayer by reference to other English versions (both old and new) and, where it was thought necessary, to the Hebrew Bible. A revision of Coverdale's version had, indeed, earlier been undertaken for the Church of England at the request of the then Archbishops of Canterbury

and York and published by the S.P.C.K. in 1963 as *The Revised Psalter*. The members of the Commission who prepared it have been justifiably praised for their skill in removing many errors and obscurities without losing the familiar flavour of the English of the Prayer Book. Yet their very success in achieving their purpose meant that the revised translation did not meet the needs of services in modern English.

As the work proceeded, it became clear that the projected Psalter could not be produced satisfactorily except on the basis of a fresh translation of the Hebrew original. At the same time, increasing interest in the project in this country and abroad, not only from Anglicans but also from members of other Churches, was reported to the Commission. Therefore, with the approval of the Archbishops of Canterbury and York, the Regius Professor of Hebrew in the University of Cambridge was invited in 1972 to convene a panel of Hebrew scholars drawn from various Churches to cooperate with Dr Frost in preparing a new translation of the Psalter.

In the mean time, the work done between 1970 and 1972 was published in 1973 by the Church Information Office under the title *Twenty-Five Psalms from a Modern Liturgical Psalter*, with the intention that critics should have an opportunity to judge what was now regarded as a pilot scheme of the project as a whole. The pilot scheme was the work of Dr David Frost in collaboration with the Rev. Andrew Macintosh. Their translation has been revised and incorporated in the present version of the Psalter.

The preparation of this new translation of the Psalter is thus part of the process of revising the services of the Church of England, but it is hoped that it will be found useful by other branches of the Anglican Communion and also by other Christians. The panel responsible for the translation included members of the Roman Catholic, Methodist, and United Reformed Churches, as well as Anglicans – and it may be

added that the differences of Christian allegiance made no difference at all to the way in which the problems of translation were tackled. It is also hoped that the translation will be found useful for private prayer and study in addition to public worship.

The translation panel consisted of eight Hebrew and biblical scholars, whose task was to determine the meaning of the Hebrew text, and of Dr Frost, who was responsible for the English wording of the translation. Seven of the Hebrew scholars (of whom two are laymen) teach in universities, and the eighth is the vicar of a country parish.

The first step in preparing the translation was for one of the Hebrew scholars (not always the same one) to make a draft rendering of a Psalm, and for his draft to be discussed and revised by the others. The second draft thus reflected the judgement, not just of one scholar, but of a team of scholars with a specialised knowledge of Hebrew and the Old Testament – and experience showed how much more could be learned by working as a team. The aim at this stage was to produce a rendering that expressed the meaning as simply and clearly as possible, and no attempt was made to achieve an acceptable English style, let alone literary elegance. While the meaning of most parts of the Psalms is clear, there are some obscure passages (e.g. Ps. 87), and the panel did their best to find a meaningful translation. There are also places where good sense cannot be obtained from the Hebrew text, and where there is reason to believe that mistakes were made by scribes in ancient times. In such passages the panel felt free to make small corrections of the Hebrew text. However, they were reluctant to make changes except where there was no satisfactory alternative. They were also cautious about accepting many recent theories concerning new meanings of Hebrew words, which have not won general acceptance. A translation for use in church should display a cautious attitude both

towards emendations of the text and towards new lexicographical theories.

The next stage was the responsibility of David Frost. He took the draft agreed by the Hebrew scholars and prepared a rendering in an English style and rhythm suitable for singing or reading aloud in church. His translation came back to the panel, who were free to criticise it if they believed it to misrepresent the meaning of the Hebrew, or if (which happened only very rarely) they were dissatisfied with the English wording. They did not themselves alter the translation, but asked David Frost to take it away and revise it himself and to bring the revision back to the panel. It was thus hoped, on the one hand, to gain the considered opinion of the team of Hebrew scholars and, on the other, to avoid the flatness of what has been described as 'committee English'.

Finally, a panel of musicians studied the translation and prepared the edition that is pointed for chanting. If the wording was, in their opinion, difficult to sing, they asked the translators to consider whether revision was possible.

This translation is a new rendering of the Hebrew into modern English, not a revision of an older version. However, novelty has not been sought for its own sake, and we have felt free to make use of many phrases from earlier translations. Further, we have followed the example of the great translators in the sixteenth and seventeenth centuries, in keeping close to the images and idioms of the original Hebrew. The English language has been regularly refreshed by the importation of elements from foreign cultures, not least from Hebraic culture through the wisdom of early translators of the Bible into English; and we have thought lively expressions modelled on the Hebrew to be poetically preferable to tired expressions and clichés drawn from the vernacular. Partly because it seems right that the Psalms in Christian worship should be recognised

to be from ancient Israel, we have not avoided slight archaisms appropriate to the purposes of poetry. However, we have tested the intelligibility of our drafts, particularly on those who are unfamiliar with older English versions: if we have not attempted to speak in the tones of daily conversation we have made every effort to render the Psalms into language that the ordinary Christian can understand.

Because we have been creating a literary version for public recitation and singing, we have not felt ourselves bound in all places to the strict letter of the Hebrew text, though we have translated the meaning of the whole as well as we were able. On occasion, to give singers sufficient syllables to sing, we have added one or two words to a half-verse, but these have always been justifiable expansions of the meaning of the Hebrew. Again, we have at times put 'God' instead of 'the Lord', or expanded a phrase so that it flows more smoothly: for instance, instead of beginning a Psalm with 'O God', we may begin 'O Lord our God'. Where a Hebrew phrase was obscure if translated baldly we have sometimes added an explanatory word, or offered a paraphrase or a double translation to convey the full meaning in English. Throughout, we have felt free to renumber and redivide the verses where that seemed required by the structure of the verse in English translation, but we have kept to the parallelism of Hebrew poetry and observed most of those divisions into half-lines indicated by Jewish tradition.

Some verses in this translation of the Psalms are printed in square brackets, so that they may be omitted by those who believe their contents to be unsuitable for use in public worship. Most of the bracketed verses are those that were bracketed in the 1928 Prayer Book, but a few changes have been made.

NOTES ON THE POINTING

1. Breath is to be taken at asterisks, and at the end of lines except when the pointing clearly forbids it, or when the sign is used to indicate a 'carry-over'.
A shorter break, or 'mental comma', made without taking breath, is indicated by an extra space between words.
2. The dot indicates how the syllables within a bar are to be divided, when there are more than two.
3. The sign † indicates use of the second half of a double chant.
4. A double space between verses indicates that a change of chant is appropriate.
5. The final '-ed' is to be pronounced as a separate syllable only when marked with an accent (e.g. blessed).
6. Verses enclosed within square brackets may be omitted.
7. The Jewish doxologies which conclude Books 1 to 4 of the Psalter (see Psalms 41, 72, 89, 106) are enclosed within round brackets. When a Christian doxology is used, they may be omitted.

THE PSALMS

I

- 1 Blessèd is the man
 who has not walked in the counsel ¹ of the ¹ un-
 godly:
 nor followed the way of sinners
 nor taken his ¹ seat a¹mongst the ¹ scornful.
- 2 But his delight is in the ¹ law ¹ of the ¹ Lord:
 and on that law will he ¹ ponder ¹ day and ¹ night.
- 3 He is like a tree planted beside ¹ streams of ¹ water:
 that yields its ¹ fruit in ¹ due ¹ season.
- 4 Its leaves also ¹ shall not ¹ wither:
 and look whatever ¹ he ¹ does ¹ it shall ¹ prosper.
- 5 As for the ungodly * it is not ¹ so with ¹ them:
 they are like the ¹ chaff ¹ which the ¹ wind ¹ scatters.
- 6 Therefore the ungodly shall not stand ¹ up ¹ at the
 judgement:
 nor sinners in the congreg¹ation ¹ of the ¹ righteous.
- †7 For the Lord cares for the ¹ way ¹ of the ¹ righteous:
 but the ¹ way of ¹ the un¹godly ¹ shall ¹ perish.

2

- 1 Why are the ¹ nations ¹ in ¹ tumult:
 and why do the peoples ¹ cherish ¹ a ¹ vain ¹ dream?

2 The kings of the earth rise up
and the rulers con'spire to'gether:
against the Lord and a'gainst · his an'ointed I saying,

†3 'Let us break their I bonds a'sunder:
let us throw I off their I chains I from us.'

4 He that dwells in heaven shall I laugh them · to I scorn:
the Lord will I hold them I in de'rision.

5 Then will he speak to them in his wrath
and terrify them I in his I fury:
'I the Lord have set up my king on I Zion · my I holy I
hill.'

6 I will announce the Lord's decree
that which I he has I spoken:
'You are my son this I day have I be'gotten you.'

7 'Ask of me
and I will give you the nations for I your in'herit-
ance:
the uttermost parts of the I earth for I your pos'session.'

†8 'You shall break them with a I rod of I iron:
and shatter them in I pieces · like a I potter's I vessel.'

9 Now therefore be I wise O I kings:
be advised you that are I judges I of the I earth.

10 Serve the Lord with awe
and govern yourselves in I fear and I trembling:
lest he be angry and you I perish I in your I course.

†11 For his wrath is I quickly I kindled:
blessèd are those that I turn to I him for I refuge.

3

- 1 Lord how numerous ! are my ! enemies:
many they ! are that ! rise a'gainst me.
- 2 Many there are that ! talk of me · and I say:
'There is no ! help for · him ! in his ! God.'
- 3 But you Lord are about me ! as a ! shield:
you are my glory and the ! lifter ! up · of my ! head.
- 4 I cry to the Lord with a ! loud ! voice:
and he answers me ! from his ! holy ! hill.
- 5 I lay myself ! down and ! sleep:
I wake again be'cause the ! Lord sus'tains me.
- 6 Therefore I will not be afraid
of the multitudes ! of the ! nations:
who have set themselves a'gainst me · on ! every !
side.
- 7 Arise Lord and deliver me ! O my ! God:
for you will strike all my enemies upon the cheek
you will ! break the ! teeth of · the un'godly.
- 8 Deliverance be'longs · to the ! Lord:
O let your ! blessing · be up'on your ! people.

- 1 Answer me when I call O ! God of · my ! righteousness:
when I was hard-pressed you set me free
be gracious to me ! now and ! hear my ! prayer.
- 2 Sons of men how long will you turn my ! glory · to
my ! shame:
how long will you love what is worthless
and ! seek ! after ! lies?
- 3 Know that the Lord has shown me his ! wonder·ful !
kindness:
when I call to the ! Lord ! he will ! hear me.
- 4 Tremble and ! do no ! sin:
commune with your own heart up!on your ! bed · and
be ! still.
- 5 Offer the sacrifices ! that are ! right:
and ! put your ! trust · in the ! Lord.
- 6 There are many who say ‘Who will ! show us · any !
good?:
the light of your countenance O ! Lord has ! gone !
from us.’
- 7 Yet you have given my ! heart more ! gladness:
than they have when their corn ! wine and ! oil
in!crease.
- 8 In peace I will lie ! down and ! sleep:
for you alone Lord ! make me ! dwell in ! safety.

- 1 Hear my words O Lord give heed to my groaning:
listen to my cry you that are my king and my God.
- 2 In the morning when I pray to you
surely you will hear my voice:
at daybreak I lay my prayers before you and I look up.
- 3 For you are not a God who takes pleasure in wickedness:
nor can any evil dwell with you.
- 4 The boastful cannot stand in your sight:
you hate all those that work mischief.
- 5 Those who speak lies you destroy:
you abhor the treacherous O Lord
and those that are stained with blood.
- 6 But because of your great goodness,
I will come into your house:
I will bow down toward your holy temple
in awe and fear of you.
- 7 Lead me O Lord in your righteousness
for my enemies lie in wait:
make straight your way before me.
- 8 For there is no truth in their mouth:
and within they are eaten up by malice.
- 9 Their throat is an open sepulchre:
and their tongue speaks smooth and flattering words.

10 Destroy them O God * let them fall by their ¹ own
con'triving:
cast them out for their many offences
for ¹ they have · re'belled a'gainst you.

11 But let all who put their trust in ¹ you re'joice:
let them ¹ shout with ¹ joy for ¹ ever.

12 Be the defender of those who ¹ love your ¹ name:
let them ex'ult be'cause of ¹ you.

†13 For you will bless O Lord the ¹ man · that is ¹ righteous:
you will cover him with your ¹ favour ¹ as · with a ¹
shield.

6

1 O Lord rebuke me not in your ¹ indig'nation:
nor chasten me ¹ in your ¹ fierce dis'pleasure.

2 Have mercy upon me O Lord for ¹ I am ¹ weak:
O Lord heal me for my ¹ very ¹ bones · are a'fraid.

3 My soul also is ¹ greatly ¹ troubled:
and you Lord how ¹ long will ¹ you de'llay?

4 Turn again O Lord and de'liver · my ¹ soul:
O save me ¹ for your ¹ mercy's ¹ sake.

5 For in death ¹ no man · re'members you:
and who can ¹ give you ¹ thanks · from the ¹ grave?

6 I am wearied ¹ with my ¹ groaning:
every night I drown my bed with weeping
and ¹ water · my ¹ couch · with my ¹ tears.

†7 My eyes waste a'way for I sorrow:
they grow dim be'cause of I all my I enemies.

8 Away from me all I you that · do I evil:
for the Lord has I heard the I voice · of my I weeping.

9 The Lord has heard my I suppli'cation:
the I Lord · will re'ceive my I prayer.

†10 All my enemies shall be put to shame and I greatly ·
dis'mayed:
they shall turn back and be confounded I in a I
moment.

7

1 O Lord my God to you have I come for I shelter:
save me from all who pursue me * O I save I and
de'liver me,

2 Lest like lions they I tear my I throat:
lest they carry me I off and I none can I save me.

3 O Lord my God if I have I done · such a I thing:
if there is any I wicked·ness I on my I hands,

4 If I have repaid with evil him that I was my I friend:
or plundered my I enemy · with'out just I cause,

†5 Then let the enemy pursue me and I over'take me:
let him trample my life to the ground
and lay my I honour I in the I dust.

6 Arise O ! Lord · in your ! anger:
rise up in ! wrath a!gainst my ! adversaries.

7 Awake my God * you that or'dain ! justice:
and let the assembly of the ! peoples ! gather · a!bout
you;

8 Take your seat ! high a!bove them:
and sit in judgement O ! Lord ! over · the ! nations.

9 Judge for me O Lord according ! to my ! righteousness:
and ! as · my in!tegrity · re!quires.

10 Let the wickedness of the ungodly cease
but es'tablish · the ! righteous:
for you try the very hearts and minds of ! men
O ! righteous ! God.

11 God is my ! shield ! over me:
he pre'serves the ! true of ! heart.

12 God is a ! righteous ! judge:
and God condemns ! evil ! every ! day.

13 If a man does not turn he ! whets his ! sword:
he bends his ! bow and ! makes it ! ready;

†14 He prepares the ! instruments · of ! death:
and makes his ! arrows ! darts of ! fire.

15 See how the ungodly con!ceives ! mischief:
how he swells with wickedness ! and gives ! birth to !
lies.

16 He digs a pit and ! hollows · it ! out:
but falls himself into the ! trap · he had ! made for !
others.

17 His mischief rebounds upon his ¹ own ¹ head:
and his violence comes ¹ down · on his ¹ own ¹ pate.

18 I will thank the ¹ Lord · for his ¹ justice:
I will sing ¹ praises · to the ¹ Lord Most ¹ High.

8

1 O ¹ Lord our ¹ Governor:
how glorious is your ¹ name in ¹ all the ¹ earth!

2 Your majesty above the heavens is ¹ yet re'counted:
by the ¹ mouths of ¹ babes and ¹ sucklings.

†3 You have founded a strong defence
a¹gainst your ¹ adversaries:
to quell the ¹ ene·my ¹ and · the a¹venger.

4 When I consider your heavens the ¹ work of · your ¹
fingers:
the moon and the stars which ¹ you have ¹ set in ¹
order,

5 What is man · that you should be ¹ mindful ¹ of him:
or the son of ¹ man that ¹ you should ¹ care for him?

6 Yet you have made him little ¹ less · than a ¹ god:
and have ¹ crowned him · with ¹ glory · and ¹ honour.

7 You have made him the ¹ master · of your ¹ handiwork:
and have put all things in sub¹jection · be¹neath his ¹
feet,

8 All I sheep and I oxen:
and all the I creatures I of the I field,

9 The birds of the air and the I fish · of the I sea:
and everything that moves
in the pathways I of the I great I waters.

†10 O I Lord our I Governor:
how glorious is your I name in I all the I earth!

9

1 I will give you thanks O Lord with my I whole I heart:
I will tell of all the I wonders I you have I done.

2 I will rejoice · and be I glad in you:
I will make my songs to your I name I O Most I High.

3 For my enemies are I driven I back:
they stumble and I perish I at your I presence.

4 You have maintained my I cause · and my I right:
you sat en'throned · as a I righteous I judge.

5 You rebuked the heathen nations
you brought the I wicked · to de'struction:
you blotted out their I name for I ever · and I ever.

6 The strongholds of the enemy are made a perpetual I
deso'litation:
you plucked up their cities
and I even · their I memory · has I perished.

7 The Lord confounds them * but the Lord endures for ever:
he has set up his throne for judgement.

8 He shall judge the world with righteousness:
and deal true justice to the peoples.

9 The Lord is a strong tower to him that is oppressed:
he is a tower of strength in time of need.

10 All who heed your name will trust in you:
for you have never forsaken those that seek you.

11 O sing praises to the Lord who dwells in Zion:
tell among the peoples what great things he has done.

12 For he that avenges blood has remembered the poor:
he has not forgotten their cry.

13 The Lord has been merciful toward me
he saw what I suffered from my foes:
he raised me up again from the gates of death,

14 That I might tell all your praises in the gates of Zion:
that I might rejoice in your deliverance.

15 The nations have sunk into the pit they dug for others:
in the very snare they laid is their foot taken;

16 The Lord has declared himself and upheld the right:
the wicked are trapped in the work of their own hands.

17 The wicked shall be given over to death:
and all the nations that forget God.

18 For the needy shall not always ¹ be forgotten:
nor shall the hope of the ¹ poor ¹ perish · for ¹ ever.

19 Arise Lord let not ¹ man prevail:
let the ¹ nations · be ¹ judged before you.

20 Put them in ¹ fear O ¹ Lord:
and let the nations ¹ know · that they ¹ are but ¹ men.

IO

1 Why do you stand far ¹ off O ¹ Lord:
why do you hide your ¹ face in ¹ time of ¹ need?

2 The ungodly in their pride ¹ persecute · the ¹ poor:
let them be caught in the ¹ schemes they ¹ have
devised.

3 For the ungodly man boasts of his ¹ heart's desire:
he grasps at profit he ¹ spurns · and blasphemes
the ¹ Lord.

4 He says in his arrogance ¹ 'God will · not avenge':
'There is no ¹ God' is ¹ all his ¹ thought.

5 He is settled in ¹ all his ¹ ways:
your statutes O Lord are far above him ¹
and he ¹ does not ¹ see.

6 He snorts defiance at his enemies
he says in his heart 'I shall ¹ never · be ¹ shaken:
I shall walk se'cure from ¹ any · man's ¹ curse.'

7 His mouth is full of op'pression · and de'ceit:
 mischief and ' wickedness · lie ' under · his ' tongue.

8 He skulks a'bout · in the ' villages:
 and ' secret·ly ' murders · the ' innocent.

9 His eyes watch ' out · for the ' helpless:
 he lurks con'cealed · like a ' lion · in a ' thicket.

10 He lies in wait to ' seize up·on the ' poor:
 he lays hold on the poor man and ' drags him ' off · in
 his ' net.

11 The upright are crushed and ' humbled · be'fore him:
 and the helpless ' fall in'to his ' power.

12 He says in his heart ' 'God · has for'gotten:
 he has covered his ' face and ' sees ' nothing.'

13 Arise O Lord God lift ' up your ' hand:
 for'get · not the ' poor for ' ever.

14 Why should the wicked man ' spurn ' God:
 why should he say in his heart ' 'He will ' not a'venge'?

15 Surely you see the ' trouble · and the ' sorrow:
 you look on and will take it ' into · your ' own ' hands.

16 The helpless commits him'self to ' you:
 for you are the ' helper ' of the ' fatherless.

†17 Break the ' power of · the un'godly:
 search out his wickedness ' till · it is ' found no ' more.

18 The Lord is king for ' ever · and ' ever:
 the heathen have ' perished ' from his ' land.

19 You have heard the longing of the ' meek O ' Lord:
you turned your ' ear · to their ' hearts' de'sire,

†20 To help the poor and fatherless ' to their ' right:
that men may no more be ' terri·fied ' from their ' land.

II

1 In the Lord I have ' found my ' refuge:
how then can you say to me '
'Flee · like a ' bird · to the ' mountains;

2 'Look how the wicked bend their bows
and notch the arrow up'on the ' string:
to shoot from the ' darkness · at the ' true of ' heart;

3 'If the foundations ' are des'troyed:
what ' can the ' just man ' do?'

4 The Lord is in his holy place
the Lord is en'throned in ' heaven:
his eyes search out
his glance ' tries the ' children · of ' men.

5 He tries the ' righteous · and the ' wicked:
and him that delights in ' violence · his ' soul ab'hors.

6 He will rain down coals of fire and brimstone
up'on the ' wicked:
a scorching wind shall ' be their ' cup to ' drink.

†7 For the Lord is righteous and loves ' righteous ' acts:
the ' upright · shall ' see his ' face.

- 1 Help Lord for there is not one godly man left:
the faithful have vanished from among the children
of men.
- 2 Everyone tells lies to his neighbour:
they flatter with their lips
but speak from a double heart.
- 3 If only the Lord would cut off all flattering lips:
and the tongue that speaks so proudly!
- 4 They say 'By our tongues we shall prevail:
our lips are our servants who is lord over us?'
- 5 Because of the oppression of the poor
because of the groaning of the needy:
'I will arise' says the Lord
'and set them in safety from those that snarl after them.'
- 6 The words of the Lord are pure
as silver refined in a crucible:
as gold that is seven times purified in the fire.
- 7 You will surely guard us O Lord:
and shield us for ever from this evil generation,
- 8 Though the ungodly strut on every side:
though the vilest of men have mastery of mankind.

I3

- 1 How long O Lord will you so I utterly · for'get me:
 how long will you I hide your I face I from me?
- 2 How long must I suffer anguish in my soul
 and be so grieved in my heart I day and I night:
 how long shall my I ene·my I triumph I over me?
- 3 Look upon me O Lord my I God and I answer me:
 lighten my I eyes · lest I I sleep in I death;
- 4 Lest my enemy say ‘I have pre'veailed a'gainst him':
 lest my foes ex'ult I at my I overthrow.
- 5 Yet I put my trust in your un'failing I love:
 O let my heart re'joice in I your sal'veration.
- 6 And I will make my I song · to the I Lord:
 because he I deals so I bounti·fully I with me.

I4

- 1 The fool has said in his heart ‘There I is no I God':
 they have all become vile and abominable in their
 doings there I is not I one that · does I good.
- 2 The Lord looked down from heaven upon the I chil-
 dren · of I men:
 to see if there were any who would act I wisely ·
 and I seek · after I God.

†3 But they have all turned out of the way
they have all alike become corrupt:
there is none that does † good † no not † one.

4 Are all the evildoers devoid of † understanding:
who eat up my people as men eat bread
and † do not † pray • to the † Lord?

5 They shall be † struck with † terror:
for God is with the † company † of the † righteous.

6 Though they frustrate the poor man † in his † hopes:
surely the † Lord † is his † refuge.

7 O that deliverance for Israel might come † forth from †
Zion:
when the Lord turns again the fortunes of his people
then shall Jacob rejoice and † Israel • be † glad.

I5

1 Lord who may abide in • your † tabernacle:
or who may dwell upon your † holy † hill?

2 He that leads an uncorrupt life
and does the † thing • which is † right:
who speaks the truth from his heart
and has not † slandered † with his † tongue;

3 He that has done no evil † to his † fellow:
nor vented abuse against his † neighbour;

4 In whose eyes the worthless † have no † honour:
but he makes much of † those that † fear the † Lord;

- 5 He that has ¹ sworn · to his ¹ neighbour:
and will ¹ not go ¹ back · on his ¹ oath;
- 6 He that has not put his ¹ money · to ¹ usury:
nor taken a ¹ bribe a^lgainst the ¹ innocent.
- †7 He that ¹ does these ¹ things:
shall ¹ never · be ¹ overthrown.

I6

- 1 Preserve ¹ me O ¹ God:
for in ¹ you · have I ¹ taken ¹ refuge.
- 2 I have said to the Lord ¹ You are ¹ my lord:
and all my ¹ good de'pends on ¹ you.
- 3 As for those who are held ¹ holy · on the ¹ earth:
the other ¹ gods · in whom ¹ men de'light,
- 4 Though the idols are many that ¹ men run ¹ after:
their offerings of blood I will not offer
nor take their ¹ name up^{on} my ¹ lips.
- 5 The Lord is my appointed portion ¹ and my ¹ cup:
you ¹ hold my ¹ lot · in your ¹ hands.
- 6 The share that has fallen to me is in ¹ pleasant ¹ places:
and a fair ¹ land is ¹ my pos'session.
- 7 I will bless the Lord who has ¹ given · me ¹ counsel:
at night also ¹ he · has in^lstructed · my ¹ heart.
- 8 I have set the Lord ¹ always · be'fore me:
he is at my right ¹ hand · and I ¹ shall not ¹ fall.

†9 Therefore my heart is glad and my spirit rejoices:
my flesh also shall rest secure.

10 For you will not give me over to the power of death:
nor suffer your faithful one to see the Pit.

11 You will show me the path of life:
in your presence is the fulness of joy
and from your right hand flow delights for evermore.

I7

1 Hear my just cause O Lord give heed to my cry:
listen to my prayer that comes from no lying lips.

2 Let judgement for me come forth from your presence:
and let your eyes discern the right.

3 Though you search my heart and visit me in the night-time:
though you try me by fire you will find no wickedness in me.

4 My mouth does not transgress like the mouth of others:
for I have kept the word of your lips.

†5 My steps have held firm in the way of your commands:
and my feet have not stumbled from your paths.

6 I call upon you O God for you will I surely I answer:
incline your ear to I me and I hear my I words.

7 Show me the wonders of your steadfast love
O saviour of those who come to I you for I refuge:
who by your right hand deliver them
from I those that · rise I up a'gainst them.

8 Keep me as the I apple · of your I eye:
hide me under the I shadow I of your I wings,

9 From the onslaught I of the I wicked:
from my enemies that en'circle me · to I take my I life.

10 They have closed their I hearts to I pity:
and their I mouths speak I proud I things.

11 They advance upon me * they surround me on I every I side:
watching how they may I bring me I to the I ground,

†12 Like a lion that is I greedy · for its I prey:
like a lion's whelp I lurking · in I hidden I places.

13 Arise O Lord * stand in their way and I cast them I down:
deliver me from the I wicked I by your I sword.

[14 Slay them by your hand O Lord
slay them so that they I perish · from the I earth:
de'stroy them · from a'mong the I living.]

15 But as for your cherished ones
let their bellies be filled and let their I sons be I satisfied:
let them pass on their I wealth I to their I children.

(†)16 And I also shall see your face because my cause is just:
when I awake and see you as you are I shall be satisfied.

I8

- 1 I love you O Lord my strength:
O Lord my crag my fortress · and my deliverer,
- 2 My God the rock to which I come for refuge:
my shield my mighty saviour and my high defence.
- †3 I called to the Lord with loud lamentation:
and I was rescued from my enemies.
- 4 The waves of death encompassed me:
and the floods of chaos overwhelmed me;
- 5 The cords of the grave tightened · about me:
and the snares of death lay in my path.
- 6 In my anguish I called · to the Lord:
I cried for help to my God.
- 7 From his temple he heard my voice:
and my cry came even to his ears.
- 8 The earth heaved and quaked
the foundations of the hills were shaken:
they trembled · because he was angry.

9 Smoke went I out · from his I nostrils:
and a consuming I fire I from his I mouth.

10 He parted the heavens and I came I down:
and there was I darkness I under · his I feet.

11 He rode upon the I cherubim · and I flew:
he came swooping up'on the I wings · of the I wind.

12 He made the I darkness · his I covering:
and his canopy was thick I cloud and I water-y I
darkness.

13 Out of his clouds from the I brightness · be'fore him:
broke I hailstones · and I coals of I fire.

14 The Lord I thundered · in the I heavens:
the Most I High I uttered · his I voice.

15 He let loose his arrows he scattered them on I every I
side:
he hurled down I lightnings · with the I roar · of the I
thunderbolt.

16 The springs of the I sea · were un'covered:
and the found'ations · of the I world laid I bare,

17 At your re'buke O I Lord:
at the blast of the I breath of I your dis'pleasure.

18 He reached down from on I high and I took me:
he drew me I out of · the I great I waters.

19 He delivered me from my I strongest I enemy:
from my I foes · that were I mightier · than I I.

20 They confronted me in the I day of · my cal'amity:
but the I Lord was I my up'holder.

21 He brought me out into a ¹ place of ¹ liberty:
and rescued me be'cause · I de'lighted · his ¹ heart.

22 The Lord rewarded me for my ¹ righteous ¹ dealing:
he recompensed me according to the ¹ cleanliness ¹ of
my ¹ hands,

23 Because I had kept to the ¹ ways · of the ¹ Lord:
and had not turned from my ¹ God to ¹ do ¹ evil.

24 For I had an eye to ¹ all his ¹ laws:
and did not ¹ put · his com'mandments ¹ from me.

25 I was also ¹ blameless · be'fore him:
and I kept my'self from ¹ wrong'doing.

†26 Therefore the Lord re'warded · my ¹ innocence:
because my hands were ¹ unde'filed · in his ¹ sight.

27 With the faithful you ¹ show your·self ¹ faithful:
with the ¹ blameless · you ¹ show your·self ¹ blameless;

28 With the ¹ pure · you are ¹ pure:
but with the ¹ crooked · you ¹ show yourself · per'verse.

29 For you will save a ¹ humble ¹ people:
but you bring down the ¹ high looks ¹ of the ¹ proud.

30 You light my lamp O ¹ Lord my ¹ God:
you make my ¹ darkness ¹ to be ¹ bright.

†31 For with your help I can charge a ¹ troop of ¹ men:
with the help of my God I can ¹ leap a ¹ city ¹ wall.

32 The way of our God is perfect
the word of the Lord has been ¹ tried · in the ¹ fire:
he is a shield to ¹ all that ¹ trust in ¹ him.

33 For who is ¹ God · but the ¹ Lord:
or who is our ¹ rock ¹ but our ¹ God?

34 It is God that ¹ girded me · with ¹ strength:
that ¹ made my ¹ way ¹ perfect.

35 He made my feet like the ¹ feet · of a ¹ hind:
and set me sure¹footed · up¹on the ¹ mountains.

36 He taught my ¹ hands to ¹ fight:
and my arms to ¹ aim an ¹ arrow · of ¹ bronze.

37 You gave me the shield of ¹ your sal¹vation:
your right hand upheld me
and your swift re¹sponse has ¹ made me ¹ great.

38 You lengthened my ¹ stride be¹neath me:
and my ¹ ankles ¹ did not ¹ slip.

39 I pursued my enemies and ¹ over¹took them:
nor did I turn again ¹ till · I had ¹ made an ¹ end of
them.

40 I smote them till they could ¹ rise no ¹ more:
and they ¹ fell be¹neath my ¹ feet.

41 You girded me with ¹ strength · for the ¹ battle:
you threw ¹ down my ¹ adver¹saries ¹ under me.

42 You caused my enemies to ¹ show their ¹ backs:
and I de¹stroyed ¹ those that ¹ hated me.

43 They cried for help · but there was ¹ none to ¹ save
them:
they cried to the ¹ Lord · but he ¹ would not ¹ answer.

44 I pounded them fine as dust be¹fore the ¹ wind:
I trod them under ¹ like the ¹ mire · of the ¹ streets.

45 You delivered me from the strife of the peoples
you made me the ¹ head · of the ¹ nations:
a people that I had not ¹ known became my ¹ servants.

46 As soon as they heard me ¹ they obeyed me:
and aliens ¹ humbled · them¹selves before me.

47 The strength of the aliens ¹ withered · alway:
they came ¹ faltering ¹ from their ¹ strongholds.

48 The Lord lives and blessed ¹ be my ¹ rock:
exalted be the ¹ God of ¹ my salvation,

49 The God who sees to it that ¹ I am · avenged:
who subdues the ¹ peoples ¹ under me.

50 You set me free from my enemies
you put me out of ¹ reach of · my attackers:
you delivered me · from ¹ violent ¹ men.

51 For this will I give you thanks among the ¹ nations ·
O ¹ Lord:
and sing ¹ praises ¹ to your ¹ name,

†52 To him that gives great triumphs ¹ to his ¹ king:
that deals so faithfully with his anointed
with David and ¹ with his ¹ seed for ¹ ever.

- 1 The heavens declare the ! glory · of ! God:
and the ! firmament · proclaims his ! handiwork;
- 2 One day ! tells it · to an'other:
and night to ! night com'muni-cates ! knowledge.
- 3 There is no ! speech or ! language:
nor ! are their ! voices ! heard;
- 4 Yet their sound has gone out through ! all the ! world:
and their ! words · to the ! ends · of the ! earth.
- 5 There he has pitched a ! tent · for the ! sun:
which comes out as a bridegroom from his chamber
and rejoices like a ! strong · man to ! run his !
course.
- 6 Its rising is at one end of the heavens
and its circuit to their ! farthest ! bound:
and nothing is ! hidden ! from its ! heat.

- 7 The law of the Lord is perfect re'living · the ! soul:
the command of the Lord is true !
and makes ! wise the ! simple.
- 8 The precepts of the Lord are right,
and re'joice the ! heart:
the commandment of the Lord is pure !
and gives ! light · to the ! eyes.
- 9 The fear of the Lord is clean and en'dures for ! ever:
the judgements of the Lord are unchanging,
and ! righteous ! every ! one.

10 More to be desired are they than gold
even ! much fine ! gold:
sweeter also than honey
than the ! honey · that ! drips · from the ! comb.

11 Moreover by them is your ! servant ! taught:
and in keeping them ! there is ! great re!ward.

12 Who can know his own un!witting ! sins?:
O cleanse me ! from my ! secret ! faults.

13 Keep your servant also from presumptuous sins
lest they get the ! master·y ! over me:
so I shall be clean and ! innocent · of ! great of!fence.

14 May the words of my mouth and the meditation of my
heart
be acceptable ! in your ! sight:
O Lord my ! strength and ! my re'deemer.

20

1 May the Lord hear you in the ! day of ! trouble:
the God of Jacob ! lift you ! up to ! safety.

2 May he send you his ! help · from the ! sanctuary:
and be your ! strong sup!port from ! Zion.

3 May he remember ! all your ! offerings:
and accept with ! favour · your ! burnt ! sacrifices,

4 Grant you your ! heart's de'sire:
and full'fil ! all your ! purposes.

†5 May we also rejoice in your victory
and triumph in the ¹ name of · our ¹ God:
the Lord per¹form all ¹ your pe¹titions.

6 Now I know that the Lord will ¹ save · his a¹nointed:
that he will answer him from his holy heaven
with the victorious ¹ strength · of his ¹ right ¹ hand.

7 Some put their trust in chariots and ¹ some in ¹ horses:
but we will trust in the ¹ name · of the ¹ Lord our ¹
God.

8 They are brought ¹ down and ¹ fallen:
but we are made ¹ strong and ¹ stand ¹ upright.

9 O Lord ¹ save the ¹ king:
and hear us ¹ when we ¹ call up¹on you.

21

1 The king shall rejoice in your ¹ strength O ¹ Lord:
he shall ex¹ult in ¹ your sal¹vation.

2 You have given him his ¹ heart's de¹sire:
you have not de¹nied him · the re¹quest · of his ¹ lips.

3 For you came to meet him with the ¹ blessings · of
suc¹cess:
and placed a crown of ¹ gold up¹on his ¹ head.

4 He asked you for ¹ life · and you ¹ gave it him:
length of ¹ days for ¹ ever · and ¹ ever.

5 Great is his glory because of ¹ your sal¹vation:
you have ¹ clothed him · with ¹ honour · and ¹ majesty.

6 You have given him everlasting · felicity:
and made him ¹ glad · with the ¹ joy of · your ¹
presence.

†7 For the king puts his ¹ trust · in the ¹ Lord:
and through the tender mercy of the Most High ¹
he shall ¹ never · be ¹ moved.

8 Your hand shall light up¹on your ¹ enemies:
and your right hand shall ¹ find out ¹ all who ¹ hate you.

9 You will make them like a blazing furnace,
in the ¹ day of · your ¹ coming:
the Lord will overwhelm them in his wrath,
and ¹ fire ¹ shall consume them.

10 You will root out their offspring ¹ from the ¹ earth:
and their seed from a¹mong the ¹ children · of ¹ men;

11 Because they have stirred up ¹ evil · a¹gainst you:
and plotted mischief ¹ which they ¹ cannot · per¹-
form.

12 Therefore will you set your ¹ shoulder · to¹ward them:
and draw the string of the ¹ bow to ¹ strike at · their ¹
faces.

13 Arise O Lord in your ¹ great ¹ strength:
and we will ¹ sing and ¹ praise your ¹ power.

1 My God my God why have I you forsaken me:
 why are you so far from helping me
 and from the words of my groaning?

2 My God I cry to you by day but you do not answer:
 and by night also I take no rest.

3 But you continue holy:
 you that are the praise of Israel.

4 In you our fathers trusted:
 they trusted and you delivered them;

5 To you they cried and they were saved:
 they put their trust in you and were not confounded.

6 But as for me I am a worm and no man:
 the scorn of men and despised by the people.

7 All those that see me laugh me to scorn:
 they shoot out their lips at me and wag their heads
 saying,

8 'He trusted in the Lord let him deliver him:
 let him deliver him if he delights in him.'

9 But you are he that took me out of the womb:
 that brought me to lie at peace on my mother's breast.

10 On you have I been cast since my birth:
 you are my God even from my mother's womb.

11 O go not from me for trouble is hard at hand:
 and there is none to help.

12 Many ¹ oxen · sur^rround me:
 fat bulls of Bashan close me ¹ in on ¹ every ¹ side.

13 They gape ¹ wide their ¹ mouths at me:
 like ¹ lions · that ¹ roar and ¹ rend.

14 I am poured out like water
 and all my bones are ¹ out of ¹ joint:
 my heart within my ¹ breast · is like ¹ melting ¹ wax.

15 My mouth is dried ¹ up · like a ¹ potsherd:
 and my ¹ tongue ¹ clings · to my ¹ gums.

16 My hands and my ¹ feet are ¹ withered:
 and you ¹ lay me · in the ¹ dust of ¹ death.

17 For many dogs are ¹ come a^bout me:
 and a band of evill¹doers ¹ hem me ¹ in.

18 I can count ¹ all my ¹ bones:
 they stand ¹ staring · and ¹ gazing · up^{on} me.

19 They part my ¹ garments · a^bmong them:
 and cast ¹ lots ¹ for my ¹ clothing.

20 O Lord do not ¹ stand far ¹ off:
 you are my helper · I hasten ¹ to my ¹ aid.

21 Deliver my ¹ body · from the ¹ sword:
 my ¹ life · from the ¹ power · of the ¹ dogs;

22 O save me from the ¹ lion's ¹ mouth:
 and my afflicted soul from the ¹ horns · of the ¹ wild ¹
 oxen.

23 I will tell of your ¹ name · to my ¹ brethren:
 in the midst of the congregⁱgation ¹ will I ¹ praise you.

24 O praise the Lord all I you that I fear him:
hold him in honour O seed of Jacob
and let the seed of I Israel I stand in I awe of him.

†25 For he has not despised nor abhorred
the poor man I in his I misery:
nor did he hide his face from him
but I heard him I when he I cried.

26 From you springs my praise in the I great · congrega-
tion:
I will pay my vows in the I sight of I all that I fear you;

27 The meek shall eat of the sacrifice I and be I satisfied:
and those who seek the Lord shall praise him
may their I hearts rejoice for I ever!

28 Let all the ends of the earth remember
and I turn · to the I Lord:
and let all the families of the I nations I worship · be-
fore him.

29 For the kingdom I is the I Lord's:
and he shall be I ruler I over · the I nations.

30 How can those who sleep in the earth I do him I homage:
or those that descend to the I dust bow I down be'fore
him?

31 But he has saved my I life · for him'self:
and I my pos'terity · shall I serve him.

†32 This shall be told of my Lord to a future I gener'ation:
and his righteousness declared
to a people yet un'born that I he has I done it.

- 1 The Lord ¹ is my ¹ shepherd:
therefore ¹ can I ¹ lack ¹ nothing.
- 2 He will make me lie down in ¹ green ¹ pastures:
and ¹ lead me ¹ beside still ¹ waters.
- 3 He will refresh my ¹ soul:
and guide me in right pathways ¹ for his ¹ name's ¹
sake.
- 4 Though I walk through the valley of the shadow of death
I will ¹ fear no ¹ evil:
for you are with me
your ¹ rod ¹ and your ¹ staff ¹ comfort me.
- 5 You spread a table before me
in the face of ¹ those who ¹ trouble me:
you have anointed my head with oil ¹ and my ¹ cup ¹
will be ¹ full.
- 6 Surely your goodness and loving-kindness will follow me *
all the ¹ days ¹ of my ¹ life:
and I shall dwell in the ¹ house ¹ of the ¹ Lord for ¹
ever.

- 1 The earth is the Lord's and I all · that is I in it:
the compass of the I world and I those who I dwell
therein.
- 2 For he has founded it up'on the I seas:
and es'tablished it · up'on the I waters.
- 3 Who shall ascend the I hill · of the I Lord:
or who shall I stand · in his I holy I place?
- 4 He that has clean hands and a I pure I heart:
who has not set his soul upon idols
nor I sworn his I oath · to a I lie.
- 5 He shall receive I blessing · from the I Lord:
and recompense from the I God of I his sal'vation.
- 6 Of such a kind as this are I those who I seek him:
those who seek your I face O I God of I Jacob.
- 7 Lift up your heads O you gates
and be lifted up you ever'lasting I doors:
and the King of I glory I shall come I in.
- 8 Who is the I King of I glory?:
the Lord strong and mighty * the I Lord I mighty ·
in I battle.
- 9 Lift up your heads O you gates
and be lifted up you ever'lasting I doors:
and the King of I glory I shall come I in.
- 10 Who is the I King of I glory?:
the Lord of hosts I he · is the I King of I glory.

- 1 In you O Lord my God have I put my hope:
in you have I trusted let me not be ashamed
nor let my enemies triumph over me.
- 2 Let none who wait for you be put to shame:
but let those that break faith
be confounded · and gain nothing.
- 3 Show me your ways O Lord:
and teach me your paths.
- 4 Lead me in the ways of your truth and teach me:
for you are the God of my salvation.
- 5 In you have I hoped all the day long:
because of your goodness · O Lord.
- 6 Call to mind your compassion and your loving-kindness:
for they are from of old.
- 7 Remember not the sins of my youth nor my transgressions:
but according to your mercy think on me.
- 8 Good and upright is the Lord:
therefore will he direct sinners in the way.
- †9 The meek he will guide in the path of justice:
and teach the humble · his ways.
- 10 All the paths of the Lord are faithful · and true:
for those who keep his covenant · and his commandments.

11 For your name's sake O ! Lord:
 be merciful to my sin though it is great.

12 Who is he that fears the ! Lord?:
 him will the Lord direct in the ! way that ! he should ! choose.

13 His soul shall ! dwell at ! ease:
 and his ! children · shall in'herit · the ! land.

14 The confidences of God belong to ! those that ! fear
 him:
 and his covenant shall ! give them ! understanding.

15 My eyes are ever ! looking · to the ! Lord:
 for he will bring my ! feet ! out of · the ! net.

16 Turn your face toward me ! and be ! gracious:
 for ! I am · a'lone · and in ! misery.

17 O free my ! heart from ! pain:
 and bring me ! out of ! my dis'tress.

18 Give heed to my af'fliction · and ad'versity:
 and for'give me ! all my ! sins.

19 Consider my enemies how ! many · they ! are:
 and they bear a ! vio·lent ! hate a'gainst me.

20 O keep my ! life · and de'liver me:
 put me not to shame for I ! come to ! you for ! refuge.

21 Let innocence and integrity ! be my ! guard:
 for in ! you ! have I ! hoped.

†22 O God de'liver ! Israel:
 out of ! all his ! tribu'llation.

26

- 1 Give judgement for me O Lord
for I have walked in ¹ my in'tegrity:
I have trusted in the ¹ Lord and ¹ not ¹ wavered.
- 2 Put me to the test O ¹ Lord and ¹ prove me:
try my ¹ mind ¹ and my ¹ heart.
- 3 For your steadfast love has been ever be'fore my ¹ eyes:
and ¹ I have ¹ walked in ¹ your ¹ truth.
- 4 I have not ¹ sat ¹ with de'ceivers:
nor con'sorted ¹ with the ¹ hypocrites;
- 5 I hate the as'embly ¹ of the ¹ wicked:
I will not ¹ sit ¹ with the ¹ un'godly.
- 6 I wash my hands in ¹ innocence ¹ O ¹ Lord:
that I may ¹ go a'bout your ¹ altar,
- †7 And lift up the ¹ voice of ¹ thanksgiving:
to tell of ¹ all your ¹ marvel-lous ¹ works.
- 8 Lord I love the house of your ¹ habit'ation:
and the ¹ place ¹ where your ¹ glory ¹ dwells
- 9 Do not sweep me a'way with ¹ sinners:
nor my ¹ life with ¹ men of ¹ blood,
- 10 In whose hand is a'bomin'ation:
and their right ¹ hand is ¹ full of ¹ bribes.
- 11 As for me I walk in ¹ my in'tegrity:
O ransom me ¹ and be ¹ favourable ¹ to'ward me.
- †12 My foot stands on an ¹ even ¹ path:
I will bless the ¹ Lord ¹ in the ¹ great ¹ congreg'a'tion.

1 The Lord is my light and my salvation
 whom then I shall I fear?:
 the Lord is the stronghold of my life
 of whom I shall I be afraid?

2 When the wicked even my enemies and my foes
 come upon me I to devour me:
 they shall I stumble I and I fall.

3 If an army encamp against me
 my heart shall I not · be afraid:
 and if war should rise a'gainst me I yet · will I I trust.

4 One thing I have asked from the Lord which I I will
 re'quire:
 that I may dwell in the house of the Lord I
 all the I days · of my I life,

†5 To see the fair I beauty · of the I Lord:
 and to I seek his I will · in his I temple.

6 For he will hide me under his shelter in the I day of I
 trouble:
 and conceal me in the shadow of his tent
 and set me I high up'on a I rock.

7 And now he will lift I up my I head:
 above my I ene·mies I round a'bout me.

†8 And I will offer sacrifices in his sanctuary,
 with I exultation:
 I will sing I will sing I praises I to the I Lord.

9 O Lord hear my I voice · when I I cry:
 have I mercy · up'on me · and I answer me.

10 My heart has said of you ! 'Seek his ! face':
your ! face Lord ! I will ! seek.

11 Do not ! hide your ! face from me:
or thrust your ! servant · a'side · in dis!pleasure;

12 For you have ! been my ! helper:
do not cast me away or forsake me O ! God of ! my
sal!vation.

†13 Though my father and my ! mother · for!sake me:
the ! Lord will ! take me ! up.

14 Teach me your ! way O ! Lord:
and lead me in an even path ! for they ! lie in ! wait
for me.

15 Do not give me over to the ! will of · my ! enemies:
for false witnesses have risen against me
and ! those who ! breathe out ! violence.

16 But I believe that I shall surely see the ! goodness · of
the ! Lord:
in the ! land ! of the ! living.

17 O wait for the Lord
stand firm and he will ! strengthen · your ! heart:
and ! wait I ! say · for the ! Lord.

- 1 To you will I cry O Lord my Rock
be not I deaf · to my I prayer:
lest if you turn away silent
I become like those that go I down I to the I grave.
- 2 Hear the voice of my supplication
when I cry to I you for I help:
when I lift up my hands
towards the I holiest I place of · your I sanctuary.
- 3 Do not snatch me away with the ungodly
with the I evil' doers:
who speak peace to their neighbours
but nourish I malice I in their I hearts.
- 4 Repay them ac'cording · to their I deeds:
and according to the I wickedness · of I their en'-
deavours;
- 5 Requite them for the I work · of their I hands:
and I give them I their de'serts.
- 6 For they pay no heed to the Lord's acts
nor to the operation I of his I hands:
therefore shall he break them I down · and not I build
them I up.
- 7 Let the Lord's I name be I praised:
for he has heard the I voice · of my I suppli'cation.
- 8 The Lord is my strength and my shield
in him my heart trusts and I I am I helped:
therefore my heart dances for joy
and in my I song I will I I praise him.

9 The Lord is the strength of his people:
and a sure refuge for his anointed king.

10 O save your people * and give your blessing · to your own:
be their shepherd and bear them up for ever.

29

1 Ascribe to the Lord you sons of heaven:
ascribe to the Lord glory · and might.

2 Ascribe to the Lord the honour due · to his name:
O worship the Lord in the beauty of his holiness.

3 The voice of the Lord is up'on the waters:
the God of glory thunders the Lord up'on the great waters.

4 The voice of the Lord is mighty in operation:
the voice of the Lord · is a glorious voice.

5 The voice of the Lord breaks the cedar-trees:
the Lord breaks in pieces · the cedars · of Lebanon.

6 He makes them skip · like a calf:
Lebanon and Sirion like a young wild ox.

7 The voice of the Lord divides the lightning-flash:
the voice of the Lord whirls the sands of the desert
the Lord whirls the desert · of Kadesh.

8 The voice of the Lord rends the terebinth trees
and strips bare the forests:
in his temple all cry 'Glory'.

9 The Lord sits enthroned a'bove the ' water-flood:
the Lord sits en'throned · as a ' king for ' ever.

10 The Lord will give ' strength · to his ' people:
the Lord will give to his ' people · the ' blessing · of '
peace.

30

1 I will exalt you O Lord
for you have drawn me ' up · from the ' depths:
and have not suffered my ' foes to ' triumph ' over me.

2 O Lord my ' God I ' cried to you:
and ' you have ' made me ' whole.

†3 You brought me back O Lord from the ' land of ' silence:
you saved my life
from among ' those that · go ' down · to the ' Pit.

4 Sing praises to the Lord all ' you his ' faithful ones:
and give ' thanks · to his ' holy ' name.

5 For if in his anger is havoc
in his good ' favour · is ' life:
heaviness may endure for a night
but ' joy comes ' in the ' morning.

6 In my prosperity I said 'I shall ' never · be ' moved:
your goodness O Lord has ' set me · on so ' firm a '
hill.'

7 Then you ' hid your ' face from me:
and ' I was ' greatly · dis'mayed.

8 I cried to ¹ you O ¹ God:
and made my petition ¹ humbly ¹ to my ¹ Lord.

9 'What profit is there in my blood
if I go ¹ down · to the ¹ Pit:
can the dust give you thanks ¹
or declare your ¹ faithfulness?

†10 'Hear O ¹ Lord · and be ¹ merciful:
O ¹ Lord ¹ be my ¹ helper.'

11 You have turned my lamentation ¹ into ¹ dancing:
you have put off my sackcloth and ¹ girded ¹ me with ¹
joy,

12 That my heart may sing your praise and ¹ never · be ¹
silent:
O Lord my God I will ¹ give you ¹ thanks for ¹ ever.

31

1 To you Lord have I ¹ come for ¹ shelter:
let me ¹ never · be ¹ put to ¹ shame.

2 O deliver me ¹ in your ¹ righteousness:
incline your ear to me ¹ and be ¹ swift to ¹ save me.

3 Be for me a rock of refuge a fortress ¹ to defend me:
for you are my ¹ high rock ¹ and my ¹ stronghold.

4 Lead me and guide me for your ¹ name's ¹ sake:
bring me out of the net that they have secretly laid
for me * for ¹ you ¹ are my ¹ strength.

5 Into your hands I com'mit my spirit:
you will redeem me O Lord God of truth.

6 I hate those that clutch vain idols:
but my trust is in the Lord.

7 I will rejoice and be glad in your loving-kindness:
for you have looked on my distress
and known me in ad'versity.

8 You have not given me over to the power of the enemy:
you have set my feet where I may walk at liberty.

9 Have mercy upon me O Lord for I am in trouble:
my eye wastes away for grief
my throat also and my inward parts.

10 For my life wears out in sorrow,
and my years with sighing:
my strength fails me in my affliction
and my bones are con'sumed.

11 I am become the scorn of all my enemies:
and my neighbours wag their heads in de'rision.

12 I am a thing of horror to my friends:
and those that see me in the street shrink from me.

13 I am forgotten like a dead man out of mind:
I have become like a broken vessel.

14 For I hear the whispering of many:
and fear is on every side;

15 While they plot together against me:
and scheme to take away my life.

16 But in you Lord have I put my trust:
I have said 'You are my God.'

17 All my days are in your hand:
O deliver me from the power of my enemies
and from my persecutors.

18 Make your face to shine up'pon your servant:
and save me for your mercy's sake.

19 O Lord let me not be confounded
for I have called up'pon you:
but let the wicked be put to shame
and brought to silence in the grave.

20 Let the lying lips be dumb:
that in pride and contempt
speak such insolence against the just.

21 O how plentiful is your goodness
stored up for those that fear you:
and prepared in the sight of men
for all who come to you for refuge.

22 You will hide them in the cover of your presence
from the plots of men:
you will shelter them in your refuge
from the strife of tongues.

23 Blessed be the Lord our God:
for he has wonderfully shown me his steadfast love
when I was as a city besieged.

24 When I was afraid I said in my haste:
'I am cut off from your sight.'

25 But you heard the voice of my supplication:
when I cried to you for help.

26 Love the Lord all ! you his ! faithful ones:
for the Lord guards the true
but ! fully · re!quites the ! proud.

†27 Be strong and let your ! heart take ! courage:
all ! you that ! hope · in the ! Lord.

32

1 Blessèd is he whose ! sin · is for!given:
whose in!iquity · is ! put a!way.

2 Blessèd is the man to whom the Lord im'putes no !
blame:
and in whose ! spirit · there ! is no ! guile.

3 For whilst I ! held my ! tongue:
my bones wasted a!way · with my ! daily · com!plain-ing.

4 Your hand was heavy upon me ! day and ! night:
and my moisture was dried ! up · like a ! drought in !
summer.

5 Then I ack!nowledged · my ! sin to you:
and my in!iquity · I ! did not ! hide;

6 I said ‘I will confess my trans!gressions · to the ! Lord’:
and so you forgave the ! wicked-ness ! of my ! sin.

7 For this cause shall everyone that is faithful
make his prayer to you * in the ! day of ! trouble:
and in the time of the great water-floods !
they shall ! not come ! near him.

8 You are a place to hide me in
 you will pre'serve me · from ¹ trouble:
 you will surround me with de'liverance · on ¹ every ¹
 side.

9 'I will instruct you
 and direct you in the way that ¹ you should ¹ go:
 I will fasten my eye up'pon you · and ¹ give you ¹
 counsel.

10 'Be not like horse or mule that have no ¹ under'standing:
 whose forward course must be ¹ curbed with ¹ bit and ¹
 bridle.'

11 Great tribulations remain ¹ for the · un'godly:
 but whoever puts his trust in the Lord
 mercy em'braces him · on ¹ every ¹ side.

12 Rejoice in the Lord you righteous ¹ and be ¹ glad:
 and shout for joy all ¹ you · that are ¹ true of ¹ heart.

33

1 Rejoice in the ¹ Lord you ¹ righteous:
 for it be'fits the ¹ just to ¹ praise him.

2 Give the Lord thanks up'pon the ¹ harp:
 and sing his praise to the ¹ lute of ¹ ten ¹ strings.

3 O sing him a ¹ new ¹ song:
 make sweetest ¹ melody · with ¹ shouts of ¹ praise.

4 For the word of the ¹ Lord is ¹ true:
 and ¹ all his ¹ works are ¹ faithful.

He loves ' righteousness · and ' justice:
the earth is filled with the loving-'kindness ' of the '
Lord.

By the word of the Lord were the ' heavens ' made:
and their numberless ' stars · by the ' breath of · his '
mouth.

He gathered the waters of the sea as ' in a ' water-skin:
and laid up the ' deep ' in his ' treasures.

Let the whole earth ' fear the ' Lord:
and let all the inhabitants of the ' world ' stand in '
awe of him.

For he spoke and ' it was ' done:
he commanded ' and it ' stood ' fast.

The Lord frustrates the ' counsels · of the ' nations:
he brings to nothing the de'veices ' of the ' peoples.

But the counsels of the Lord shall en'dure for ' ever:
the purposes of his heart from gener'ation · to '
gener'ation.

Blessèd is that nation whose ' God · is the ' Lord:
the people he chose to ' be his ' own pos'session.

The Lord looks down from heaven
and surveys all the ' children · of ' men:
he considers from his dwelling-place
all the in'habit·ants ' of the ' earth;

He who fashioned the ' hearts of · them ' all:
and compre'hends all ' that they ' do.

A king is not saved by a ' mighty ' army:
nor is a warrior de'livered · by ' much ' strength;

16 A horse is a vain hope to I save a I man:
nor can he rescue I any · by his I great I power.

17 But the eye of the Lord is on I those that I fear him:
on those that trust in I his unIfailing I love,

18 To deIIiver them · from I death:
and to I feed them · in the I time of I dearth.

19 We have waited eagerly I for the I Lord:
for I he is · our I help · and our I shield.

20 Surely our hearts shall reIoice in I him:
for we have I trusted · in his I holy I name.

†21 Let your merciful kindness be upIon us · O I Lord:
even as our I hope I is in I you.

34

1 I will bless the I Lord conItinually:
his praise shall be I always I in my I mouth.

2 Let my soul I boast · of the I Lord:
the humble shall I hear it I and reIoice.

3 O praise the I Lord with I me:
let us exIalt his I name toIgether.

4 For I sought the Lord's I help · and he I answered:
and he I freed me · from I all my I fears.

5 Look towards him and be I bright with I joy:
your I faces · shall I not · be aIshamed.

6 Here is a wretch who cried and the I Lord I heard him:
and I saved him · from I all his I troubles.

7 The angel of the Lord encamps round those who fear him:
and delivers them in their need.

8 O taste and see that the Lord is good:
happy the man who hides in him!

9 Fear the Lord all you his holy ones:
for those who fear him never lack.

10 Lions may suffer want and go hungry:
but those who seek the Lord lack nothing good.

11 Come my children listen to me:
and I will teach you the fear of the Lord.

12 Which of you relishes life:
wants time to enjoy good things?

13 Keep your tongue from evil:
and your lips from telling lies.

14 Turn from evil and do good:
seek peace and pursue it.

15 The eyes of God are on the righteous:
and his ears towards their cry.

16 The Lord sets his face against wrongdoers:
to root out their memory from the earth.

17 The righteous cry the Lord hears it:
and frees them from all their afflictions.

18 The Lord is close to those who are broken-hearted:
and the crushed in spirit he saves.

19 The trials of the righteous · are many:
but our God de'livers · him · from them · all.

20 He guards · all his · bones:
so · that not · one is · broken.

21 Evil will · slay the · wicked:
and those who hate the · righteous · will · be
destroyed.

22 The Lord ransoms the · lives · of his · servants:
and none who hide in · him will · be destroyed.

35

1 Contend O Lord with those who con'tend with · me:
fight against · those that · fight a'gainst me.

2 Take up · shield and · buckler:
and a'rise a'rise to · help me.

3 Draw the spear
and bar the way against · those · that pur'sue me:
say to me · 'I am · your de'liverer.'

4 Let those that seek my life
be put to · shame · and dis'graced:
let those that plot my destruction
be · turned · back · and con'founded.

5 Let them be like chaff be'fore the · wind:
with the · angel · of the · Lord · driving them;

6 Let their way be · dark and · slippery:
with the · angel · of the · Lord pur'suing.

For without cause

they have secretly I spread a I net for me:
without cause they have I dug a I pit · to en'trap me.

Let sudden dis'aster I strike them:

let the net that they have hidden catch them
let them I fall to I their destruktion.

Then shall my soul be I joyful · in the I Lord:
and I will re'joice in I his de'lliverance.

All my bones shall say I 'Lord · who is I like you?:
for you deliver the poor man
from him that is too strong for him
the poor and needy
from I him that I would de'spoil them.'

Malicious witnesses rise I up a'gainst me:

I am questioned about things of I which I I know I
nothing.

They repay me I evil · for I good:
I am as I one be'reaved of · his I children.

Yet when they were sick I I put on I sackcloth:
I af'flicted · my'self with I fasting.

And if my prayer returned unanswered I to my I bosom:
I went about mourning
as though for a I brother I or a · com'panion;

I was bowed I down with I grief:
as I though · for my I own I mother.

But when I stumbled they rejoiced and gathered
together * they gathered to'gether · a'gainst me:
as though they were strangers I never knew
they I tore at · me I without I ceasing.

†17 When I ¹ slipped they ¹ mocked me:
and ¹ gnashed ¹ at me ¹ with their ¹ teeth.

18 Lord how long will ¹ you look ¹ on?:
take me from the evil they intend
take me ¹ from a¹midst the ¹ lions.

19 And I will give you thanks in the ¹ great · congre¹gation:
I will ¹ praise you · in the ¹ throng · of the ¹ people.

20 Let not those that wrongfully are my enemies ¹ _
triumph ¹ over me:
let not those that hate me without cause ¹ _
mock me ¹ with their ¹ eyes.

21 For they speak words that do not ¹ make for ¹ peace:
they invent lies against those that are ¹ quiet ¹ in the ¹ land.

22 They stretch their mouths to ¹ jeer at me · and ¹ say:
'Aha aha! We have ¹ seen ¹ all that · we ¹ wish!'

23 And you also have seen O Lord ¹ do not · be ¹ silent:
O God ¹ go not ¹ far ¹ from me.

24 Bestir yourself ¹ awake to ¹ do me ¹ right:
to plead my ¹ cause O ¹ Lord my ¹ God.

25 Judge me O Lord my God according ¹ to your ¹
righteousness:
and let them ¹ not rejoice ¹ over me.

26 Let them not say in their hearts 'We ¹ have our ¹ wish':
let them not ¹ say 'We ¹ have de¹stroyed him.'

27 Let those that rejoice at my hurt
be disgraced and confounded ¹ alto¹gether:
let those that lord it over me ¹
be ¹ clothed in ¹ shame · and dis'honour.

28 But let those that long for my vindication
shout for joy · and rejoice:
let them say always that the Lord is great
who takes such delight · in his servant's good.

29 And my tongue shall speak of · your righteousness:
and of your praise · all the day long.

36

1 The transgressor speaks
from the wickedness in his own heart:
there is no fear of God before his eyes.

2 For he flatters himself in his own sight:
he hates his iniquity · to be found out.

3 The words of his mouth are wickedness · and deceit:
he has ceased to act wisely · and do good.

4 He plots mischief as he lies up'on his bed:
he has set himself on a path that is not good
he does not spurn evil.

5 Your unfailing kindness O Lord is in the heavens:
and your faithfulness reaches to the clouds.

6 Your righteousness is like the strong mountains:
and your justice as the great deep
you O Lord save both man and beast.

7 How precious O God is your enduring kindness:
the children of men shall take refuge
under the shadow of your wings.

8 They shall be satisfied,
with the good things ¹ of your ¹ house:
and you will give them drink,
from the ¹ river • of ¹ your delights.

9 For with you is the ¹ well of ¹ life:
and in your ¹ light shall ¹ we see ¹ light.

10 O continue your merciful kindness,
toward ¹ those who ¹ know you:
and your righteous dealing,
to ¹ those • that are ¹ true of ¹ heart.

11 Let not the foot of the ¹ proud • come a'gainst me:
nor the hand of the un'godly ¹ drive • me a'way.

12 There are they fallen ¹ those who • do ¹ evil:
they are thrust down and ¹ shall not ¹ rise a'gain.

37

1 Do not ¹ vie • with the ¹ wicked:
or ¹ envy ¹ those that • do ¹ wrong;

2 For they will soon ¹ wither • like the ¹ grass:
and fade a'way • like the ¹ green ¹ leaf.

3 Trust in the ¹ Lord and • do ¹ good:
and you shall dwell in the land,
and ¹ feed in ¹ safe ¹ pastures.

4 Let the Lord be ¹ your de'light:
and he will ¹ grant you • your ¹ heart's de'sire.

5 Commit your way to the Lord:
trust him and he will act.

6 He will make your righteousness
shine as clear as the light:
and your innocence as the noonday.

7 Be still before the Lord * and wait patiently for him:
do not be vexed when a man prospers
when he puts his evil purposes to work.

8 Let go of anger and abandon wrath:
let not envy move you to do evil.

9 For the wicked shall be cut down:
but those who wait for the Lord shall possess the land.

10 In a little while the ungodly shall be no more:
you will look for him in his place
but he will not be found.

†11 But the meek shall possess the land:
and enjoy the abundance of peace.

12 The ungodly man plots against the righteous:
and gnashes at him with his teeth.

13 But the Lord shall laugh him to scorn:
for he sees that the day for his overthrow is near.

14 The ungodly have drawn the sword and strung the bow:
to strike down the poor and needy
to slaughter those that walk in innocence.

15 Their swords shall pierce their own hearts:
and their bows shall be broken.

16 Though the righteous man ¹ has · but a ¹ little:
it is better than the great ¹ wealth of ¹ the un¹godly.

17 For the strong arm of the ungodly ¹ shall be ¹ broken:
but the ¹ Lord up¹holds the ¹ righteous.

18 The Lord cares for the ¹ lives · of the ¹ innocent:
and their heritage ¹ shall be ¹ theirs for ¹ ever.

19 They shall not be put to shame in the ¹ evil ¹ days:
but in time of famine ¹ they shall ¹ eat their ¹ fill.

†20 As for the ungodly they shall perish
they are the enemies ¹ of the ¹ Lord:
like fuel in a furnace they shall ¹ vanish · alway in
smoke.

21 The ungodly man borrows but does ¹ not re¹pay:
but the ¹ righteous · is ¹ gracious · and ¹ gives.

22 Those who are blessed by God shall pos¹sess the ¹ land:
but those whom he has ¹ cursed · shall be ¹ cut ¹ down.

23 If a man's steps are ¹ guided · by the ¹ Lord:
and ¹ he de¹lights in · his ¹ way,

24 Though he stumble he shall ¹ not fall ¹ headlong:
for the Lord ¹ holds him ¹ by the ¹ hand.

25 I have been young and ¹ now am ¹ old:
but I never saw the righteous man forsaken
or his ¹ children ¹ begging · their ¹ bread.

26 He is ever ¹ gracious · and ¹ lends:
and his ¹ children ¹ shall be ¹ blessed.

27 Turn from evil and I do I good:
and you shall I dwell · in the I land for I ever.

28 For the I Lord loves I justice:
he will I not for'sake his I faithful ones.

29 But the unjust shall be de'stroyed for I ever:
and the children of the un'godly · shall be I cut I
down.

30 The just shall pos'sess the I land:
and they shall I dwell in I it for I ever.

31 The mouth of the righteous man I utters I wisdom:
and his I tongue speaks I what is I right.

32 The law of his God is I in his I heart:
and his I footsteps I will not I slip.

33 The ungodly man watches I out · for the I righteous:
and I seeks oc'casio'n · to I slay him.

34 But the Lord will not abandon him I to his I power:
nor let him be con'demned when I he is I judged.

†35 Wait for the Lord and I hold to · his I way:
and he will raise you up to possess the land
to see the un'godly · when I they are · de'stroyed.

36 I have seen the ungodly in I terri·fying I power:
spreading himself I like a · lux'uri·ant I tree;

37 I passed by again and I he was I gone:
I searched for him I but · he could I not be I found.

38 Observe the blameless man and con'sider · the I upright:
for the man of I peace shall I have pos'terity.

39 But transgressors shall be de'stroyed · alto'gether:
and the posterity of the I wicked · shall be I cut I down.

40 Deliverance for the righteous shall I come · from the I
Lord:
he is their I strength in I time of I trouble.

41 The Lord will help them I and de'liver them:
he will save them from the ungodly and deliver them
because they I come to I him for I refuge.

38

1 O Lord rebuke me not I in your I anger:
nor chasten me I in your I fierce dis'pleasure.

2 For your arrows have been I aimed a'gainst me:
and your hand has come I down I heavy · up'on me.

3 There is no health in my flesh
because of your I indig'nation:
nor soundness in my bones by I reason I of my I sin.

4 The tide of my iniquities has gone I over · my I head:
their weight is a burden too I heavy · for I me to I
bear.

5 My wounds I stink and I fester:
be'cause I of my I foolishness.

6 I am bowed down and I brought so I low:
that I go I mourning I all the · day I long.

7 For my loins are filled with a I burning I pain:
and there is no sound I part in I all my I body.

8 I am numbed and I stricken · to the I ground:
I cry aloud in the I yearning I of my I heart.

9 O Lord all I long for I is be'fore you:
and my deep sighing I is not I hidden I from you.

10 My heart is in tumult my I strength I fails me:
and even the I light of · my I eyes has I gone from me.

11 My friends and my companions hold aloof from I my
af'fliction:
and my I kinsmen I stand far I off.

12 Those who seek my I life I strike at me:
and those that desire my hurt spread evil tales
and murmur I slanders I all the I day.

13 But I am like a deaf man and I hear I nothing:
like one that is dumb who I does not I open · his I
mouth.

14 So I have become as one who I cannot I hear:
in whose I mouth · there is I no re'tort.

15 For in you Lord have I I put my I trust:
and you will I answer me · O I Lord my I God.

16 For I prayed 'Let them never ex'ult I over me:
those who turn arrogant I when my I foot I slips.'

17 Truly I am I ready · to I fall:
and my I pain is I with me · con'tinually.

18 But I ac'knowledge · my I wickedness:
and I am filled with I sorrow I at my I sin.

19 Those that are my enemies without cause are I great in I
number:
and those who hate me I wrongfullly are I many.

20 Those also who repay evil for good I are a'gainst me:
because I I seek I after I good.

†21 Forsake me not O Lord
 go not far ¹ from me • my ¹ God:
 hasten to my ¹ help O ¹ Lord • my sal¹vation.

39

- 1 I said 'I will keep watch over my ways
 lest I ¹ sin • with my ¹ tongue:
 I will keep a guard on my mouth
 while the ¹ wicked • are ¹ in my ¹ sight.'
- 2 I held my tongue and I said I nothing:
 I kept I silent • but I found no I comfort.
- 3 My pain was increased my heart grew I hot with' in
 me:
 while I mused the fire blazed and I I spoke I with my ¹
 tongue;
- 4 'Lord let me I know my ¹ end:
 and the ¹ number ¹ of my ¹ days,
- †5 'That I may know how I short my ¹ time is:
 for you have made my days but a handsbreadth
 and my whole ¹ span • is as I nothing • be'fore you.'
- 6 Surely every man though he stand secure I is but I
 breath:
 man I lives • as a I passing I shadow.
- 7 The riches he heaps are but a I puff of I wind:
 and he cannot I tell I who will I gather them.

8 And now Lord ! what is · my ! hope?:
truly my ! hope ! is in ! you.

9 O deliver me from ! all · my trans!gressions:
do not ! make me · the ! butt of ! fools.

10 I was dumb I did not ! open · my ! mouth:
for surely ! it was ! your ! doing.

11 Take away your ! plague ! from me:
I am brought to an ! end · by the ! blows · of your !
hand.

12 When with rebukes you chastise a ! man for ! sin:
you cause his fair looks to dissolve in putrefaction
surely ! every · man ! is but ! breath.

13 Hear my prayer O Lord and give ! ear to · my ! cry:
be not ! silent ! at my ! tears.

14 For I am but a ! stranger · with ! you:
a passing guest as ! all my ! fathers ! were.

15 Turn your eye from me that I may ! smile a!gain:
before I go ! hence and ! am no ! more.

40

1 I waited patiently ! for the ! Lord:
and he in'clined to me · and ! heard my ! cry.

2 He brought me up from the pit of roaring waters
out of the ! mire and ! clay:
and set my feet upon a ! rock and made ! firm my !
foothold.

3 And he has put a new¹ song · in my¹ mouth:
even a song of¹ thanks-giving¹ to our¹ God.

4 Many shall¹ see it · and¹ fear:
and shall¹ put their¹ trust · in the¹ Lord.

5 Blessèd is the man who has made the¹ Lord his¹ hope:
who has not turned to the proud
or to those who¹ wander¹ in de¹ceit.

6 O Lord my God
great are the wonderful things which you have done
and your thoughts which¹ are to¹wards us:
there is none to¹ be com¹pared with¹ you;

†7 Were I to de¹clare them · and¹ speak of them:
they are more than I am¹ able¹ to ex¹press.

8 Sacrifice and offering you do¹ not de¹sire:
but my¹ ears · you have¹ marked · for o¹bedience;

9 Burnt-offering and sin-offering you have¹ not re¹-
quired:
then¹ said I¹ Lo I¹ come.

10 In the scroll of the book it is written of me
that I should¹ do your¹ will:
O my God I long to do it * your¹ law de¹lights my¹
heart.

11 I have declared your righteousness¹
in the¹ great · congreg¹ation:
I have not restrained my lips O¹ Lord¹
and¹ that you¹ know.

12 I have not hidden your righteousness¹ in my¹ heart:
I have spoken of your faithfulness¹ and of¹ your
sal¹vation.

13 I have not kept back your loving-kindness ! and your !
truth:
from the ! great ! congregation.

14 O Lord do not withhold your ! mercy ! from me:
let your loving-kindness and your ! truth ! ever · pre-
serve me.

15 For innumerable troubles have ! come upon me:
my sins have overtaken me ! and I ! cannot ! see.

16 They are more in number than the ! hairs · of my !
head:
there!fore my ! heart ! fails me.

17 Be pleased O ! Lord · to de!liver me:
O ! Lord make ! haste to ! help me.

18 Let those who seek my life to ! take it · a!way:
be put to shame and con!founded ! alto!gether.

19 Let them be turned back and disgraced who ! wish me !
evil:
let them be aghast for shame who ! say to me · ‘A!ha
a!ha’

20 Let all who seek you be joyful and ! glad be!cause of
you:
let those who love your salvation say ! always ·
‘The ! Lord is ! great.’

21 As for me I am ! poor and ! needy:
but the ! Lord will ! care ! for me.

†22 You are my helper and ! my de!liverer:
make no long de!lay O ! Lord my ! God.

1 Blessed is he that considers the poor and helpless:
the Lord will deliver him in the day of trouble.

2 The Lord will guard him and preserve his life
he shall be counted happy in the land:
you will not give him over to the will of his enemies.

†3 And if he lies sick on his bed the Lord will sus'tain
him:
if illness lays him low you will overthrow it.

4 I said 'O Lord be merciful to'ward me:
heal me for I have sinned against you.'

5 My enemies speak evil of me saying:
'When will he die and his name perish for ever?'

6 And if one should come to see me he mouths empty words:
while his heart gathers mischief
and when he goes out he vents it.

7 All those that hate me whisper together against me:
they devise plots against me.

8 They say 'A deadly thing has got hold of him:
he will not get up again from where he lies.'

9 Even my bosom friend in whom I trusted:
who shared my bread has lifted his heel
against me.

10 But you O Lord be gracious and raise me up:
and I will repay them what they have deserved.

11 By this will I know that you favour me:
that my enemy shall not triumph over me.

(†) 12 Because of my innocence you hold me fast:
you have set me before your face for ever.

(13 Blessed be the Lord the God of Israel:
from everlasting to everlasting * Amen! A-men.)

42

1 As a deer longs for the running brooks:
so longs my soul for you O God.

2 My soul is thirsty for God * thirsty for the living God:
when shall I come and see his face?

3 My tears have been my food day and night:
while they ask me all day long 'Where now is
your God?'

4 As I pour out my soul by myself I remember this:
how I went to the house of the Mighty One
into the temple of God,

†5 To the shouts and songs of thanksgiving:
a multitude keeping high festival.

6 Why are you so full of heaviness my soul:
and why so unquiet within me?

7 O put your ¹ trust in ¹ God:
for I will praise him yet
who is my deliverer ¹ and my ¹ God.

8 My soul is ¹ heavy · with¹in me:
therefore I will remember you from the land of
Jordan
from Mizar a'mong the ¹ hills of ¹ Hermon.

9 Deep calls to deep in the ¹ roar of · your ¹ waters:
all your waves and ¹ breakers ¹ have gone ¹ over me.

10 Surely the Lord will grant his loving mercy ¹ in the ¹
day-time:
and in the night his song will be with me
a ¹ prayer · to the ¹ God · of my ¹ life.

11 I will say to God my rock ‘Why have ¹ you for¹gotten
me:
why must I go like a mourner be¹cause the ¹ enemy ·
op¹presses me?’

†12 Like a sword through my bones my ¹ enemies · have ¹
mocked me:
while they ask me all day long ¹ ‘Where now ¹ is
your ¹ God?’

13 Why are you so full of ¹ heaviness · my ¹ soul:
and ¹ why · so un¹quiet · with¹in me?

14 O put your ¹ trust in ¹ God:
for I will praise him yet
who is my deliverer ¹ and my ¹ God.

Give judgement for me O God

take up my cause against an un'godly ¹ people:
deliver me from de'ceitful ¹ and ¹ wicked ¹ men.

For you are God my refuge why have you ¹ turned ¹
me a'way:

why must I go like a mourner,
be'cause the ¹ enemy ¹ op'presses me?

O send out your light and your truth and ¹ let them
lead me:

let them guide me to your holy ¹ hill and ¹ to your ¹
dwelling.

Then I shall go to the altar of God

to God my joy and ¹ my delight:

and to the harp I shall sing your ¹ praises ¹ O ¹ God
my ¹ God.

*Why are you so full of ¹ heaviness ¹ my ¹ soul:
and ¹ why ¹ so un'quiet ¹ with'in me?*

O put your ¹ trust in ¹ God:

*for I will praise him yet
who is my de'liver'er ¹ and my ¹ God.*

1 We have heard with our ears O God,
 our fathers have told us:
 what things you did in their time · in the days of
 old;

2 How by your own hand you drove out the nations,
 and planted us in:
 how you crushed the peoples
 but caused us to root and grow.

3 For it was not by their swords,
 that our fathers took possession · of the land:
 nor did their own arm get them · the victory,

4 But your right hand your arm,
 and the light of your countenance:
 because you delighted · in them.

5 You are my king · and my God:
 who ordained victory · for Jacob.

6 By your power we struck our enemies through:
 in your name we trod down those that rose against
 us.

7 For I did not trust · in my bow:
 nor could my sword save me;

8 But it was you that delivered us from our enemies:
 and put our adversaries to confusion.

†9 In God we made our boast all the day long:
 we gave thanks to your name without ceasing.

10 But now you have cast us off and I brought us · to I
shame:
you I go not I out · with our I armies.

11 You have caused us to show our I backs · to the I enemy:
so that our foes I plunder I us at I will.

12 You have given us like I sheep · to be I butchered:
you have I scattered us · a'mong the I nations.

13 You have sold your I people · for I nothing:
and I made a I profit-less I bargain.

14 You have made us a laughing-stock I to our I neigh-
hours:
mocked and held in de'rision · by I those a'bout us.

15 You have made us a byword a'mong the I nations:
so that the peoples I toss their I heads in I scorn.

16 My disgrace is before me I all the I day:
and I shame has I covered · my I face,

17 At the voice of the slanderer I and re'viler:
at the sight of the I ene-my I and a'venger.

18 All this has come upon us though we have I not for'-
gotten you:
we have I not be'trayed your I covenant.

19 Our hearts have I not turned I back:
nor have our steps I strayed I from your I paths.

20 And yet you have crushed us in the I haunt of I jackals:
and covered us I with the I shadow · of I death.

21 If we had forgotten the I name of · our I God:
or stretched out our hands in I prayer to · some I
strange I god,

22 Would not God I search it I out?:
for he knows the very I secrets I of the I heart.

23 But for your sake are we killed I all the · day I long:
we are I counted · as I sheep · for the I slaughter.

24 Rouse yourself O Lord I why · do you I sleep?::
awake do not I cast us I off for I ever.

25 Why do you I hide your I face:
and forget our I misery · and I our af'fliction?

26 Our souls are I bowed · to the I dust:
our I bellies I cleave · to the I ground.

27 Arise O I Lord to I help us:
and redeem us I for your I mercy's I sake.

45

1 My heart is astir with fine phrases
I make my I song · for a I king:
my tongue is the I pen · of a I ready I writer.

2 You are the fairest of the sons of men
grace I flows · from your I lips:
therefore has God I blessed you · for I ever · and I ever.

3 Gird your sword upon your thigh O I mighty I warrior:
in glory and majesty tread I down your I foes and I
triumph!

4 Ride on in the I cause of I truth:
and I for the I sake of I justice.

5 Your right hand shall teach a¹ terrible · in'struction:
peoples shall fall beneath you * your arrows shall be
sharp in the¹ hearts · of the¹ king's¹ enemies.

6 Your throne is the throne of God it en'dures for¹
ever:
and the sceptre of your¹ kingdom · is a¹ righteous¹
sceptre.

7 You have loved righteousness and¹ hated¹ evil:
therefore God your God * has anointed you
with the oil of¹ gladness · a'bove your¹ fellows.

8 All your garments are fragrant¹
with myrrh¹ aloes · and¹ cassia:
music from ivory¹ pala'ces¹ makes you¹ glad.

†9 Kings' daughters are among your¹ noble¹ women:
the queen is at your right¹ hand in¹ gold of¹ Ophir.

10 Hear O daughter consider and in'cline your¹ ear:
forget your own¹ people · and your¹ father's¹ house.

11 The king de'sires your¹ beauty:
he is your lord · therefore · bow¹ down be'fore him.

†12 The richest among the people O¹ daughter · of¹ Tyre:
shall en'treat your¹ favour · with¹ gifts.

13 The king's daughter is all¹ glorious · with'in:
her clothing is em'broidered¹ cloth of¹ gold.

14 In robes of many colours she is led to¹ you O¹ king:
and after her the¹ virgins¹ that are¹ with her.

†15 They are led with ¹ gladness · and rejoicing:
they enter the ¹ palace ¹ of the ¹ king.

16 In place of your fathers ¹ you shall · have ¹ sons:
and make them princes ¹ over ¹ all the ¹ land.

17 And I will make known your name to every ¹ gener¹-
ation:
therefore the peoples shall ¹ give you ¹ praise for ¹
ever.

46

1 God is our ¹ refuge · and ¹ strength:
a very ¹ present ¹ help in ¹ trouble.

2 Therefore we will not fear though the ¹ earth be ¹
moved:
and though the mountains are ¹ shaken · in the ¹
midst · of the ¹ sea;

†3 Though the waters ¹ rage and ¹ foam:
and though the mountains quake at the ¹ rising ¹ of
the ¹ sea.

4 There is a river whose streams make glad the ¹ city · of ¹
God:
the holy dwelling-place ¹ of the ¹ Most ¹ High.

5 God is in the midst of her
therefore she shall ¹ not be ¹ moved:
God will ¹ help her · and at ¹ break of ¹ day.

The nations make uproar and the ¹ kingdoms · are ¹
shaken:
but God has lifted his ¹ voice · and the ¹ earth shall ¹
tremble.

*The Lord of ¹ hosts is ¹ with us:
the God of ¹ Jacob ¹ is our ¹ stronghold.*

Come then and see what the ¹ Lord has ¹ done:
what destruction he has ¹ brought up' on the ¹ earth.

He makes wars to cease in ¹ all the ¹ world:
he breaks the bow and shatters the spear
and burns the ¹ chari·ots ¹ in the ¹ fire.

'Be still and know that ¹ I am ¹ God:
I will be exalted among the nations
I will be exalted · up' on the ¹ earth.'

*The Lord of ¹ hosts is ¹ with us:
the God of ¹ Jacob ¹ is our ¹ stronghold.*

47

O clap your hands ¹ all you ¹ peoples:
and cry aloud to ¹ God with ¹ shouts of ¹ joy.

For the Lord Most High ¹ is to · be ¹ feared:
he is a great ¹ King · over ¹ all the ¹ earth.

He cast down ¹ peoples ¹ under us:
and the ¹ nations · be'neath our ¹ feet.

4 He chose us a land for ¹ our pos'session:
 that was the pride of ¹ Jacob ¹ whom he ¹ loved.

5 God has gone up with the ¹ sound · of rejoicing:
 and the ¹ Lord · to the ¹ blast · of the ¹ horn.

6 O sing praises sing ¹ praises · to ¹ God:
 O sing praises sing ¹ praises ¹ to our ¹ King.

7 For God is the King of ¹ all the ¹ earth:
 O ¹ praise him · in a ¹ well-wrought ¹ psalm.

8 God has become the ¹ King · of the ¹ nations:
 he has taken his seat upon his ¹ holy ¹ throne.

9 The princes of the peoples are ¹ gathered · together:
 with the ¹ people · of the ¹ God of ¹ Abraham.

10 For the mighty ones of the earth
 are become the ¹ servants · of ¹ God:
 and ¹ he is ¹ greatly · exalted.

48

1 Great is the Lord and ¹ greatly · to be ¹ praised:
 in the ¹ city ¹ of our ¹ God.

2 High and beautiful is his ¹ holy ¹ hill:
 it is the ¹ joy of ¹ all the ¹ earth.

†3 On Mount Zion where godhead truly dwells
 stands the city of the ¹ Great ¹ King:
 God is well known in her palaces ¹ as a ¹ sure defence.

For the kings of the ¹ earth as'sembled:
they gathered to¹gether · and I came ¹ on;

They saw they were ¹ struck ¹ dumb:
they were a'stonished · and I fled in ¹ terror.

Trembling took ¹ hold on them · and ¹ anguish:
as on a ¹ woman ¹ in her ¹ travail;

Like the breath of the ¹ east ¹ wind:
that ¹ shatters · the ¹ ships of ¹ Tarshish.

As we have heard so have we seen
in the city of the ¹ Lord of ¹ hosts:
in the city of our God
which ¹ God · has es'tablished · for ¹ ever.

We have called to mind your loving-¹kindness · O ¹ God:
in the ¹ midst of ¹ your ¹ temple.

As your name is great O God so also ¹ is your ¹ praise:
even to the ¹ ends ¹ of the ¹ earth.

Your right hand is full of victory
let Zion's ¹ hill re'joice:
let the daughters of Judah be ¹ glad
be'cause of · your ¹ judgements.

Walk about Zion go round about her
and I count · all her ¹ towers:
consider well her ramparts ¹ pass ¹ through her ¹
palaces;

That you may tell those who come after that ¹ such is ¹
God:
our God for ever and ever * and I he will ¹ guide us ·
e'ternally.

- 1 O hear this ! all you ! peoples:
give ear all you in'habit·ants ! of the ! world,
- 2 All children of men and ! sons of ! Adam:
both ! rich and ! poor a'like.
- 3 For my mouth shall ! speak ! wisdom:
and the thoughts of my heart,
shall be ! full of ! under!standing.
- 4 I will incline my ! ear · to a ! riddle:
and unfold the mystery to the ! sounds ! of the ! harp.

- 5 Why should I fear in the ! evil ! days:
when the wickedness of ! my de'ceivers · sur'rounds
me,
- 6 Though they trust to their ! great ! wealth:
and boast of the a'bundance ! of their ! riches?
- 7 No man may ! ransom · his ! brother:
or give ! God a ! price ! for him,
- 8 So that he may ! live for ! ever:
and ! never ! see the ! grave;
- 9 For to ransom men's ! lives · is so ! costly:
that he must a'bandon ! it for ! ever.
- 10 For we see that ! wise men ! die:
and perish with the foolish and the ignorant !
leaving · their ! wealth to ! others.

- †11 The tomb is their home for ever
their dwelling-place throughout ! all · gener'ations:
though they called estates ! after · their ! own ! names.

A rich man without understanding:
is like the beasts that perish.

This is the lot of the foolish:
the end of those who are pleased with their own words.

They are driven like sheep into the grave,
and death is their shepherd:
they slip down easily into the tomb.

Their bright forms shall wear away in the grave:
and lose their former glory.

But God will ransom my life:
he will take me from the power of the grave.

Do not fear when a man grows rich:
when the wealth of his household increases,

For he will take nothing away when he dies:
nor will his wealth go down after him.

Though he counts himself happy while he lives:
and praises you also when you prosper,

He will go to the company of his fathers:
who will never see the light.

A rich man without understanding:
is like the beasts that perish.

- 1 The Lord our God the ! Mighty One · has ! spoken:
and summoned the earth
from the rising of the sun to its ! setting ! in the !
west.
- 2 From Zion ! perfect · in ! beauty:
God has ! shone ! out in ! glory.
- 3 Our God is coming he will ! not keep ! silent:
before him is devouring fire
and ! tempest ! whirls a!bout him.
- 4 He calls to the ! heavens · a!bove:
and to the earth so ! he may ! judge his ! people.
- 5 'Gather to ! me my ! faithful ones:
those who by sacrifice ! made a ! coven·ant ! with me.'
- 6 The heavens shall pro!claim his ! righteousness:
for ! God him!self is ! judge.
- 7 'Listen my people and ! I will ! speak:
O Israel I am God your God and ! I will ! give my !
testimony.
- 8 'It is not for your sacrifices that ! I re!prove you:
for your burnt-offerings · are ! always · be!fore me.
- 9 'I will take no ! bull · from your ! farms:
or ! he-goat ! from your ! pens.
- 10 'For all the beasts of the forest be!long to ! me:
and so do the ! cattle · up!on the ! mountains.
- 11 'I know all the ! birds · of the ! air:
and the grasshoppers of the ! field are ! in my ! sight.

12 'If I were hungry I ' would not ' tell you:
for the whole world is ' mine and ' all · that is ' in it.

13 'Do I eat the ' flesh of ' bulls:
or ' drink the ' blood of ' goats?

14 'Offer to God a sacrifice of ' thanks'giving:
and pay your ' vows · to the ' Most ' High.

†15 'Call upon me in the ' day of ' trouble:
I will bring you out and ' you shall ' glori·fy ' me.'

16 But God ' says · to the ' wicked:
'What have you to do with reciting my laws
or taking my ' coven·ant ' on your ' lips,

17 'Seeing you ' loathe ' discipline:
and have ' tossed my ' words be'hind you?

18 'When you saw a thief you ' went a'llong with him:
and you ' threw in · your ' lot · with ad'ulterers.

19 'You have loosed your ' mouth in ' evil:
and your ' tongue strings ' lies to'gether.

20 'You sit and speak a'gainst your ' brother:
and slander your ' own ' mother's ' son.

21 'These things you have done and I ' held my ' tongue:
and you thought I was just such an'other ' as your'-
self.

22 'But I ' will con'vict you:
and set before your ' eyes what ' you have ' done.

23 'O consider this you who for'get ' God:
lest I tear you in pieces and ' there be ' no one · to ' save you.

†24 'He honours me who brings sacrifice of ¹ thanks^{giving}:
and to him who keeps to my way,
I will ¹ show the · sal^{vation} · of ¹ God.'

51

- 1 Have mercy on me O God in your en^{during} ¹ goodness:
according to the fulness of your compassion ¹
blot out ¹ my of^{fences}.
- 2 Wash me thoroughly ¹ from my ¹ wickedness:
and ¹ cleanse me ¹ from my ¹ sin.
- 3 For I acknowledge ¹ my re^bbellion:
and my ¹ sin is ¹ ever · be^fore me.
- 4 Against you only have I sinned
and done what is evil ¹ in your ¹ eyes:
so you will be just in your sentence
and ¹ blameless ¹ in your ¹ judging.
- 5 Surely in wickedness I was ¹ brought to ¹ birth:
and in ¹ sin my ¹ mother · con^{ceive}ed me.
- 6 You that desire truth in the ¹ inward ¹ parts:
O teach me wisdom in the secret ¹ places ¹ of the ¹
heart.
- 7 Purge me with hyssop and I ¹ shall be ¹ clean:
wash me and I ¹ shall be ¹ whiter · than ¹ snow.
- 8 Make me hear of ¹ joy and ¹ gladness:
let the bones which ¹ you have ¹ broken · rejoice.
- 9 Hide your ¹ face · from my ¹ sins:
and ¹ blot out ¹ all · my in^{iquities}.

Create in me a clean ¹ heart O ¹ God:
and re¹new a · right ¹ spirit · with¹in me.

Do not cast me ¹ out · from your ¹ presence:
do not take your ¹ holy ¹ spirit ¹ from me.

O give me the gladness of your ¹ help a¹gain:
and sup¹port me · with a ¹ willing ¹ spirit.

Then will I teach trans¹gressors · your ¹ ways:
and sinners shall ¹ turn to ¹ you a¹gain.

O Lord God of my salvation de¹liver me · from ¹
bloodshed:
and my ¹ tongue shall ¹ sing of · your ¹ righteousness.

O Lord ¹ open · my ¹ lips:
and my ¹ mouth · shall pro¹claim your ¹ praise.

You take no pleasure in sacrifice or ¹ I would ¹ give it:
burnt-¹offerings · you ¹ do not ¹ want.

The sacrifice of God is a ¹ broken ¹ spirit:
a broken and contrite heart O God ¹ you will ¹ not
de¹spise.

In your graciousness do ¹ good to ¹ Zion:
re¹build the ¹ walls · of Je¹rusalem.

Then will you delight in right sacrifices
in burnt-offerings ¹ and ob¹lations:
then will they offer young ¹ bulls up¹on your ¹ altar.

1 Why O man of power do you boast ¹ all the · day ¹ long:
of mischief done to ¹ him · that is ¹ faithful · to ¹ God?

2 You contrive de¹stroying ¹ slanders:
your tongue is like a sharpened ¹ razor ·
it ¹ cuts de¹ceitfully.

3 You have loved evil ¹ and not ¹ good:
to tell lies ¹ rather · than to ¹ speak the ¹ truth.

4 You love all words that ¹ may do ¹ hurt:
and ¹ every · de¹ceit · of the ¹ tongue.

5 But God will de¹stroy you ¹ utterly:
he will snatch you away and pluck you out of your
dwelling
he will up¹root you · from the ¹ land · of the ¹ living.

6 The righteous shall ¹ see it · and ¹ fear:
they shall ¹ laugh you · to ¹ scorn and ¹ say,

†7 ‘Behold this is the man
who did not take ¹ God · for his ¹ strength:
but trusted in the abundance of his riches
and ¹ found his ¹ strength in ¹ slander.’

8 As for me I am like a green olive tree in the ¹ house of ¹
God:
I will trust in the goodness of ¹ God for ¹ ever · and ¹
ever.

9 I will always give you thanks * for this was ¹ your ¹
doing:
I will glorify your name before the faithful
for ¹ it is ¹ good to ¹ praise you.

1 The fool has said in his heart ‘There is no God’: they have all become vile and abominable in their wickedness
there is not one that does good.

2 God looked down from heaven upon the children of men:
to see if there were any who would act wisely —
and seek after God.

3 But they have all turned aside
they have all alike become corrupt:
there is none that does good no not one.

4 Are all the evildoers devoid of understanding:
who eat up my people as men eat bread
and do not pray to God?

5 They shall be struck with terror:
for God will scatter the bones of the ungodly.

6 They shall be put to confusion:
because God has rejected them.

†7 O that deliverance for Israel might come forth from Zion:
when the Lord turns again the fortunes of his people
then shall Jacob rejoice and Israel be glad.

54

- 1 Save me O God by the ! power of · your ! name:
and ! vindicate · me ! by your ! might.
- 2 Hear my ! prayer O ! God:
and ! listen · to the ! words of · my ! mouth.
- 3 For the insolent have ! risen · a!gainst me:
ruthless men who have not set God before them !
seek my ! life.
- 4 But surely ! God is · my ! helper:
the Lord is the up!holder ! of my ! life.
- [5] Let evil recoil on those that ! would way!lay me:
O de!stroy them ! in your ! faithfulness!]
- 6 Then will I offer you sacrifice with a ! willing ! heart:
I will praise your name O ! Lord for ! it is ! good.
- [+]7 For you will deliver me from ! every ! trouble:
my eyes shall see the ! downfall ! of my ! enemies.

55

- 1 Hear my ! prayer O ! God:
and do not hide your'self from ! my pe!tition.
- 2 Give heed to ! me and ! answer me:
I am ! restless · in ! my com!plaining.
- 3 I am in turmoil at the ! voice · of the ! enemy:
at the ! onslaught ! of the ! wicked.

4 For they bring down dis'aster · up'on me:
they persecute ¹ me with ¹ bitter ¹ fury.

5 My heart ¹ writhes withⁱⁿ me:
and the terrors of ¹ death have ¹ fallen · up'on me.

6 Fear and trembling ¹ come up'on me:
and ¹ horror ¹ overwhelms me.

7 And I said ‘O for the ¹ wings · of a ¹ dove:
that I might fly a^{way} and ¹ find ¹ rest.

8 ‘Then I would ¹ flee far ¹ off:
and make my ¹ lodging ¹ in the ¹ wilderness.

9 ‘I would hasten to ¹ find me · a ¹ refuge:
out ¹ of the ¹ blast of ¹ slander,

10 ‘Out of the tempest of their ¹ calumny · O ¹ Lord:
and ¹ far · from their ¹ double ¹ tongues.’

11 For I have seen violence and ¹ strife · in the ¹ city:
day and night they go ¹ round it · up'on its ¹ walls.

12 Evil and wickedness ¹ are withⁱⁿ it:
iniquity is within it
oppression and fraud do ¹ not de'part · from its
streets.

13 It was not an enemy that reviled me
or I ¹ might have ¹ borne it:
it was not my foe that dealt so insolently with me
or I might have ¹ hidden · my^{'self} ¹ from him;

14 But it was you a ¹ man · like my^{'self}:
my companion ¹ and · my familiar ¹ friend.

†15 Together we en'joyed sweet ¹ fellowship:
in the ¹ house ¹ of our ¹ God.

[16 Let them pass a'way · in conf'usion:
 let death I carry · them I to des'truction;

17 Let them go down a'llive to I Sheol:
 for evil is a'mong them I in their I dwellings.]

18 But I will I call to I God:
 and the I Lord my I God will I save me.

19 At evening at morning I and at I noon-day:
 I com'plain and I groan a'loud.

20 And he will I hear my I voice:
 and I ransom · my I soul in I peace,

21 From those that bear I down up'on me:
 for I there are I many · a'gainst me.

22 God will hear and I bring them I low:
 he that I is en'throned for I ever.

23 For they do not I keep their I word:
 and they I have no I fear of I God.

24 They lay violent hands,
 on those that I are at I peace with them:
 they I break I solemn I covenants.

25 Their mouths are smooth as butter
 but war is I in their I hearts:
 their words are softer than oil
 yet I they are I drawn I swords.

26 Cast your burden on the Lord and I he · will sus'tain
 you:
 he will never suffer the I righteous I man to I stumble.

27 But as for them you will bring them I down O I God:
 even I to the I depths · of the I Pit.

†28 Bloodthirsty and deceitful men
shall not live out half their days:
but I will trust in you.

56

- 1 Be merciful to me O God for men are treading me down:
all day long my adversary presses upon me.
- 2 My enemies tread me down all the day:
for there are many that arrogantly fight against me.
- 3 In the hour of fear:
I will put my trust in you.
- 4 In God whose word I praise * in God I trust and I fear not:
what can flesh do to me?
- 5 All day long they afflict me with their words:
and every thought is how to do me evil.
- 6 They stir up hatred and conceal themselves:
they watch my steps while they lie in wait for my life.
- 7 Let there be no escape for them:
bring down the peoples in your wrath O God.

- 8 You have counted my anxious tossings
 put my ¹ tears · in your ¹ bottle:
 are not these things ¹ noted ¹ in your ¹ book?
- 9 In the day that I call to you my enemies shall ¹ turn ¹
 back:
 this I ¹ know for ¹ God is ¹ with me.
- 10 In God whose word I praise * in God I ¹ trust and ¹ fear
 not:
 what can ¹ man ¹ do to ¹ me?
- 11 To you O God must I perform my ¹ vows:
 I will pay the thank-offering ¹ that is ¹ due.
- 12 For you will deliver my soul from death
 and my ¹ feet from ¹ falling:
 that I may walk before ¹ God · in the ¹ light · of the ¹
 living.

57

- 1 Be merciful to me O ¹ God be ¹ merciful:
 for I ¹ come to ¹ you for ¹ shelter;
- 2 And in the shadow of your wings will ¹ I take ¹ refuge:
 until these ¹ troubles · are ¹ over-¹past.
- 3 I will call to ¹ God Most ¹ High:
 to the God who will ful¹fil his ¹ purpose ¹ for me.
- 4 He will send from ¹ heaven · and ¹ save me:
 he will send forth his faithfulness and his loving-kindness
 and rebuke ¹ those · that would ¹ trample · me ¹
 down.

5 For I lie amidst ¹ raven·ing ¹ lions:
men whose teeth are spears and arrows
and their ¹ tongue a ¹ sharpened ¹ sword.

6 Be exalted O God a¹bove the ¹ heavens:
and let your glory be ¹ over ¹ all the ¹ earth.

7 They have set a net for my feet and I am ¹ brought ¹
low:
they have dug a pit before me
but shall ¹ fall · into ¹ it them¹selves.

8 My heart is fixed O God my ¹ heart is ¹ fixed:
I will ¹ sing and ¹ make ¹ melody.

9 Awake my soul awake ¹ lute and ¹ harp:
for ¹ I · will a¹waken · the ¹ morning.

10 I will give you thanks O Lord a¹mong the ¹ peoples:
I will sing your ¹ praise a¹mong the ¹ nations.

11 For the greatness of your mercy ¹ reaches · to the ¹
heavens:
and your ¹ faithful·ness ¹ to the ¹ clouds.

12 Be exalted O God a¹bove the ¹ heavens:
and let your glory be ¹ over ¹ all the ¹ earth.

58

[1 Do you indeed decree what is ¹ just O ¹ rulers:
do you with uprightness ¹ judge the ¹ children · of ¹
men?

2 No you work in the land with I evil I heart:
you look on the violence I that your I hands have I
wrought.

3 The wicked are estranged I even · from the I womb:
they are liars that go a'stray I from their I birth.

4 They are venomous with the I venom · of I serpents:
like the deaf I asp that I stops its I ears,

†5 And will not heed the I voice · of the I charmers:
though the I binder · of I spells be I skilful.

6 Break their teeth O I God · in their I mouths:
shatter the jaws of the I young I lions · O I Lord.

7 Let them dissolve and drain a'way like I water:
let them be trodden down I let them I wither · like I
grass,

8 Like a woman's miscarriage that melts and I passes ·
a'way:
like an abortive birth that I has not I seen the I sun.

9 Before they know it let them be cut I down like I
thorns:
like brambles which a I man sweeps I angrily · a'side.

10 The righteous shall rejoice when he I sees the I ven-
geance:
he will wash his feet in the I blood of I the un'godly.

11 And men will say 'There is re'ward · for the I right-
eous:
there is indeed a I God who I judges · on I earth.]

1 Deliver me from my ¹ enemies · O ¹ God:
 lift me to safety from ¹ those that ¹ rise a^lagainst me;

2 O deliver me from the ¹ evil^{doers}:
 and ¹ save me · from ¹ blood-thirsty ¹ men.

3 For they lie in ¹ wait · for my ¹ life:
 savage men ¹ stir up ¹ violence · a^lagainst me.

4 Not for my sin or my transgression O Lord
 not for any ¹ evil · I have ¹ done:
 do they run and take ¹ up po^lsition · a^lagainst me.

(†)5 Arise to ¹ meet me · and ¹ see:
 you that are Lord of ¹ hosts and ¹ God of ¹ Israel.

[6 Awake to punish ¹ all the ¹ nations:
 have no mercy on those that so ¹ treacherous^{ly} ¹ do ¹
 wrong.]

7 They return every evening they ¹ howl like ¹ dogs:
 they ¹ prowl a^round the ¹ city.

8 Look how their ¹ mouths ¹ slaver:
 swords strike from their lips
 for they ¹ say ¹ ‘Who will ¹ hear it?’

9 But you O Lord will ¹ laugh them · to ¹ scorn:
 you will de^ride ¹ all the ¹ nations.

10 I will look to ¹ you · O my ¹ strength:
 for ¹ God is · my ¹ strong ¹ tower.

11 My God in his steadfastness will ¹ come to ¹ meet me:
 God will show me the ¹ downfall ¹ of my ¹ enemies.

12 Slay them not O Lord lest my ¹ people · for¹get:
but make them stagger by your ¹ power and ¹ bring
them ¹ down.

13 Give them over to punishment * for the sin of their
mouths for the ¹ words of · their ¹ lips:
let them be ¹ taken ¹ in their ¹ pride.

[14 For the curses and lies that they have uttered
O consume them ¹ in your ¹ wrath:
consume them ¹ till they ¹ are no ¹ more;]

[†]15 That men may know that God ¹ rules · over ¹ Jacob:
even to the ¹ ends ¹ of the ¹ earth.

16 They return every evening they ¹ howl like ¹ dogs:
they ¹ prowl a'round the ¹ city.

17 They roam here and there ¹ looking · for ¹ food:
and ¹ growl · if they ¹ are not ¹ filled.

18 But I will ¹ sing of · your ¹ might:
I will sing aloud each ¹ morning ¹ of your ¹ good-
ness.

19 For you have been my ¹ strong ¹ tower:
and a sure refuge in the ¹ day of ¹ my dis'tress.

†20 I will sing your praises ¹ O my ¹ strength:
for ¹ God is · my ¹ strong ¹ tower.

1 O God you have cast us ¹ off and ¹ broken us:
 you were enraged against us ¹ O re'store us · a'gain!

2 You have caused the land to quake you have ¹ rent it ¹
 open:
 heal the rifts for the ¹ earth ¹ quivers · and ¹ breaks.

3 You have steeped your people in a ¹ bitter ¹ draught:
 you have given them a ¹ wine to ¹ make them ¹ stagger.

4 You have caused those that fear you to ¹ take ¹ flight:
 so that they ¹ run ¹ from the ¹ bow.

†5 O save us by your right ¹ hand and ¹ answer us:
 that those whom you ¹ love may ¹ be de'livered.

6 God has said in his ¹ holy ¹ place:
 'I will exult and divide Shechem
 I will parcel ¹ out the ¹ valley · of ¹ Succoth.

7 'Gilead is mine and Ma'nasseh · is ¹ mine:
 Ephraim is my helmet and ¹ Judah · my ¹ rod · of
 com'mand.

†8 'Moab is my wash-bowl over Edom will I ¹ cast my ¹
 shoe:
 against Philistia ¹ will I ¹ shout in ¹ triumph.'

9 Who will lead me into the ¹ fortifi'd ¹ city:
 who will ¹ bring me ¹ into ¹ Edom?

10 Have you not cast us ¹ off O ¹ God?:
 you ¹ go not ¹ out · with our ¹ armies.

11 Give us your help a'gainst the ' enemy:
for ' vain • is the ' help of ' man.

12 By the power of our God we ' shall do ' valiantly:
for it is he that will ' tread ' down our ' enemies.

61

1 Hear my loud ' crying • O ' God:
and give ' heed ' to my ' prayer.

2 From the ends of the earth I call to you
when my ' heart ' faints:
O set me on the ' rock • that is ' higher • than ' I.

3 For you have ' been my ' refuge:
and my strong ' tower a'gainst the ' enemy.

4 I will dwell in your ' tent for ' ever:
and find shelter in the ' cover-ing ' of your ' wings.

5 For you have heard my ' vows O ' God:
you have granted the desire of ' those that ' fear your ' name.

6 You will give the ' king long ' life:
and his years shall endure through ' many ' genera-tions.

7 He shall dwell before ' God for ' ever:
loving-kindness and ' truth shall ' be his ' guard.

8 So will I ever sing praises ' to your ' name:
while I ' daily • per'form my ' vows.

- 1 My soul waits in ' silence · for ' God:
for from ' him comes ' my salvation.
- 2 He only is my rock and ' my salvation:
my strong tower so that ' I shall ' never · be ' moved.
- 3 How long will you all plot against a ' man · to de'stroy
him:
as though he were a leaning ' fence · or a ' buckling '
wall?
- 4 Their design is to thrust him from his height
and their de'light · is in ' lies:
they bless with their ' lips but ' inwardly · they '
curse.
- 5 Nevertheless my soul wait in ' silence · for ' God:
for from ' him ' comes my ' hope.
- 6 He only is my rock and ' my salvation:
my strong tower so that ' I shall ' not be ' moved.
- 7 In God is my deliverance ' and my ' glory:
God is my strong ' rock ' and my ' shelter.
- 8 Trust in him at all times ' O my ' people:
pour out your hearts before him for ' God ' is our '
refuge.
- 9 The children of men are but breath
the children of ' men · are a ' lie:
place them in the scales and they fly upward
they ' are as ' light as ' air.

10 Put no trust in extortion
 do not grow ¹ worthless · by ¹ robbery:
 if riches increase ¹ set not ¹ your ¹ heart up^{on} them.

11 God has spoken once twice have I ¹ heard him ¹ say:
 that ¹ power belongs to ¹ God,

12 That to the Lord belongs a ¹ constant ¹ goodness:
 for you reward a man according ¹ to his ¹ works.

63

1 O God ¹ you are · my ¹ God:
 eagerly ¹ will I ¹ seek ¹ you.

2 My soul thirsts for you my ¹ flesh ¹ longs for you:
 as a dry and thirsty ¹ land · where no ¹ water ¹ is.

3 So it was when I beheld you ¹ in the ¹ sanctuary:
 and I saw your ¹ power · and your ¹ glory.

4 For your unchanging goodness is ¹ better · than ¹ life:
 therefore my ¹ lips shall ¹ praise you.

5 And so I will bless you as ¹ long as · I ¹ live:
 and in your name will I ¹ lift my ¹ hands on ¹ high.

6 My longing shall be satisfied
 as with ¹ marrow · and ¹ fatness:
 my mouth shall ¹ praise you · with exultant ¹ lips.

7 When I remember you up^{on} my ¹ bed:
 when I meditate up^{on} you · in the ¹ night ¹ watches,

8 How you have ¹ been my ¹ helper:
 then I sing for joy in the ¹ shadow ¹ of your ¹ wings,

Then my soul clings to you:
and your right hand upholds me.

Those that seek my life are marked for destruction:
they shall go down to the deep places of the earth.

They shall be delivered to the sword:
they shall be a portion for jackals.

The king will rejoice in God
and all who take oaths on his name shall glory:
but the mouths of liars shall be stopped.

64

Hear my voice O God in my complaining:
preserve my life from fear of the enemy.

Hide me from the conspiracy of the wicked:
from the throng of evil-doers,

Who sharpen their tongues like swords:
who string the bow who take arrows of bitter words,

To shoot from hiding at the blameless man:
to strike at him suddenly and unseen.

They are confirmed in an evil purpose:
they confide it to one another while they lay the snares
saying 'Who will see them?'

They hatch mischief they hide a well-considered plan:
for the mind and heart of man is very deep.

7 But God will shoot at them with his ! swift ! arrows:
they shall be ! suddenly ! struck ! through.

8 The Lord will bring them down,
for what their ! tongues have ! spoken:
and all that see it shall ! toss their ! heads in ! scorn.

9 Then ! all men · shall ! fear:
and tell what the Lord has ! done and ! ponder · his !
works.

10 The righteous man shall rejoice in the Lord
and find in ! him his ! refuge:
and all the ! upright · in ! heart · shall exult.

65

1 You are to be praised O ! God in ! Zion:
to you shall vows be paid ! you that ! answer ! prayer.

2 To you shall all flesh come to con'fess their ! sins:
when our misdeeds prevail against us !
you will ! purge · them a'way.

†3 Blessed is the man whom you choose
and take to yourself to dwell with'in your ! courts:
we shall be filled with the good things
of your house ! of your ! holy ! temple.

4 You will answer us in your righteousness,
with terrible deeds O ! God our ! saviour:
you that are the hope of all the ends of the earth,
and ! of the ! distant ! seas;

5 Who by your strength made I fast the I mountains:
 you I that are I girded · with I power;

6 Who stilled the raging of the seas
 the I roaring · of the I waves:
 and the I tumult I of the I peoples.

7 Those who dwell at the ends of the earth
 are afraid at · your I wonders:
 the dawn and the I even·ing I sing your I praises.

8 You tend the I earth and I water it:
 you I make it I rich and I fertile.

9 The river of God is I full of I water:
 and so providing for the earth
 you pro'vide I grain for I men.

10 You drench its furrows you level the I ridges · beI-
 tween:
 you soften it with showers and I bless its I early I
 growth.

11 You crown the I year · with your I goodness:
 and the tracks where you have I passed I drip with I
 fatness.

12 The pastures of the I wilderness · run I over:
 and the I hills are I girded · with I joy.

13 The meadows are I clothed with I sheep:
 and the valleys stand so thick with corn
 they I shout for I joy and I sing.

- 1 O shout with joy to God ! all the ! earth:
sing to the honour of his name
and give him ! glory ! as his ! praise.
- 2 Say to God ‘How fearful ! are your ! works:
because of your great might,
your ! enemies . shall ! cower . be'fore you.’
- 3 All the ! earth shall ! worship you:
and sing to you and sing ! praises ! to your ! name.
- 4 Come then and see what ! God has ! done:
how terrible are his ! dealings . with the ! children .
of ! men.
- 5 He turned the sea into dry land
they crossed the ! river . on ! foot:
then ! were we ! joyful . be'cause of him.
- 6 By his power he rules for ever
his eyes keep ! watch . on the ! nations:
and rebels shall ! never ! rise a'gainst him.
- 7 O bless our ! God you ! peoples:
and cause his ! praises ! to re'sound,
- 8 Who has held our ! souls in ! life:
who has not ! suffered . our ! feet to ! slip.
- 9 For you have ! proved us . O ! God:
you have ! tried us . as ! silver . is ! tried.
- 10 You brought us ! into . the ! net:
you laid sharp ! torment ! on our ! loins.

†11 You let men ride over our heads
we went through ¹ fire and ¹ water:
but you brought us out ¹ into • a ¹ place of ¹ liberty.

12 I will come into your house with ¹ burnt-offerings:
and ¹ I will ¹ pay you • my ¹ vows,

13 The vows that ¹ opened • my ¹ lips:
that my mouth uttered ¹ when I ¹ was in ¹ trouble.

14 I will offer you burnt-offerings of fattened beasts
with the sweet ¹ smoke of ¹ rams:
I will sacrifice a ¹ bull • and the ¹ flesh of ¹ goats.

15 Come then and hear all ¹ you that • fear ¹ God:
and I will ¹ tell what ¹ he has ¹ done for me.

16 I called to him ¹ with my ¹ mouth:
and his ¹ praise was ¹ on my ¹ tongue.

17 If I had cherished wickedness ¹ in my ¹ heart:
the ¹ Lord would ¹ not have ¹ heard me.

18 But ¹ God has ¹ heard me:
he has ¹ heeded • the ¹ voice of • my ¹ prayer.

19 Praise ¹ be to ¹ God:
who has not turned back my prayer
or his ¹ steadfast ¹ love ¹ from me.

- 1 Let God be gracious to us and bless us:
and make his face shine upon us,
- 2 That your ways may be known on earth:
your liberating power among all nations.
- 3 Let the peoples praise you · O God:
let all the peoples praise you.
- 4 Let the nations be glad and sing:
for you judge the peoples with integrity
and govern the nations · upon earth.
- 5 Let the peoples praise you · O God:
let all the peoples praise you.
- 6 Then the earth will yield its fruitfulness:
and God our God will bless us.
- †7 God shall bless us:
and all the ends of the earth will fear him.

- 1 God shall arise and his enemies shall be scattered:
those that hate him shall flee before his face.
- 2 As smoke is dispersed so shall they be dispersed:
as wax melts before a fire
so shall the wicked perish · at the presence of
God.

3 But the righteous shall be glad and ex'ult be'fore ! God:
they ! shall re'joice with ! gladness.

4 O sing to God sing praises ! to his ! name:
glorify him that rode through the deserts
him whose name is the Lord ! and ex'ult be'fore him.

5 He is the father of the fatherless
he upholds the ! cause · of the ! widow:
God ! in his ! holy ! dwelling place.

6 He gives the desolate a home to dwell in
and brings the prisoners out ! into · pros'perity:
but rebels must ! dwell · in a ! barren ! land.

7 O God when you went out be'fore your ! people:
when you ! marched ! through the ! wilderness,

8 The earth shook the heavens ! poured down ! water:
before the God of Sinai before ! God the ! God of !
Israel.

9 You showered down a generous ! rain O ! God:
you prepared the land of your pos'session · when ! it
was ! weary.

10 And there your ! people ! settled:
in the place that your goodness O God
had made ! ready ! for the ! poor.

11 The Lord spoke the word * and great was the com-
pany of those that ! carried · the ! tidings:
'Kings with their armies are ! fleeing · are ! fleeing ·
a'way.

12 'Even the women at home may ! share · in the ! spoil:
and will you sit ! idly · a'mong the ! sheepfolds?

13 'There are images of doves,
 whose wings are ¹ covered · with ¹ silver:
 and their ¹ pinions · with ¹ shining ¹ gold.'

14 When the Almighty ¹ scattered ¹ kings:
 they were like snow ¹ falling · up¹on Mount ¹ Zalmon.

15 The mountain of Bashan is a ¹ mighty ¹ mountain:
 the mountain of Bashan is a ¹ mountain · of ¹ many ¹
 peaks.

16 O mountains of many peaks why ¹ look so ¹ enviously:
 at the mountain where God is pleased to dwell
 where the ¹ Lord · will re¹main for ¹ ever?

17 The chariots of God are twice ten thousand,
 and ¹ thousands up¹on ¹ thousands:
 the Lord came from Sinai ¹ into · his ¹ holy ¹ place.

18 When you ascended the heights,
 you led the enemy captive * you received ¹ tribute ·
 from ¹ men:
but rebels shall not ¹ dwell · in the ¹ presence · of ¹
 God.

19 Blessèd be the Lord day by day
 who bears us ¹ as his ¹ burden:
 he is the ¹ God of ¹ our de¹liverance.

20 God is to us a ¹ God who ¹ saves:
 by God the Lord do ¹ we es¹cape ¹ death.

[21 But God shall smite the ¹ heads · of his ¹ enemies:
 the hairy scalp of ¹ those that ¹ walk · in their ¹ sins.

22 The Lord said 'I will bring them ¹ back from ¹
Bashan:
I will bring them ^again · from the ¹ deep ¹ sea';

[†]23 That you may dip your ¹ feet in ¹ blood:
and the tongues of your ¹ dogs ·
in the ¹ blood of · your ¹ enemies.]

24 Your procession is ¹ seen O ¹ God:
the procession of my ¹ God and ¹ King · in the ¹
sanctuary.

25 The singers go before the mu'sicians · come ¹ after:
and around them the maidens ¹ beating ¹ on the ¹
timbrels.

26 In their choirs they ¹ bless ¹ God:
those that are sprung from the fount of ¹ Israel ¹ bless the ¹ Lord.

27 There is the little tribe of ¹ Benja-min ¹ leading them:
the throng of the princes of Judah
the princes of ¹ Zebulun · and the ¹ princes · of ¹
Naphtali.

28 Give the command my God * in accordance ¹ with your ¹
power:
that godlike ¹ power where¹by you ¹ act for us.

29 Give the command from your temple ¹ at Je'rusalem:
and ¹ kings shall ¹ bring you ¹ tribute.

30 Rebuke the beast of the reeds
the herd of bulls amidst the ¹ brutish ¹ peoples:
tread down those that are greedy for silver
scatter the ¹ peoples · that ¹ relish ¹ war.

31 Let them bring I bronze from I Egypt:
let the hands of the Nubians I carry · it I swiftly · to I
God.

32 Sing to God you I kingdoms · of the I earth:
O sing I praises I to the I Lord,

33 To him that rides upon the highest heavens
that were I from · the beginning:
who utters his voice which I is a I mighty I voice.

34 Ascribe power to God whose majesty is I over I Israel:
and his I might is I in the I clouds.

35 Terrible is God who comes from his I holy I place:
the God of Israel who gives
power and strength to his people I
Blessèd I be I God.

69

1 Save I me O I God:
for the waters have come up I even I to my I throat.

2 I sink in the deep mire I where no I footing is:
I have come into deep waters I and the I flood
sweeps I over me.

3 I am weary with crying out my I throat is I parched:
my eyes fail with I watching · so I long · for my I
God.

4 Those that hate me without cause
are more in number than the ¹ hairs · of my ¹ head:
those that would destroy me are many
they oppose me wrongfully
for I must restore ¹ things · that I ¹ never ¹ took.

5 O God you ¹ know my ¹ foolishness:
and my ¹ sins · are not ¹ hidden ¹ from you.

6 Let not those who wait for you
be shamed because of me
O Lord ¹ God of ¹ hosts:
let not those who seek you
be disgraced on ¹ my account ·
O ¹ God of ¹ Israel.

7 For your sake have I ¹ suffered · re¹proach:
and ¹ shame has ¹ covered · my ¹ face.

8 I have become a stranger ¹ to my ¹ brothers:
an alien ¹ to my ¹ own ¹ mother's ¹ sons.

9 Zeal for your house has ¹ eaten · me ¹ up:
and the taunts of those who taunt ¹ you have ¹
fallen · on ¹ me.

10 I afflicted my¹self with ¹ fasting:
and that was ¹ turned to ¹ my re¹proach.

11 I made ¹ sackcloth · my ¹ clothing:
and I became a ¹ byword ¹ to them.

12 Those who sit in the gate ¹ talk of ¹ me:
and the ¹ drunkards · make ¹ songs a¹bout me.

13 But to you Lord I ¹ make my ¹ prayer:
at ¹ an ac¹cepta·ble ¹ time.

14 Answer me O God in your abundant goodness:
and I with your sure deliverance.

15 Bring me out of the mire so that I may not sink:
let me be delivered from my enemies
and I from the deep waters.

16 Let not the flood overwhelm me
or the depths swallow me up:
let not the Pit shut its mouth upon me.

17 Hear me O Lord as your loving-kindness is good:
turn to me as your compassion is great.

18 Do not hide your face from your servant:
for I am in trouble O be swift to answer me!

19 Draw near to me and redeeme me:
O ransom me because of my enemies!

20 You know all their taunts:
my adversaries are all in your sight.

21 Insults have broken my heart:
my shame and disgrace are past healing.

22 I looked for someone to have pity on me
but there was no man:
for some to comfort me but found none.

†23 They gave me poison for food:
and when I was thirsty they gave me vinegar to drink.

[24] Let their table become a snare:
and their sacrificial feasts a trap.

25 Let their eyes be darkened so that they cannot see:
and make their loins shake continually.

26 Pour out your ¹ wrath up^{on} them:
and let your fierce ¹ anger ¹ overtake them.

27 Let their ¹ camp be ¹ desolate:
and let ¹ no man ¹ dwell ¹ in their ¹ tents.

28 For they persecute him whom ¹ you have ¹ stricken:
and multiply the pain of ¹ him whom ¹ you have ¹ wounded.

29 Let them have punishment up^{on} ¹ punishment:
let them ¹ not receive ¹ your for^{giveness}.

†30 Let them be blotted out of the ¹ book ¹ of the ¹ living:
let them not be written ¹ down a^{mong} the ¹ righteous.]

31 As for me I am ¹ poor ¹ and in ¹ misery:
O God let your de^{liver}ance ¹ lift me ¹ up.

32 And I will praise the name of ¹ God ¹ in a ¹ song:
and ¹ glorify ¹ him with ¹ thanksgiving.

33 And that will please the Lord ¹ more ¹ than an ¹ ox:
more than a bull with ¹ horns and ¹ cloven ¹ hoof.

34 Consider this you that are ¹ meek ¹ and re^{joice}:
seek God and ¹ let your ¹ heart be ¹ glad.

35 For the Lord ¹ listens ¹ to the ¹ poor:
he does not despise his ¹ servants ¹ in cap^{tivity}.

36 Let the heavens and the ¹ earth ¹ praise him:
the ¹ seas and ¹ all that ¹ moves in them.

37 For God will ¹ save ¹ Zion:
he will re^{built} the ¹ cities ¹ of ¹ Judah.

38 His people shall live there and possess it
the seed of his servants I shall inherit it:
and those who I love his I name shall I dwell in it.

70

- 1 O God be I pleased · to de'liver me:
O I Lord make I haste to I help me.
- 2 Let them be put to shame and confounded who I seek
my I life:
let them be turned back and dis'graced who I wish
me I evil.
- 3 Let them turn a'way for I shame:
who I say to me · 'A'ha a'ha!'
- 4 Let all who seek you be joyful and I glad be'cause of
you:
let those who love your salvation say I always I 'God
is I great.'
- 5 As for me I am I poor and I needy:
O I God be I swift to I save me.
- 6 You are my helper and I my de'liverer:
O I Lord make I no de'llay.

71

- 1 To you Lord have I I come for I shelter:
let me I never · be I put to I shame.
- 2 In your righteousness rescue I and de'lliver me:
incline your I ear to I me and I save me.

3 Be for me a rock of refuge * a fortress ¹ to defend me:
for you are my high ¹ rock ¹ and my ¹ stronghold.

4 Rescue me O my God from the ¹ hand · of the ¹ wicked:
from the grasp of the ¹ piti-less ¹ and un'just.

5 For you Lord ¹ are my ¹ hope:
you are my confidence O ¹ God · from my ¹ youth ¹
upward.

6 On you have I ¹ leaned · since my ¹ birth:
you are he that brought me out of my mother's womb
and my ¹ praise · is of ¹ you con'tinually.

7 I have become as a fearful ¹ warning · to ¹ many:
but ¹ you are · my ¹ strength · and my ¹ refuge.

8 My mouth shall be ¹ filled · with your ¹ praises:
I shall sing of your ¹ glory ¹ all the · day ¹ long.

9 Cast me not away in the ¹ time of · old ¹ age:
nor forsake me ¹ when my ¹ strength ¹ fails.

10 For my enemies ¹ speak a'gainst me:
and those that watch for my life
con'spire to'gether ¹ saying,

†11 'God ¹ has for'saken him:
pursue him take him for ¹ there is ¹ none to ¹ save
him.'

12 Be not far ¹ from me · O ¹ God:
my ¹ God make ¹ haste to ¹ help me.

13 Let my adversaries be confounded and ¹ put to ¹ shame:
let those who seek my hurt
be ¹ covered · with ¹ scorn · and dis'grace.

14 As for me I will wait in I hope con'tinually:
and I will I praise you I more and I more.

15 My mouth shall speak of your righteousness I all the I
day:
and tell of your salvation I though it · ex'ceeds my I
telling.

16 I will begin with the mighty acts of the I Lord my I
God:
and declare your righteous I dealing I yours a'lone.

17 O God you have taught me from my I youth I upward:
and to this day I pro'claim your I marvel-lous I works.

18 Forsake me not O God in my old age when I am I
grey-headed:
till I have shown the strength of your arm
to future generations * and your I might to I those
that · come I after.

19 Your righteousness O God I reaches · to the I heavens:
great are the things that you have done
O I God I who is I like you?

20 You have burdened me with many and bitter troubles
O I turn · and re'new me:
and raise me up a'gain · from the I depths · of the I
earth.

21 Bless me beyond my I former I greatness:
O I turn to me · a'gain and I comfort me.

22 Then will I praise you upon the lute
for your faithfulness I O my I God:
and sing your praises to the harp O I Holy I One of I
Israel.

23 My lips shall rejoice in · my I singing:
and my soul I also · for I you have I ransomed me.

†24 My tongue shall speak of your righteous dealing I
all the · day I long:
for they shall be put to shame and disgraced,
that I seek to I do me I evil.

72

- 1 Give the king your I judgement · O I God:
and your righteousness to the I son I of a I king,
- 2 That he may judge your I people I rightly:
and the I poor · of the I land with I equity.
- 3 Let the mountains be laden with peace,
be'cause of · his I righteousness:
and the hills also with pros'peri·ty I for his I people.
- 4 May he give justice to the poor a'mong the I people:
and rescue the children of the I needy ·
and I crush · the op'pressor.
- 5 May he live while the I sun en'dures:
and while the moon gives light through'out all I
gener'ations.
- 6 May he come down like rain upon the I new-mown I
fields:
and as I showers · that I water · the I earth.
- 7 In his time shall I righteous·ness I flourish:
and abundance of peace till the I moon shall I be no I
more.

8 His dominion shall stretch from ' sea to ' sea:
from the Great ' River · to the ' ends · of the ' earth.

9 His adversaries shall bow ' down be'fore him:
and his ' enemies · shall ' lick the ' dust.

10 The kings of Tarshish and of the isles
shall ' bring ' tribute:
the kings of Sheba and ' Seba · shall ' offer ' gifts.

†11 All kings shall fall ' down be'fore him:
and all ' nations ' do him ' service.

12 He will deliver the needy ' when they ' cry:
and the ' poor man · that ' has no ' helper.

13 He will pity the helpless ' and the ' needy:
and ' save the ' lives · of the ' poor.

†14 He will redeem them from op'pression · and '
violence:
and their blood shall be ' precious ' in his ' sight.

15 Long may he live and be given of the ' gold of ' Sheba:
may prayer be made for him continually
and men ' bless him ' every ' day.

16 Let there be abundance of ' wheat · in the ' land:
let it ' flourish · on the ' tops · of the ' mountains;

†17 Let its ears grow fat like the ' grain of ' Lebanon:
and its sheaves ' thicken · like the ' grass · of the ' field.

18 Let his name ' live for ' ever:
and en'dure as ' long · as the ' sun.

19 Let all peoples use his ¹ name in ¹ blessing:
and all ¹ nations ¹ call him ¹ blessed.

(20 Blessed be the Lord God the ¹ God of ¹ Israel:
who a^lone does ¹ great ¹ wonders.

21 Blessed be his glorious ¹ name for ¹ ever:
and let the whole earth be filled with his glory ¹
Amen¹A-¹men.)

73

1 God is indeed ¹ good to ¹ Israel:
to ¹ those whose ¹ hearts are ¹ pure.

2 Nevertheless my feet were ¹ almost ¹ gone:
my ¹ steps had ¹ well-nigh ¹ slipped.

3 For I was filled with envy ¹ at the ¹ boastful:
when I saw the un¹godly · had ¹ such tran¹quillity.

4 For they ¹ suffer · no ¹ pain:
and their ¹ bodies · are ¹ hale and ¹ fat.

5 They come to no mis¹fortune · like ¹ other folk:
nor ¹ are they ¹ plagued like ¹ other men.

6 Therefore they put on ¹ pride · as a ¹ necklace:
and clothe themselves in ¹ vio¹lence ¹ as · in a ¹ gar-
ment.

7 Their eyes shine from ¹ folds of ¹ fatness:
and they have ¹ all that ¹ heart could ¹ wish.

8 Their talk is ¹ malice · and ¹ mockery:
and they hand down ¹ slanders ¹ from on ¹ high.

9 Their mouths blasphemē a·gainst ' heaven:
and their tongues go ' to and ' fro on ' earth.

10 Therefore my ' people ' turn to them:
and ' find in ' them no ' fault.

11 They say ' 'How can · God ' know:
is there under'standing · in the ' Most ' High?'

12 Behold ' these are · the un'godly:
yet they ' prosper · and in'crease in ' riches.

13 Was it for nothing then that I ' cleansed my ' heart:
and I washed my ' hands in ' innocence?

14 Have I been stricken all day ' long in ' vain:
and re'buked ' every ' morning?

†15 If I had said ' 'I will · speak ' thus':
I should have betrayed the ' fami·ly ' of your ' children.

16 Then I thought to under'stand ' this:
but it ' was too ' hard ' for me,

17 Till I went into the ' sanctuary · of ' God:
and then I under'stood · what their ' end will ' be.

18 For you set them in ' slipper·y ' places:
and cause them to ' fall · from their ' treacher·ous ' footholds.

19 How suddenly they are ' laid ' waste:
they come to an ' end they ' perish · in ' terror.

†20 As with a dream when ' one a'wakes:
so when you rouse yourself O Lord !
you will · de'spise their ' image.

21 When my ' heart was ' soured:
and I was ' wounded ' to the ' core,

22 I was but ¹ brutish · and ¹ ignorant:
 no ¹ better · than a ¹ beast be¹fore you.

23 Nevertheless I am ¹ always ¹ with you:
 for you hold me ¹ by my ¹ right ¹ hand.

24 You will guide me ¹ with your ¹ counsel:
 and afterwards ¹ you will ¹ lead me · to ¹ glory.

25 Whom have I in ¹ heaven · but ¹ you?:
 and there is no one upon earth
 that I de¹sire · in com¹parison · with ¹ you.

26 Though my flesh and my ¹ heart ¹ fail me:
 you O ¹ God · are my ¹ portion · for ¹ ever.

27 Behold those who for¹sake you · shall ¹ perish:
 and all who whore after other ¹ gods you ¹ will de¹stroy.

28 But it is good for me to draw ¹ near to ¹ God:
 I have made the Lord God my refuge
 and I will tell of ¹ all that ¹ you have ¹ done.

74

1 O Lord our God why cast us ¹ off so ¹ utterly:
 why does your anger burn a¹gainst the ¹ sheep of ·
 your ¹ pasture?

2 Remember your congregation * whom you took
 to your¹self of ¹ old:
 the people that you redeemed to be
 your own possession
 and Mount ¹ Zion · where ¹ you have ¹ dwelt.

3 Rouse yourself and go to the ! utter ! ruins:
to all the harm that the ! enemy · has ! done · in the !
sanctuary.

4 Your adversaries have made uproar
in the place appointed ! for your ! praise:
they have set ! up their ! standards · in! triumph.

5 They have destroyed on ! every ! side:
like those who take axes ! up · to a ! thicket · of ! trees.

6 All the carved woodwork they have ! broken ! down:
and ! smashed it · with ! hammers · and ! hatchets.

7 They have set ! fire to · your ! sanctuary:
and defiled to the ground the ! dwelling- · place ! of
your ! name.

8 They have said in their hearts ‘Let us make ! havoc !
of them’:
they have burned down
all the holy ! places · of ! God · in the ! land.

9 We see no signs * there is not one ! prophet ! left:
there is none who knows how ! long these ! things
shall ! be.

10 How long shall the adversary ! taunt you · O ! God:
shall the enemy blas'pheme your ! name for ! ever?

†11 Why do you hold ! back your ! hand:
why do you keep your ! right hand ! in your ! bosom?

12 Yet God is my ! king · from of ! old:
who wrought de'liverance · up'on the ! earth.

13 You divided the ' sea · by your ' might:
you shattered the heads of the ' dragons ' in the ' waters.

14 You crushed the ' heads · of Le'viathan:
and gave him as food to the ' creatures · of the ' desert ' waste.

15 You cleft open ' spring and ' fountain:
you dried up the ' ever'flowing ' waters.

16 The day is yours * and so also ' is the ' night:
you have es'tablished · the ' moon · and the ' sun.

17 You set all the boundaries ' of the ' earth:
you cre'ated ' winter · and ' summer.

18 Remember O Lord the ' taunts · of the ' enemy:
how a mindless ' people · have blas'phemed your ' name.

19 Do not give to the wild beasts the ' soul that ' praises
you:
do not forget for ever the ' life of ' your af'flicted.

20 Look on all that ' you have ' made:
for it is full of darkness
and ' violence · in'habits · the ' earth.

21 Let not the oppressed and reviled turn a'way re'jected:
but let the poor and ' needy ' praise your ' name.

22 Arise O God * plead your ' own ' cause:
remember how a mindless people ' taunt you ' all
day ' long.

23 Do not forget the ' clamour · of your ' adversaries:
or how the shouting of your ' enemies · as'cends
con'tinually.

1 We give you thanks O God we ! give you ! thanks:
 we call upon your name
 and tell of all the ! wonders ! you have ! done.

2 'I will surely ap'point a ! time:
 when I the ! Lord will ! judge with ! equity.

3 'Though the earth shake and ! all who ! dwell in it:
 it is ! I · that have ! founded · its ! pillars.

4 'I will say to the boasters ! "Boast no ! more":
 and to the wicked ! "Do not ! flaunt your ! horns;

†5 ' "Do not flaunt your ! horns so ! high:
 or speak so ! proud and ! stiff- ! necked."

6 For there is none from the east or ! from the ! west:
 or from the wilderness ! who can ! raise ! up;

7 But it is God who ! is the ! judge:
 who puts down ! one · and ex'alts an'other.

8 For there is a cup in the ! Lord's ! hand:
 and the wine ! foams · and is ! richly ! mixed;

9 He gives it in turn to each of the ! wicked · of the ! earth:
 they drink it and ! drain it ! to the ! dregs.

10 But I will sing praises to the ! God of ! Jacob:
 I will ! glorify · his ! name for ! ever.

11 All the horns of the ! wicked · I will ! break:
 but the horns of the ! righteous · shall be ! lifted !
 high.

- 1 In Judah ! God is ! known:
his ! name is ! great in ! Israel.
- 2 At Salem ! is his ! tabernacle:
and his ! dwelling ! is in ! Zion.
- 3 There he broke in pieces the flashing ! arrows · of the ! bow:
the shield the ! sword · and the ! weapons · of ! battle.
- 4 Radiant in ! light are ! you:
greater in majesty ! than · the e!ternal ! hills.
- 5 The valiant were dumbfounded they ! sleep their ! sleep:
and all the men of ! war have ! lost their ! strength.
- 6 At the blast of your voice O ! God of ! Jacob:
both horse and ! chariot · were ! cast a'sleep.
- 7 Terrible are ! you Lord ! God:
and who may stand be'fore you · when ! you are ! angry?
- 8 You caused your sentence to be ! heard from ! heaven:
the earth ! feared ! and was ! still,
- 9 When God a'rose to ! judgement:
to ! save · all the ! meek · of the ! earth.
- 10 For you crushed the ! wrath of ! man:
you bridled the ! remnant ! of the ! wrathful.
- 11 O make vows to the Lord your ! God and ! keep them:
let all around him bring gifts
to him that is ! worthy ! to be ! feared.

12 For he cuts down the ¹ fury [·] of ¹ princes:
and he is terrible to the ¹ kings ¹ of the ¹ earth.

77

- 1 I call to my God I cry ¹ out to¹ward him:
I call to my God and ¹ surely ¹ he will ¹ answer.
- 2 In the day of my distress I seek the Lord
I stretch out my hands to ¹ him by ¹ night:
my soul is poured out without ceasing
it re¹fuses ¹ all ¹ comfort.
- 3 I think upon God and ¹ groan a¹loud:
I ¹ muse [·] and my ¹ spirit ¹ faints.
- 4 You hold my ¹ eyelids ¹ open:
I am so ¹ dazed [·] that I ¹ cannot ¹ flee.
- 5 I consider the ¹ times [·] that are ¹ past:
I remember the ¹ years of ¹ long a¹go.
- 6 At night I am ¹ grieved [·] to the ¹ heart:
I ponder ¹ and my ¹ spirit [·] makes ¹ search;
- 7 ‘Will the Lord cast us ¹ off for ¹ ever:
will he ¹ show us [·] his ¹ favour [·] no ¹ more?’
- 8 ‘Is his mercy clean ¹ gone for ¹ ever:
and his promise come to an ¹ end for ¹ all [·] gener¹-
ations?’
- 9 ‘Has God for¹gotten [·] to be ¹ gracious:
has he shut up his ¹ pity ¹ in dis¹pleasure?’

10 And I say * 'Has the right hand of the Most High
 lost its strength:
 has the arm · of the Lord · changed?'

11 I will declare the mighty acts · of the Lord:
 I will call to mind your wonders · of old.

12 I will think on all that you have done:
 and I meditate · up'on your works.

13 Your way O God is holy:
 who is so great a god as our God?

14 You are the God that works wonders:
 you made known your power a'mong the nations;

15 By your mighty arm you redeemeed your people:
 the children · of Jacob · and Joseph.

16 The waters saw you O God
 the waters saw you and were afraid:
 the depths also · were troubled.

17 The clouds poured out water the heavens spoke:
 and your arrows darted forth.

18 The voice of your thunder was heard · in the whirlwind:
 your lightnings lit the world
 the earth shuddered · and quaked.

19 Your way was in the sea * your path in the great
 waters:
 and your footsteps were not seen.

20 You led your people · like sheep:
 by the hand of Moses · and Aaron.

- 1 Give heed to my teaching ! O my ! people:
incline your ! ears • to the ! words of • my ! mouth;
- 2 For I will open my ! mouth • in a ! parable:
and expound the ! mysteries • of ! former ! times.
- 3 What we have ! heard and ! known:
what ! our fore!fathers • have ! told us,
- 4 We will not hide from their children
but declare to a generation ! yet to ! come:
the praiseworthy acts of the Lord
his ! mighty • and ! wonder·ful ! works.
- 5 He established a law in Jacob
and made a de!cree in ! Israel:
which he commanded our fore!fathers •
to ! teach their ! children,
- 6 That future generations might know
and the children ! yet un!born:
that they in turn might ! teach it ! to their ! sons;
- 7 So that they might put their ! confidence • in ! God:
and not forget his ! works but ! keep • his com!mand-
ments,
- 8 And not be as their forefathers
a stubborn and re'bellious • gener'ation:
a generation that did not set their heart aright
whose spirit ! was not ! faithful • to ! God.
- 9 The children of Ephraim ! armed • with the ! bow:
turned ! back • in the ! day of ! battle.

10 They did not keep God's covenant
 they refused to ¹ walk in · his ¹ law:
 they forgot what he had done
 and the ¹ wonders ¹ he had ¹ shown them.

11 For he did marvellous things,
 in the ¹ sight of · their ¹ fathers:
 in the land of Egypt ¹ in the ¹ country · of ¹ Zoan.

12 He divided the sea and ¹ let them · pass ¹ through:
 he made the ¹ waters · stand ¹ up · in a ¹ heap.

13 In the daytime he ¹ led them · with a ¹ cloud:
 and all night ¹ long · with the ¹ light of ¹ fire.

14 He cleft ¹ rocks · in the ¹ wilderness:
 and gave them drink in abundance ¹
 as from ¹ springs of ¹ water.

†15 He brought streams ¹ out of · the ¹ rock:
 and caused the waters to ¹ flow ¹ down like ¹ rivers.

16 But for all this they sinned yet ¹ more a^lgainst him:
 and rebelled against the Most ¹ High ¹ in the ¹ desert.

17 They wilfully put ¹ God · to the ¹ test:
 and de^{manded} ¹ food · for their ¹ appetite.

18 They spoke against ¹ God and ¹ said:
 'Can God prepare a ¹ table ¹ in the ¹ wilderness?

19 'He indeed struck the rock
 so that the waters gushed and the ¹ streams · over-
 flowed:
 but can he also give bread
 or provide ¹ meat ¹ for his ¹ people?'

20 When the Lord heard it he was angry
and a fire was kindled a'gainst ¹ Jacob:
his wrath ¹ blazed a'gainst ¹ Israel.

21 For they put no ¹ trust in ¹ God:
nor would they be'lieve his ¹ power to ¹ save.

†22 Then he commanded the ¹ clouds a'bove:
and ¹ opened · the ¹ doors of ¹ heaven.

23 He rained down manna for ¹ them to ¹ eat:
and ¹ gave them · the ¹ grain of ¹ heaven.

24 So men ate the ¹ bread of ¹ angels:
and he ¹ sent them ¹ food · in a'bundance.

25 He stirred up the south east ¹ wind · in the ¹ heavens:
and ¹ guided · it ¹ by his ¹ power.

26 He rained down meat upon them ¹ thick as ¹ dust:
and winged ¹ birds · like the ¹ sands · of the ¹ sea.

27 He made them fall into the ¹ midst of · their ¹ camp:
and ¹ all a'bout their ¹ tents.

28 So they ate and were ¹ well-f'illed:
for he had ¹ given · them ¹ what · they de'sired.

29 But before they had ¹ satisfied · their ¹ craving:
while the ¹ food was ¹ still in · their ¹ mouths,

30 The anger of God ¹ blazed · up a'gainst them:
and he slew their strongest men
and laid ¹ low the ¹ youth of ¹ Israel.

31 But for all this they ¹ sinned yet ¹ more:
and ¹ put no ¹ faith · in his ¹ wonders.

32 So he ended their ¹ days · like a ¹ breath:
and their ¹ years with ¹ sudden ¹ terror.

33 When he struck them down ¹ then they ¹ sought him:
they turned and ¹ sought ¹ eagerly · for ¹ God.

34 They remembered that ¹ God · was their ¹ rock:
that God Most ¹ High was ¹ their re¹deemer.

35 But they lied to him ¹ with their ¹ mouths:
and dis¹sembled ¹ with their ¹ tongues;

36 For their hearts were not ¹ fixed up¹on him:
nor ¹ were they ¹ true to · his ¹ covenant.

37 Yet he being merciful
forgave their iniquity and did ¹ not de¹stroy them:
many times he turned his anger aside
and would not ¹ wholly · a¹rouse his ¹ fury.

38 He remembered that they ¹ were but ¹ flesh:
like a wind that passes ¹ and does ¹ not re¹turn.

39 How often they rebelled against him ¹ in the ¹ wilderness:
and ¹ grieved him ¹ in the ¹ desert!

40 Again and again they put ¹ God · to the ¹ test:
and provoked the ¹ Holy ¹ One of ¹ Israel.

41 They did not re¹member · his ¹ power:
or the day when he re¹deemed them ¹ from the ¹
enemy;

42 How he wrought his ¹ signs in ¹ Egypt:
his ¹ wonders · in the ¹ country · of ¹ Zoan.

43 For he turned their ¹ rivers · into ¹ blood:
so that they ¹ could not ¹ drink · from the ¹ streams.

44 He sent swarms of ¹ flies · that devoured them:
and ¹ frogs that ¹ laid them ¹ waste.

45 He gave their ¹ crops · to the ¹ locust:
and the fruits of their ¹ labour ¹ to the ¹ grasshopper.

46 He struck down their ¹ vines with ¹ hailstones:
and their ¹ syco·more ¹ trees with ¹ frost.

47 He gave up their ¹ cattle · to the ¹ hail:
and their ¹ flocks · to the ¹ flash · of the ¹ lightning.

48 He loosed on them the fierceness of his anger
his fury his indignation ¹ and dis^{tress}:
and these were his ¹ messen·gers ¹ of de^{struc}tion.

49 He opened a ¹ path · for his ¹ fury:
he would not spare them from death
but gave ¹ up their ¹ lives · to the ¹ pestilence.

50 He struck down the ¹ firstborn · of ¹ Egypt:
the first-fruits of their manhood ¹
in the ¹ dwellings · of ¹ Ham.

51 As for his own people he led them ¹ out like ¹ sheep:
and guided them in the ¹ wilder·ness ¹ like a ¹ flock.

52 He led them in safety and they were ¹ not a^{fraid}:
but the ¹ sea ¹ covered · their ¹ enemies.

53 He brought them to his ¹ holy ¹ land:
to the mountains that his ¹ own right ¹ hand had ¹ won.

54 He drove out the nations before them
and apportioned their lands ¹ as a · pos^session:
and settled the tribes of ¹ Israel ¹ in their ¹ tents.

55 But they rebelled against God Most High,
and I put him · to the I test:
they would I not o'bey · his com'mandments.

56 They turned back and dealt treacherously I
like their I fathers:
they turned aside I slack · as an I unstrung I bow.

57 They provoked him to anger with their I heathen I
shrines:
and moved him to jealousy I with their I carved I
images.

58 God heard and was angry * he utterly re'jected I Israel:
he forsook the tabernacle at Shiloh
the I tent · where he I dwelt a·mong I men.

59 He gave the ark of his might I into · cap'tivity:
and his glory I into · the I hands · of the I enemy.

60 He delivered his I people · to the I sword:
and was enraged a'gainst his I own pos'session.

61 Fire de'veoured the · young I men:
there was I no one · to be'wail the I maidens;

62 Their priests I fell · by the I sword:
and there was I none to I mourn · for the I widows.

63 Then the Lord awoke like a I man · out of I sleep:
like a warrior that had been I over'come with I wine.

64 He struck the backs of his enemies I as they I fled:
and I put them · to per'petu.al I shame.

65 He rejected the I family · of I Joseph:
he re'fused the I tribe of I Ephraim.

66 But he chose the ¹ tribe of ¹ Judah:
and the hill of ¹ Zion ¹ which he ¹ loved.

67 He built his sanctuary like the ¹ heights of ¹ heaven:
like the earth which ¹ he had ¹ founded • for ¹ ever.

68 He chose ¹ David • his ¹ servant:
and ¹ took him ¹ from the ¹ sheepfolds;

69 He brought him from ¹ following • the ¹ ewes:
to be the shepherd of his people Jacob
and of ¹ Israel • his ¹ own pos'session.

70 So he tended them with ¹ upright ¹ heart:
and ¹ guided them • with ¹ skilful ¹ hand.

79

1 O God the heathen have ¹ come in•to your ¹ land:
they have defiled your holy temple
they have made Je'rusalem • a ¹ heap of ¹ stones.

2 They have given the dead bodies of your servants as food to the ¹ birds • of the ¹ air:
and the flesh of your faithful ones,
to the wild ¹ beasts ¹ of the ¹ earth.

3 Their blood they have spilt like water on every ¹ side • of Je'rusalem:
and ¹ there is ¹ none to ¹ bury them.

4 We have become a mockery ¹ to our ¹ neighbours:
the scorn and ¹ laughing-stock • of ¹ those a'bout us.

5 How long O Lord shall your anger be ¹ so ex'treme:
will your jealous ¹ fury ¹ burn like ¹ fire?

6 Pour out your wrath on the nations that I do not know
you:
on the kingdoms that have not I called up^{on} your name.

7 For they have devoured I Jacob:
and made his dwelling-place a desolation.

8 Do not remember against us the sin of former times:
but let your compassion hasten to meet us
for we are brought very low.

†9 Help us O God our saviour for the honour of your name:
O deliver us and expiate our sins for your name's sake.

[10 Why should the heathen say 'Where is their God?':
O let vengeance for the blood of your servants
that is shed
be shown upon the nations in our sight.]

11 Let the sorrowful sighing of the prisoners come before
you:
and as your power is great reprieve those con-
demned to die.

[12 For the taunts with which our neighbours
have taunted you O Lord:
repay them seven times over into their bosoms.]

13 So we that are your people and the sheep of your pasture
shall give you thanks for ever:
we will declare your praise in every generation.

1 Hear O Shepherd of Israel
 you that led I Joseph • like a I flock:
 you that are enthroned upon the cherubim I
 shine I out in I glory;

2 Before Ephraim Benjamin I and Man'asseh:
 stir up your I power and I come to I save us.

†3 Restore us again O I Lord of I hosts:
 show us the light of your countenance I
 and we I shall be I saved.

4 O Lord I God of I hosts:
 how long will you be I angry • at your I people's I
 prayer?

5 You have fed them with the I bread of I tears:
 and given them tears to I drink in I good I measure.

6 You have made us the victim I of our I neighbours:
 and our I ene·mies I laugh us • to I scorn.

7 Restore us again O I Lord of I hosts:
 show us the light of your countenance I
 and we I shall be I saved.

8 You brought a I vine • out of I Egypt;
 you drove out the I nations • and I planted • it I in.

9 You cleared the I ground be·fore it:
 and it struck I root and I filled the I land.

10 The hills were I covered • with its I shadow:
 and its boughs were like the I boughs • of the I great I
 cedars.

11 It stretched out its I branches • to the I sea:
 and its tender I shoots • to the I Great I River.

12 Why then have you broken ¹ down its ¹ walls:
so that every passer-¹by can ¹ pluck its ¹ fruit?

13 The wild boar out of the woods ¹ roots it ¹ up:
and the locusts from the ¹ wild ¹ places ¹ de¹vour it.

14 Turn to us again O ¹ Lord of ¹ hosts:
look ¹ down from ¹ heaven ¹ and ¹ see.

15 Bestow your care up¹on this ¹ vine:
the stock which your ¹ own right ¹ hand has ¹ planted.

16 As for those that burn it with fire and ¹ cut it ¹ down:
let them perish
at the re¹buke ¹ of your ¹ countenance.

17 Let your power rest on the man at your ¹ right ¹ hand:
on that son of man whom you ¹ made so ¹ strong ¹
for your¹self.

18 And so we shall ¹ not turn ¹ back from you:
give us life ¹ and we will ¹ call up¹on your ¹ name.

19 *Restore us again O ¹ Lord of ¹ hosts:*
show us the light of your countenance ¹
and we ¹ shall be ¹ saved.

1 O sing joyfully to ¹ God our ¹ strength:
shout in ¹ triumph · to the ¹ God of ¹ Jacob.

2 Make music and ¹ beat up·on the ¹ drum:
sound the ¹ lute and · the mel·odi·ous ¹ harp.

3 Blow the ram's horn at the ¹ new ¹ moon:
and at the full moon ¹ of our ¹ day of ¹ festival.

4 For this was a ¹ statute · for ¹ Israel:
a com·mandment · of the ¹ God of ¹ Jacob,

†5 Which he laid on Joseph as a ¹ solemn ¹ charge:
when he came ¹ out of · the ¹ land of ¹ Egypt.

6 I heard a voice that I had not ¹ known ¹ saying:
'I eased your shoulders of the burden
and your ¹ hands were ¹ freed · from the ¹ load.

7 'You called to me in trouble ¹ and I ¹ rescued you:
I answered you from the secret place of my thunder
I put you to the ¹ test · at the ¹ waters · of ¹ Meribah.

8 'Listen my people and ¹ I · will ad·monish you:
O Israel if ¹ only ¹ you would ¹ hear me.

9 'There shall be no strange ¹ god a·mong you:
nor shall you bow ¹ down · to an ¹ ali·en ¹ god.

†10 'I am the Lord your God
who brought you up from the ¹ land of ¹ Egypt:
open wide your ¹ mouth and ¹ I will ¹ fill it.

11 'But my people would not ¹ listen · to my ¹ voice:
and ¹ Israel ¹ would have ¹ none of me.

12 'So I left them to the stubbornness ¹ of their ¹ hearts:
 to walk ac^{cording} · to their ¹ own de^signs.

13 'If only my ¹ people · would ¹ listen:
 if Israel ¹ would but ¹ walk in · my ¹ ways,

14 'I would soon put ¹ down their ¹ enemies:
 and turn my ¹ hand a^{gainst} their ¹ adversaries.

15 'Those that hate the Lord would ¹ cringe be^{for}e him:
 and their ¹ punishment · would ¹ last for ¹ ever.

16 'But Israel! I would feed with the ¹ finest ¹ wheat:
 and satisfy you with ¹ honey ¹ from the ¹ rocks.'

82

1 God has stood up in the ¹ council · of ¹ heaven:
 in the midst of the ¹ gods ¹ he gives ¹ judgement.

2 'How long will you ¹ judge un¹justly:
 and ¹ favour · the ¹ cause · of the ¹ wicked?

3 'Judge for the ¹ poor and ¹ fatherless:
 vindicate the af[']flicted ¹ and op[']pressed.

4 'Rescue the ¹ poor and ¹ needy:
 and ¹ save them · from the ¹ hands · of the ¹ wicked.

5 'They do not know they do not understand
 they walk a[']bout in ¹ darkness:
 all the found[']ations · of the ¹ earth are ¹ shaken.

6 'Therefore I say ¹ "Though · you are ¹ gods:
 and all of you ¹ sons · of the ¹ Most ¹ High,

7 "Nevertheless you shall die like man:
and fall like one of the princes."

8 Arise O God and judge the earth:
for you shall take all nations as your possession.

83

1 Hold not your peace O God:
O God be not silent or unmoved.

2 See how your enemies make uproar:
how those that hate you have lifted up their heads.

3 For they lay shrewd plots against your people:
they scheme against those whom you have cherished.

4 'Come' they say 'let us destroy them
that they may no longer be a nation:
that the very name of Israel may be remembered
no more.'

5 With one mind they conspire together:
they make alliance against you,

6 The tribes of Edom and the Ishmaelites:
the people of Moab and the Hagarites,

7 Gebal and Ammon and Amalek:
Philistia and the inhabitants of Tyre;

8 Asshur also is joined with them:
and lends a friendly arm to the children of Lot.

9 Do to them as you I did to I Midian:
as to Sisera and Jabin I at the I river · of I Kishon,

10 Who were de'stroyed at I Endor:
and be'came like I dung · for the I earth.

11 Make their leaders as I Oreb · and I Zeeb:
and all their princes like I Zebah I and Zal'munna,

12 Who said 'Let us I take pos'session:
let us I seize the I pastures · of I God.'

13 Make them like I thistledown · my I God:
or like chaff I blown be'fore the I wind.

14 As fire con'suming · a I thicket:
or as flame that I sets the I hillsides · a'blaze,

15 Pursue them I with your I tempest:
and I terrify · them I with your I storm-wind.

16 Cover their faces with I shame O I Lord:
that I they may I seek your I name.

[17 Let them be disgraced and dis'mayed for I ever:
let them I be con'founded · and I perish,]

(†)18 That they may know that you whose I name · is the I
Lord:
are alone the Most I High · over I all the I earth.

1 How lovely is your dwelling-place:
O Lord God of hosts!

2 My soul has a desire and longing
to enter the courts of the Lord:
my heart and my flesh rejoice in the living God.

3 The sparrow has found her a home
and the swallow a nest where she may lay her young:
even your altar O Lord of hosts my King
and my God.

4 Blessed are those who dwell in your house:
they will always be praising you.

5 Blessed is the man whose strength is in you:
in whose heart are the highways to Zion;

6 Who going through the valley of dryness
finds there a spring from which to drink:
till the autumn rain shall clothe it with blessings.

†7 They go from strength to strength:
they appear every one of them
before the God of gods in Zion.

8 O Lord God of hosts hear my prayer:
give ear O God of Jacob.

9 Behold O God him who reigns over us:
and look upon the face of your anointed.

10 One day in your courts is ¹ better · than a ¹ thousand:
 I would rather stand at the threshold of the house
 of my God
 than ¹ dwell · in the ¹ tents of · un¹godliness.

11 For the Lord God is a rampart and a shield
 the Lord gives ¹ favour · and ¹ honour:
 and no good thing will he withhold
 from ¹ those who ¹ walk in ¹ innocence.

† 12 O Lord ¹ God of ¹ hosts:
 blessèd is the man who ¹ puts his ¹ trust in ¹ you.

85

1 O Lord you were gracious ¹ to your ¹ land:
 you re¹stored the ¹ fortunes · of ¹ Jacob.

2 You forgave the iniquity ¹ of your ¹ people:
 and ¹ covered ¹ all their ¹ sin.

3 You put aside ¹ all your ¹ wrath:
 and turned away from your ¹ fierce ¹ indig¹nation.

4 Return to us again O ¹ God our ¹ saviour:
 and ¹ let your ¹ anger ¹ cease from us.

5 Will you be displeased with ¹ us for ¹ ever:
 will you stretch out your wrath
 from one generation ¹ to an¹other?

6 Will you not give us ¹ life a¹gain:
 that your ¹ people ¹ may re¹joice in you?

†7 Show us your ¹ mercy · O ¹ Lord:
and ¹ grant us ¹ your salvation.

8 I will hear what the Lord ¹ God will ¹ speak:
for he will speak peace to his people
to his faithful ones whose ¹ hearts are ¹ turned to ¹
him.

9 Truly his salvation is near to ¹ those that ¹ fear him:
and his ¹ glory · shall ¹ dwell · in our ¹ land.

10 Mercy and truth are ¹ met to¹gether:
righteousness and ¹ peace have ¹ kissed each ¹ other;

11 Truth shall flourish ¹ out of · the ¹ earth:
and righteousness ¹ shall look ¹ down from ¹ heaven.

12 The Lord will also give us ¹ all · that is ¹ good:
and our ¹ land shall ¹ yield its ¹ plenty.

13 For righteousness shall ¹ go be¹fore him:
and tread the ¹ path be¹fore his ¹ feet.

86

1 Incline your ear to me O ¹ God and ¹ answer me:
for ¹ I am ¹ poor · and in ¹ misery.

2 Preserve my life for ¹ I am ¹ faithful:
my God save your servant who ¹ puts his ¹ trust in ¹
you.

3 Be merciful to ¹ me O ¹ Lord:
for I ¹ call to · you ¹ all the · day ¹ long.

4 O make glad the ¹ soul of · your ¹ servant:
for I put my ¹ hope in ¹ you O ¹ Lord.

5 For you Lord are ¹ good · and for¹giving:
of great and continuing kindness
to ¹ all who ¹ call up¹on you.

6 Hear my ¹ prayer O ¹ Lord:
and give heed to the ¹ voice · of my ¹ suppli¹cation.

†7 In the day of my trouble I ¹ call up¹on you:
for ¹ you will ¹ surely ¹ answer.

8 Among the gods there is none like ¹ you O ¹ Lord:
nor are there ¹ any ¹ deeds like ¹ yours.

9 All the nations you have made,
shall come and ¹ worship · be¹fore you:
O Lord they shall ¹ glorify your ¹ name.

10 For you are great and do ¹ marvel·lous ¹ things:
and ¹ you a¹lone are ¹ God.

11 Show me your way O Lord and I will ¹ walk in · your ¹
truth:
let my heart de¹light to ¹ fear your ¹ name.

12 I will praise you O Lord my God with ¹ all my ¹ heart:
and I will ¹ glorify · your ¹ name for ¹ ever.

13 For great is your abiding ¹ love to¹ward me:
and you have delivered my life
from the ¹ lowest ¹ depths · of the ¹ grave.

14 Insolent men O God have ¹ risen · al¹gainst me:
a band of ruthless men seek my life
they have not set ¹ God be¹fore their ¹ eyes.

15 But you Lord are a God ! gracious · and com!passionate:
slow to anger ! full of ! goodness · and ! truth.

16 Turn to me and be merciful
give your ! strength · to your ! servant:
and ! save the ! son of · your ! handmaid.

17 Show me some token ! of your ! goodness:
that those who hate me may see it and be ashamed
because you Lord are my ! helper ! and my !
comforter.

87

1 He has founded it upon a ! holy ! hill:
and the Lord loves the gates of Zion,
more than ! all the ! dwellings · of ! Jacob.

2 Glorious things shall be ! spoken · of ! you:
O Zion ! city ! of our ! God.

3 I might speak of my kinsmen in Egypt ! or in ! Babylon:
in Philistia Tyre or Nubia ! where ! each was ! born.

4 But of Zion it ! shall be ! said:
many were born in her
he that is Most ! High ! has es!tablished her.

5 When the Lord draws up the record ! of the ! nations:
he shall take note where ! every ! man was ! born.

6 And the singers and the ! dancers · to!gether:
shall ! make their ! song · to your ! name.

1 O Lord my God I call for help by day:
and by night also I cry out before you.

2 Let my prayer come into your presence:
and turn your ear to my loud crying.

†3 For my soul is filled with trouble:
and my life has come even to the brink of the grave.

4 I am reckoned among those that go down to the Pit:
I am a man that has no help.

5 I lie among the dead
like the slain that sleep in the grave:
whom you remember no more
who are cut off from your power.

6 You have laid me in the lowest Pit:
in darkness and in the watery depths.

7 Your wrath lies heavy upon me:
and all your waves are brought against me.

8 You have put my friends far from me:
and made me to be abhorred by them.

9 I am so fast in prison I cannot get free:
my eyes fail because of my affliction.

10 Lord I call to you every day:
I stretch out my hands toward you.

11 Will you work wonders for the dead:
or will the shades rise up again to praise you?

12 Shall your love be declared · in the ' grave:
or your faithfulness ' in the ' place · of destruction?

13 Will your wonders be made ' known · in the ' dark:
or your righteousness,
in the land where ' all things ' are forgotten?

14 But to you Lord ' will I ' cry:
early in the morning my ' prayer shall ' come before
you.

15 O Lord why have ' you rejected me:
why do you ' hide your ' face ' from me?

16 I have been afflicted and wearied from my ' youth '
upward:
I am tossed high and ' low I ' cease to ' be.

17 Your fierce anger has ' over'whelmed me:
and your ' terrors · have ' put me · to ' silence.

18 They surround me like a flood ' all the · day ' long:
they close up'on me · from ' every ' side.

19 Friend and acquaintance you have put ' far ' from me:
and kept my com'panions ' from my ' sight.

- 1 Lord I will sing for ever of your loving-kindnesses:
my mouth shall proclaim your faithfulness
throughout all generations.
- 2 I have said of your loving-kindness
that it is built for ever:
you have established your faithfulness in the
heavens.
- 3 The Lord said 'I have made a covenant with my
chosen:
I have sworn an oath to my servant David.
- 4 'I will establish your line for ever:
and build up your throne for all generations.'

- 5 Let the heavens praise your wonders · O Lord:
and let your faithfulness be sung
in the assembly of the holy ones.
- 6 For who amidst the clouds can be compared · to the
Lord:
or who is like the Lord among the sons of heaven?
- 7 A God to be feared in the council of the holy ones:
great and terrible above all that are around him.
- 8 O Lord God of hosts who is like you?:
your power and your faithfulness · are all about
you.
- 9 You rule the raging · of the sea:
when its waves surge you still them.

10 You crushed Rahab ¹ like a ¹ carcase:
you scattered your enemies ¹ by your ¹ mighty ¹ arm.

11 The heavens are yours * so also ¹ is the ¹ earth:
you founded the ¹ world and ¹ all · that is ¹ in it.

12 You created the ¹ north · and the ¹ south:
Tabor and Mount ¹ Hermon · shall ¹ sing of · your ¹
name.

13 Mighty ¹ is your ¹ arm:
strong is your hand * and your right ¹ hand is ¹ lifted ¹
high.

14 Righteousness and justice are the foundation ¹ of your ¹
throne:
loving-kindness and ¹ faithfulness · attend your ¹
presence.

15 Happy the people who know the triumphal ¹ shout:
who walk O ¹ Lord · in the ¹ light of · your ¹ count-
enance.

16 They rejoice all the day long be'cause of · your ¹ name:
because of your ¹ righteousness · they ¹ are exalted.

17 For you are their glory ¹ and their ¹ strength:
and our heads are up'lifted ¹ by your ¹ favour.

18 Our king be'longs · to the ¹ Lord:
he that rules over us to the ¹ Holy ¹ One of ¹ Israel.

19 You spoke ¹ once · in a ¹ vision:
and ¹ said ¹ to your ¹ faithful one,

20 'I have set a youth a'bove a ¹ warrior:
I have exalted a ¹ young man ¹ out of · the ¹ people.

21 'I have found my ¹ servant ¹ David:
and anointed him ¹ with my ¹ holy ¹ oil.

22 'My hand ¹ shall up¹hold him:
and my ¹ arm ¹ shall ¹ strengthen him.

23 'No enemy ¹ shall de¹ceive him:
no ¹ evil ¹ man shall ¹ hurt him.

24 'I will crush his ¹ adversaries · be¹fore him:
and I strike down ¹ those that ¹ hate him.

25 'My faithfulness and loving-kindness ¹ shall be ¹ with
him:
and through my name his ¹ head · shall be ¹ lifted ¹
high.

26 'I will set the hand of his dominion
upon the ¹ Western ¹ Sea:
and his right hand shall stretch
to the ¹ streams of ¹ Meso[·]potamia.

27 'He will call to me ¹ "You · are my ¹ Father:
my God and the ¹ Rock of ¹ my salvation."

28 'I will make him my ¹ first-born ¹ son:
and highest a¹mong the ¹ kings · of the ¹ earth.

29 'I will ever maintain my loving-¹kindness · to¹ward him:
and my covenant ¹ with him · shall ¹ stand ¹ firm.

30 'I will establish his ¹ line for ¹ ever:
and his ¹ throne · like the ¹ days of ¹ heaven.

31 'If his children for¹sake my ¹ law:
and I will not ¹ walk in · my ¹ judgements;

32 'If they pro¹fane my ¹ statutes:
and I do not ¹ keep · my com¹mmandments,

33 'Then I will punish their re^lbellion · with the ^l rod:
and ^l their in^liquity · with ^l blows.

34 'But I will not cause my loving-^lkindness · to ^l cease
from him:
nor will ^l I be^ltray my ^l faithfulness.

35 'I will not pro^lfane my ^l covenant:
or alter ^l what has ^l passed from · my ^l lips.

36 'Once and for all I have ^l sworn · by my ^l holiness:
I will ^l not prove ^l false to ^l David.

37 'His posterity shall en^ldure for ^l ever:
and his throne be ^l as the ^l sun be^lfore me;

38 'Like the moon that is es^ltablished · for ^l ever:
and stands in the ^l heavens · for ^l ever^lmore.'

39 Yet you have been enraged a^lgainst · your an^lointed:
you have ab^lhorred him ^l and re^ljected him.

40 You have spurned the covenant ^l with your ^l servant:
and de^lfiled his ^l crown · to the ^l dust.

41 You have broken down ^l all his ^l walls:
and ^l made his ^l strongholds ^l desolate.

42 All that pass ^l by ^l plunder him:
he has be^lcome the ^l scorn of · his ^l neighbours.

43 You have exalted the right hand ^l of his ^l adversaries:
and ^l gladdened ^l all his ^l enemies.

44 His bright sword you have ^l turned ^l backward:
you have not en^labled him · to ^l stand · in the ^l battle.

45 You have brought his ^l lustre · to an ^l end:
you have ^l cast his ^l throne · to the ^l ground.

46 You have cut short the ¹ days of · his ¹ youth:
and ¹ clothed him ¹ with dis¹honour.

47 How long O Lord will you hide your¹self so ¹ utterly:
how long shall your ¹ fury ¹ burn like ¹ fire?

48 Remember how I draw to my e¹ternal ¹ end:
have you created ¹ all man¹kind for ¹ nothing?

49 Where is the man who can live and ¹ not see ¹ death:
who can deliver his ¹ life · from the ¹ power · of the ¹
grave?

50 Where O Lord are your loving-¹kindnesses · of ¹ old:
which you have vowed to ¹ David ¹ in your ¹ faith-
fulness?

51 Remember O Lord how your servant ¹ is re¹viled:
how I bear in my bosom the ¹ onslaught ¹ of the ¹
peoples;

52 Remember how your ¹ ene¹mies ¹ taunt:
how they mock the ¹ footsteps · of ¹ your an¹ointed.

(†)(53) Blessed be the ¹ Lord for ¹ ever:
A¹men and ¹ A-¹men.)

- 1 Lord you have ¹ been our ¹ refuge:
from one gener¹ation ¹ to an¹other.
- 2 Before the mountains were born
or the earth and the world were ¹ brought to ¹ be:
from eternity to e¹terni¹ty ¹ you are ¹ God.
- 3 You turn man¹ back · into ¹ dust:
saying ‘Return to ¹ dust you ¹ sons of ¹ Adam.’
- 4 For a thousand years in your sight
are like ¹ yester¹day ¹ passing:
or ¹ like one ¹ watch · of the ¹ night.
- 5 You cut them ¹ short · like a ¹ dream:
like the fresh ¹ grass ¹ of the ¹ morning;
- 6 In the morning it is ¹ green and ¹ flourishes:
at evening it is ¹ withered · and ¹ dried ¹ up.
- 7 And we are con¹sumed · by your ¹ anger:
because of your indig¹nation · we ¹ cease to ¹ be.
- 8 You have brought our in¹iquities · be¹fore you:
and our secret ¹ sins · to the ¹ light of · your ¹ count-
enance.
- 9 Our days decline be¹neath your ¹ wrath:
and our years ¹ pass a¹way · like a ¹ sigh.
- 10 The days of our life are three score years and ten
or if we have ¹ strength four ¹ score:
the pride of our labours is but toil and sorrow
for it passes quickly a¹way and ¹ we are ¹ gone.

11 Who can know the ¹ power of · your ¹ wrath:
 who can know your indig^{nation} · like ¹ those that ¹
 fear you?

12 Teach us so to ¹ number · our ¹ days:
 that we may aplly our ¹ hearts to ¹ wisdom.

13 Relent O Lord * how long will ¹ you be ¹ angry?:
 take ¹ pity ¹ on your ¹ servants.

14 O satisfy us early ¹ with your ¹ mercy:
 that all our days we ¹ may rejoice and ¹ sing.

15 Give us joy for all the days you ¹ have af'flicted us:
 for the ¹ years · we have ¹ suffered · ad'versity.

16 Show your ¹ servants · your ¹ work:
 and let their ¹ children ¹ see your ¹ glory.

†17 May the gracious favour of the Lord our ¹ God · be
 up¹on us:
 prosper the work of our hands
 O ¹ prosper · the ¹ work · of our ¹ hands!

91

1 He who dwells in the shelter of the ¹ Most ¹ High:
 who abides under the ¹ shadow ¹ of the · Al'mighty,

2 He will say to the Lord
 ‘You are my refuge ¹ and my ¹ stronghold:
 my ¹ God in ¹ whom I ¹ trust.’

3 For he will deliver you from the ' snare · of the ' hunter:
and ' from the · de'stroying ' curse.

4 He will cover you with his wings
and you will be safe ' under · his ' feathers:
his faithfulness will ' be your ' shield · and de'fence.

5 You shall not be afraid of any ' terror · by ' night:
or of the ' arrow · that ' flies by ' day,

6 Of the pestilence that walks a'bout in ' darkness:
or the ' plague · that de'stroys at ' noonday.

7 A thousand may fall beside you
and ten thousand at your ' right ' hand:
but ' you it ' shall not ' touch;

8 Your own ' eyes shall ' see:
and look on the re'ward ' of the · un'godly.

9 The Lord him'self · is your ' refuge:
you have ' made the · Most ' High your ' stronghold.

10 Therefore no ' harm · will be'fall you:
nor will any ' scourge come ' near your ' tent.

11 For he will com'mand his ' angels:
to ' keep you · in ' all your ' ways.

12 They will bear you ' up · in their ' hands:
lest you dash your ' foot a'gainst a ' stone.

13 You will tread on the ' lion · and the ' adder:
the young lion and the serpent
you will ' trample ' under ' foot.

14 'He has set his love upon me
and therefore I ' will de'liver him:
I will lift him out of danger be'cause · he has ' known
my ' name.

15 'When he calls upon me I will answer him:
I will be with him in trouble
I will rescue him · and I bring him · to I honour.

16 'With long I life · I will I satisfy him:
and I fill him · with I my salvation.'

92

1 How good to give I thanks · to the I Lord:
to sing praises to your I name I O Most I High,

2 To declare your I love · in the I morning:
and at I night to I sing of · your I faithfulness,

†3 Upon the lute upon the lute of I ten I strings:
and to the I melody I of the I lyre.

4 For in all you have done O Lord you have I made me I
glad:
I will sing for joy be'cause of · the I works · of your I
hands.

5 Lord how glorious I are your I works:
your I thoughts are I very I deep.

6 The brutish do I not consider:
and the I fool · cannot I understand

7 That though the wicked I sprout like I grass:
and I all wrong'doers I flourish,

8 They flourish to be de'stroyed · for I ever:
but you Lord are ex'altered · for I ever'more.

9 For behold your enemies O Lord,
your enemies · shall perish:
and all the workers of wickedness · shall be ·
scattered.

10 You have lifted up my head
like the horns of the wild oxen:
I am anointed · with fresh oil;

11 My eyes have looked down · on my enemies:
and my ears have heard the ruin
of those who · rose up against me.

12 The righteous shall flourish · like the palm tree:
they shall spread abroad · like a cedar · in Lebanon;

13 For they are planted in the house · of the Lord:
and flourish in the courts of our God.

14 In old age they shall be full of sap:
they shall be sturdy · and laden · with branches;

15 And they will say that the Lord is just:
the Lord my Rock in whom is no unrighteousness.

93

1 The Lord is King * and has put on robes of glory:
the Lord has put on his glory
he has girded · himself with strength.

2 He has made the world so firm:
that it cannot be moved.

3 Your throne is established · from of old:
you are from everlasting.

4 The floods have lifted up O Lord
 the floods have lifted ! up their ! voice:
 the ! floods lift ! up their ! pounding.

5 But mightier than the sound of many waters
 than the mighty waters or the ! breakers · of the !
 sea:
 the ! Lord on ! high is ! mighty.

6 Your decrees are ! very ! sure:
 and holiness O Lord adorns your ! house for ! ever.

94

1 O Lord God to whom ! vengeance · belongs:
 O God to whom vengeance belongs shine ! out in !
 glory.

2 Arise ! judge · of the ! earth:
 and requite the ! proud as ! they deserve.

3 Lord how ! long · shall the ! wicked:
 how ! long · shall the ! wicked ! triumph?

4 How long shall all evildoers ! pour out ! words:
 how ! long · shall they ! boast and ! flaunt them-
 selves?

5 They crush your ! people · O ! Lord:
 they op'press your ! own pos'session.

6 They murder the ! widow · and the ! alien:
 they ! put the ! fatherless · to ! death.

7 And they say 'The ! Lord · does not ! see:
 nor does the ! God of ! Jacob · con'sider it.'

8 Consider this you senseless a'mong the ' people:
fools ! when · will you ! understand?

9 He who planted the ear does ! he not ! hear:
he who formed the ' eye does ! he not ! see?

10 He who disciplines the nations will ! he not ! punish:
has the ' teacher · of man'kind no ! knowledge?

†11 The Lord knows the ' thoughts of ' man:
he ! knows · that they ! are mere ' breath.

12 Blessed is the man whom you ! discipline · O ! Lord:
and ! teach ! from your ! law,

13 Giving him rest from ! days of ! misery:
till a ! pit is ! dug · for the ! wicked.

14 The Lord will not cast ! off his ! people:
nor ! will he · forsake his ! own.

15 For justice shall return to the ! righteous ! man:
and with him to ! all the ! true of ! heart.

16 Who will stand up for me a'gainst the ! wicked:
who will take my part a'gainst the ! evildoers?

17 If the Lord had not ! been my ! helper:
I would soon have ! dwelt · in the ! land of ! silence.

18 But when I said ‘My ! foot has ! slipped’:
your ! mercy · O ! Lord was ! holding me.

19 In all the ! doubts · of my ! heart:
your consol'ations · de'lighted · my ! soul.

20 Will you be any friend to the ! court of ! wickedness:
that contrives ! evil · by ! means of ! law?

21 They band together against the life of the righteous:
and condemn innocent blood.

22 But the Lord is my stronghold:
my God is my rock and my refuge.

23 Let him requite them for their wickedness
and silence them for their evil:
the Lord our God shall silence them.

95

1 O come let us sing out to the Lord:
let us shout in triumph to the rock of our salvation.

2 Let us come before his face with thanksgiving:
and cry out to him joyfully in psalms.

3 For the Lord is a great God:
and a great king above all gods.

4 In his hand are the depths of the earth:
and the peaks of the mountains are his also.

†5 The sea is his and he made it:
his hands moulded dry land.

6 Come let us worship and bow down:
and kneel before the Lord our maker.

7 For he is the Lord our God:
we are his people and the sheep of his pasture.

8 Today if only you would hear his voice
‘Do not harden your hearts as at Meribah:
as on that day at Massah in the wilderness;

9 'When your fathers tested me:
put me to proof though they had seen my works.

10 'Forty years long I loathed that generation · and I said:
"It is a people who err in their hearts
for they do not know my ways";

11 'Of whom I swore · in my wrath:
"They shall not enter · my rest."'

96

1 O sing to the Lord a new song:
sing to the Lord all the earth.

2 Sing to the Lord and bless his holy name:
proclaim the good news of his salvation · from day
to day.

3 Declare his glory among the nations:
and his wonders · among all peoples.

4 For great is the Lord and greatly · to be praised:
he is more to be feared than all gods.

5 As for all the gods of the nations · they are · mere idols:
it is the Lord who made the heavens.

6 Majesty and glory · are before him:
beauty and power are in his sanctuary.

7 Render to the Lord you families of the nations:
render to the Lord glory · and might.

- 8 Render to the Lord the honour ¹ due · to his ¹ name:
bring offerings and ¹ come in¹to his ¹ courts.
- 9 O worship the Lord in the beauty ¹ of his ¹ holiness:
let the whole earth ¹ stand in ¹ awe of ¹ him.
- 10 Say among the nations that the ¹ Lord is ¹ king:
he has made the world so firm that it can never be
moved
and he shall ¹ judge the ¹ peoples · with ¹ equity.
- 11 Let the heavens rejoice and let the ¹ earth be ¹ glad:
let the sea ¹ roar and ¹ all that ¹ fills it;
- 12 Let the fields rejoice and ¹ every·thing ¹ in them:
then shall all the trees of the wood
shout with ¹ joy be¹fore the ¹ Lord;
- †13 For he comes he comes to ¹ judge the ¹ earth:
he shall judge the world with righteousness
and the ¹ peoples ¹ with his ¹ truth.

97

- 1 The Lord is king let the ¹ earth re¹joice:
let the ¹ multitude · of ¹ islands · be ¹ glad.
- 2 Clouds and darkness are ¹ round a¹bout him:
righteousness and justice are the found¹ation ¹ of his ¹
throne.
- 3 Fire ¹ goes be¹fore him:
and burns up his ¹ enemies · on ¹ every ¹ side.

4 His lightnings I light the I world:
the I earth I sees it · and I quakes.

5 The mountains melt like wax be'fore his I face:
from before the face of the I Lord of I all the I earth.

6 The heavens have pro'claimed his I righteousness:
and all I peoples · have I seen his I glory.

7 They are ashamed * all those who serve idols,
and glory in I mere I nothings:
all I gods bow I down be'fore him.

8 Zion heard and was glad * and the daughters of I
Judah · re'joiced:
be'cause of · your I judgements · O I God.

9 For you Lord are most high over I all the I earth:
you are exalted I far a'bove I all I gods.

10 The Lord loves I those that · hate I evil:
the Lord guards the life of the faithful
and delivers them from the I hand of I the un'godly.

11 Light I dawns · for the I righteous:
and I joy · for the I true of I heart.

12 Rejoice in the I Lord you I righteous:
and give I thanks · to his I holy I name.

- 1 O sing to the Lord a new song:
for he has done marvellous things;
- 2 His right hand and his holy arm:
they have got him the victory.
- 3 The Lord has made known his salvation:
he has revealed his just deliverance in the sight of
the nations.
- 4 He has remembered his mercy and faithfulness,
towards the house of Israel:
and all the ends of the earth
have seen the salvation of our God.
- 5 Shout with joy to the Lord all the earth:
break into singing and make melody.
- 6 Make melody to the Lord upon the harp:
upon the harp and with the sounds of praise.
- 7 With trumpets and with horns:
cry out in triumph before the Lord the king.
- 8 Let the sea roar and all that fills it:
the good earth and those who live upon it.
- 9 Let the rivers clap their hands:
and let the mountains ring out together before the
Lord;
- 10 For he comes to judge the earth:
he shall judge the world with righteousness
and the peoples with equity.

- 1 The Lord is king let the nations tremble:
he is enthroned upon the cherubim let the earth quake.
- 2 The Lord is great in Zion:
he is high above all nations.
- 3 Let them praise your great and terrible name:
for holy is the Lord.
- 4 The Mighty One is king and loves justice:
you have established equity * you have dealt righteousnes · and justice · in Jacob.
- †5 O exalt the Lord our God:
and bow down before his footstool · for he is holy.
- 6 Moses and Aaron among his priests
and Samuel among those who call upon his name:
they called to the Lord and he answered.
- 7 He spoke to them from the pillar · of cloud:
they kept to his teachings and the law · that he gave them.
- 8 You answered them O Lord our God:
you were a forgiving God to them
and pardoned · their wrongdoing.
- 9 O exalt the Lord our God:
and bow down towards his holy hill
for the Lord our God is holy.

100

- 1 O shout to the Lord in triumph ! all the ! earth:
 serve the Lord with gladness
 and come before his ! face with ! songs of ! joy.
- 2 Know that the Lord ! he is ! God:
 it is he who has made us and we are his
 we are his ! people · and the ! sheep of · his ! pasture.
- 3 Come into his gates with thanksgiving
 and into his ! courts with ! praise:
 give thanks to him and ! bless his ! holy ! name.
- 4 For the Lord is good * his loving mercy ! is for ! ever:
 his faithfulness through'out all ! gener'ations.

101

- 1 My song shall be of ! steadfastness · and ! justice:
 to ! you Lord ! will I ! sing.
- 2 I will be wise in the ! way of ! innocence:
 O ! when ! will you ! come to me?
- 3 I will walk with!in my ! house:
 in! purity of ! heart.
- 4 I will set nothing evil be!fore my ! eyes:
 I hate the sin of backsliders it shall ! get no ! hold !
 on me.

†5 Crookedness of heart shall de'part ¹ from me:
I will ¹ know ¹ nothing [•] of ¹ wickedness.

[6 The man who secretly slanders his neighbour I ¹ will
de'stroy:
the proud look and the arrogant ¹ heart [•] I will ¹ not
en'dure.]

7 My eyes shall look to the faithful in the land
and they shall ¹ make their ¹ home with me:
one who walks in the way of innocence ¹
he shall ¹ minis·ter ¹ to me.

8 No man who practises deceit shall ¹ live in [•] my ¹ house:
no one who utters ¹ lies shall ¹ stand in [•] my ¹ sight.

[9 Morning by morning I will destroy
all the ¹ wicked [•] of the ¹ land:
and cut off all evildoers
from the ¹ city ¹ of the ¹ Lord.]

102

1 O Lord ¹ hear my ¹ prayer:
and ¹ let my ¹ cry ¹ come to you.

2 Do not hide your face from me in the ¹ day of [•] my ¹
trouble:
turn your ear to me
and when I ¹ call be ¹ swift to ¹ answer.

3 For my days pass a'way like ¹ smoke:
and my bones ¹ burn as ¹ in a ¹ furnace.

4 My heart is scorched and I withered · like I grass:
and I for'get to I eat my I bread.

5 I am weary with the I sound of · my I groaning:
my I bones stick I fast to · my I skin.

6 I have become like an I owl · in the I wilderness:
like a I screech-owl · a'mong the I ruins.

7 I keep watch and I flit · to and I fro:
like a I sparrow · up'on a I housetop.

8 My enemies taunt me I all day I long:
and those who I rave at me · make I oaths a'gainst me.

9 Surely I have eaten I ashes · for I bread:
and I mingled · my I drink with I tears,

10 Because of your wrath and I indig'nation:
for you have taken me I up and I tossed · me a'side.

†11 My days de'cline · like a I shadow:
and I I wither · a'way like I grass.

12 But you Lord are en'throned for I ever:
and your name shall be known through'out all I
gener'ations.

13 You will arise and have I mercy up'on I Zion:
for it is time to pity her the ap'pointed I time has I
come.

14 Your servants love I even · her I stones:
and her I dust moves I them to I pity.

15 Then shall the nations fear your I name O I Lord:
and all the I kings · of the I earth your I glory,

16 When the Lord has I built up I Zion:
when he I shows him'self · in his I glory,

17 When he turns to the I prayer · of the I destitute:
and does not despise their I supplication.

+18 Let this be written down for I those who · come I after:
and a people yet un'born will I praise the I Lord.

19 For the Lord has looked down from the I height · of his I
holiness:
from heaven he has I looked up'on the I earth,

20 To hear the I groaning · of the I prisoner:
to deliver I those con'demned to I die;

21 That they may proclaim the name of the I Lord in I Zion:
and his I praises I in Je'rusalem,

22 When the nations are I gathered · to'gether:
and the I kingdoms · to I serve the I Lord.

23 He has broken my strength be'fore my I time:
he has I cut I short my I days.

24 Do not take me away O God in the I midst of · my I life:
you whose years ex'tend through I all · gener'ations.

25 In the beginning you laid the foun'dations · of the I
earth:
and the I heavens · are the I work of · your I hands.

26 They shall perish but I you · will en'dure:
they shall all grow old like a garment
like clothes you will change them and I they shall I
pass a'way.

27 But you are the same for ever:
and your years will never fail.

28 The children of your servants shall rest secure:
and their seed shall be established in your sight.

103

1 Praise the Lord O my soul:
and all that is within me praise his holy name.

2 Praise the Lord O my soul:
and forget not all his benefits,

3 Who forgives all your sin:
and heals all your infirmities,

4 Who redeems your life from the Pit:
and crowns you with mercy and compassion;

†5 Who satisfies your being with good things:
so that your youth is renewed like an eagle's.

6 The Lord works righteousness:
and justice for all who are oppressed.

7 He made known his ways to Moses:
and his works to the children of Israel.

8 The Lord is full of compassion and mercy:
slow to anger and of great goodness.

9 He will not always be chiding:
nor will he keep his anger for ever.

10 He has not dealt with us according to our sins:
nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth:
so great is his mercy over those that fear him;

12 As far as the east is from the west:
so far has he set our sins from us.

13 As a father is tender towards his children:
so is the Lord tender to those that fear him.

14 For he knows of what we are made:
he remembers that we are but dust.

15 The days of man are but as grass:
he flourishes like a flower of the field;

16 When the wind goes over it it is gone:
and its place will know it no more.

17 But the merciful goodness of the Lord
endures for ever and ever toward
those that fear him:
and his righteousness up'on their
children's children;

18 Upon those who keep his covenant:
and remember his commandments to do them.

19 The Lord has established his throne in heaven:
and his kingdom rules over all.

20 Praise the Lord all you his angels
you that excel in strength:
you that fulfil his word
and obey the voice of his commandment.

21 Praise the Lord all I you his I hosts:
his I servants · who I do his I will.

22 Praise the Lord all his works
in all places of I his do'minion:
praise the I Lord I O my I soul!

104

1 Bless the Lord I O my I soul:
O Lord my I God how I great you I are!

2 Clothed with I majesty · and I honour:
wrapped in I light as I in a I garment.

3 You have stretched out the I heavens · like a I tent-cloth:
and laid the beams of your I dwelling · up'on their I
waters;

4 You make the I clouds your I chariot:
and I ride up · on the I wings · of the I wind;

5 You make the I winds your I messengers:
and I flames of I fire your I ministers;

6 You have set the earth on I its found'ations:
so I that it · shall I never · be I moved.

7 The deep covered it I as · with a I mantle:
the waters I stood a'bove the I hills.

8 At your re'buke they I fled:
at the voice of your I thunder · they I hurried · a'way;

9 They went up to the mountains
 they went ¹ down · by the ¹ valleys:
 to the place which ¹ you · had ap¹ointed ¹ for them.

10 You fixed a limit which they ¹ may not ¹ pass:
 they shall not return a¹gain to ¹ cover · the ¹ earth.

11 You send springs ¹ into · the ¹ gullies:
 which ¹ run be¹tween the ¹ hills;

12 They give drink to every ¹ beast · of the ¹ field:
 and the wild ¹ asses ¹ quench their ¹ thirst.

13 Beside them the birds of the air ¹ build their ¹ nests:
 and ¹ sing a¹mong the ¹ branches.

14 You water the mountains from your ¹ dwelling · on ¹
 high:
 and the earth is ¹ filled · by the ¹ fruits of · your ¹ work.

15 You cause the grass to ¹ grow · for the ¹ cattle:
 and all green things for the ¹ servants ¹ of man¹kind.

16 You bring food ¹ out of · the ¹ earth:
 and wine that makes ¹ glad the ¹ heart of ¹ man,

17 Oil to give him a ¹ shining ¹ countenance:
 and ¹ bread to ¹ strengthen · his ¹ heart.

18 The trees of the Lord are ¹ well-¹watered:
 the cedars of ¹ Lebanon · that ¹ he has ¹ planted,

19 Where the birds ¹ build their ¹ nests:
 and the stork ¹ makes her ¹ home · in the ¹ pine-tops.

20 The high hills are a refuge for the ¹ wild ¹ goats:
 and the crags a ¹ cover ¹ for the ¹ conies.

21 You created the moon to ¹ mark the ¹ seasons:
 and the sun ¹ knows the ¹ hour · of its ¹ setting.

22 You make darkness ! and it · is ! night:
in which all the beasts of the ! forest ! move by !
stealth.

23 The lions ! roar · for their ! prey:
seek'ing their ! food from ! God.

24 When the sun rises ! they re'tire:
and ! lay them'selves ! down · in their ! dens.

†25 Man goes ! out · to his ! work:
and to his ! labour · un'til the ! evening.

26 Lord how various ! are your ! works:
in wisdom you have made them all
and the ! earth is ! full of · your ! creatures.

27 There is the wide im'measur'able ! sea:
there move living things without ! number ! great
and ! small;

28 There go the ships ! to and ! fro:
and there is that Leviathan
whom you ! formed to ! sport · in the ! deep.

29 These all ! look to ! you:
to give them their ! food in ! due ! season.

30 When you give it to ! them they ! gather it:
when you open your hand they are ! satisfied · with !
good ! things.

31 When you hide your ! face · they are ! troubled:
when you take away their breath
they ! die · and re'turn · to their ! dust.

†32 When you send forth your spirit they ! are created:
and you re'new the ! face · of the ! earth.

33 May the glory of the Lord en'dure for I ever:
may the I Lord re'joice · in his I works.

34 If he look upon the I earth · it shall I tremble:
if he but touch the I mountains I they shall I smoke.

35 I will sing to the Lord as I long as · I I live:
I will praise my I God · while I I have · any I being.

36 May my meditation be I pleasing I to him:
for my I joy shall I be · in the I Lord.

†37 May sinners perish from the earth
let the wicked I be no I more:
bless the Lord O my soul
O I praise I – the I Lord.

105

1 O give thanks to the Lord and call up'on his I name:
tell among the I peoples · what I things · he has I done.

2 Sing to him O I sing I praises:
and be telling of I all his I marvel·lous I works.

3 Exult in his I holy I name:
and let those that seek the I Lord be I joyful · in I
heart.

4 Seek the I Lord · and his I strength:
O I seek his I face con'tinually.

5 Call to mind what wonders I he has I done:
his marvellous acts and the I judgements I of his I
mouth,

6 O seed of ¹ Abraham · his ¹ servant:
O ¹ children · of ¹ Jacob · his ¹ chosen one.

7 For he is the ¹ Lord our ¹ God:
and his judgements ¹ are in ¹ all the ¹ earth.

8 He has remembered his ¹ covenant · for ¹ ever:
the word that he ordained for a ¹ thousand ¹
gener¹ations,

9 The covenant that he ¹ made with ¹ Abraham:
the ¹ oath · that he ¹ swore to ¹ Isaac,

10 And confirmed it to ¹ Jacob · as a ¹ statute:
to Israel as an ¹ everlasting ¹ covenant,

11 Saying ‘I will give you the ¹ land of ¹ Canaan:
to be the ¹ portion · of ¹ your in¹heritance’,

12 And that when they ¹ were but ¹ few:
little in number and ¹ ali·ens ¹ in the ¹ land.

13 They wandered from ¹ nation · to ¹ nation:
from one people and ¹ kingdom ¹ to an¹other.

14 He suffered no man to ¹ do them ¹ wrong:
but re¹proved · even ¹ kings for · their ¹ sake,

†15 Saying ‘Touch not ¹ my an¹ointed:
and ¹ do my ¹ prophets · no ¹ harm.’

16 Then he called down a ¹ famine · on the ¹ land:
and destroyed the ¹ bread that ¹ was their ¹ stay.

17 But he had sent a ¹ man a¹head of them:
Joseph ¹ who was ¹ sold · into ¹ slavery,

18 Whose feet they I fastened • with I fetters:
and thrust his I neck in•to a I hoop of I iron.

19 Till the time that his I words proved I true:
he was I tested • by the I Lord's com'mand.

20 Then the king I sent and I loosed him:
the ruler of I nations I set him I free;

21 He made him master I of his I household:
and ruler I over I all • his pos'sessions,

†22 To rebuke his I officers • at I will:
and to I teach his I counse•lors I wisdom.

23 Then Israel I came • into I Egypt:
and Jacob I dwelt • in the I land of I Ham.

24 There the Lord made his I people I fruitful:
too I numer•ous I for their I enemies,

25 Whose hearts he turned to I hate his I people:
and to deal de'ceitful•ly I with his I servants.

26 Then he sent I Moses • his I servant:
and I Aaron • whom I he had I chosen.

27 Through them he I manifested • his I signs:
and his I wonders • in the I land of I Ham.

28 He sent darkness I and it • was I dark:
yet they would I not o'bey • his com'mands.

29 He turned their I waters • into I blood:
and I slew the I fish there'in.

30 Their country I swarmed with I frogs:
even the inner I chambers I of their I kings.

31 He spoke the word and there came great swarms of flies:
and gnats within all their borders.

32 He sent them storms of hail:
and darts of fire into their land.

33 He struck their vines and their fig-trees:
and shattered the trees within their borders.

34 He commanded and there came grasshoppers:
and young locusts with-out number.

35 They ate up every green thing in the land:
and devoured the fruit of the soil.

36 He smote all the first-born in their land:
the first-fruits of all their manhood.

37 He brought Israel out with silver and with gold:
and not one among their tribes was seen to stumble.

38 Egypt was glad at their going:
for dread of Israel had fallen upon them.

39 He spread out a cloud for a covering:
and fire to lighten the night.

40 The people asked and he brought them quails:
and satisfied them with the bread from heaven.

41 He opened a rock so that the waters gushed:
and ran in the parched land like a river.

42 For he had remembered his holy word:
that he gave to Abraham his servant.

43 So he led out his ¹ people · with rejoicing:
 his ¹ chosen ones · with ¹ shouts of ¹ joy;

44 He gave them the ¹ land · of the ¹ nations:
 and they took possession of the ¹ fruit
 of ¹ other · men's ¹ toil,

†45 So that they might ¹ keep his ¹ statutes:
 and faithfully obey his laws
 O ¹ praise ¹ – the ¹ Lord.

106

1 Praise the Lord

O give thanks to the Lord for ¹ he is ¹ good:
 and his ¹ mercy · endures for ¹ ever.

2 Who can express the mighty ¹ acts · of the ¹ Lord: or ¹ fully ¹ voice his ¹ praise?

3 Blessed are those who act according · to ¹ justice: who at ¹ all times ¹ do the ¹ right.

4 Remember me O Lord

when you visit your people ¹ with your ¹ favour:
 and come to me ¹ also · with ¹ your salvation,

†5 That I may see the prosperity ¹ of your ¹ chosen: that I may rejoice with the rejoicing of your people and exult with ¹ those who ¹ are your ¹ own.

6 We have sinned ¹ like our ¹ fathers: we have acted perversely · and ¹ done ¹ wrong.

7 Our fathers when they ¹ were in ¹ Egypt: took no ¹ heed ¹ of your ¹ wonders;

8 They did not remember,
 the multitude of your loving-kindnesses:
 but they rebelled · at the Red Sea.

9 Nevertheless he saved them for his name's sake:
 that he might make known his power.

10 He commanded the Red Sea and it dried up:
 and he led them through the deep as through a desert.

11 He delivered them from the hand · of their adversary:
 and redeemed them from the power · of the enemy.

12 The waters closed over their oppressors:
 so that not one was left alive.

13 Then they believed his words:
 and sang him songs of praise.

14 But in a little while they forgot what he had done:
 and would wait · for his counsel · no more.

15 Greed took hold of them in the desert:
 and they put God · to the test · in the wilderness.

16 So he gave them that which they desired:
 but sent a wasting sickness · among them.

17 Then they grew envious of Moses in the camp:
 and of Aaron the holy · one of the Lord;

18 Whereupon the earth opened and swallowed · up Dathan:
 it closed over the company of A'biram;

19 Fire flared out a'gainst their I number:
and I flame de'voured · the un'godly.

20 At Horeb they I made themselves · a I calf:
and bowed down in I worship I to an I image.

21 And so they exchanged the I glory · of I God:
for the likeness of an I ox that I eats I hay.

22 They forgot God who I was their I saviour:
that had done such I great I things in I Egypt,

23 Who had worked his wonders in the I land of I Ham:
and his terrible I deeds · at the I Red I Sea.

†24 Therefore he I thought · to de'stroy them:
had not Moses his servant stood before him in the
breach
to turn a'way his I wrath · from de'stroying them.

25 Then they despised the I pleasant I land:
and I put no I faith · in his I promise,

26 But murmured I in their I tents:
and would not o'bey the I voice · of the I Lord.

27 So he lifted his hand to swear an I oath a'gainst them:
that he would I strike them I down · in the I wilder-
ness,

28 And cast out their children a'mong the I nations:
and I scatter them · through I all the I lands.

29 Then they joined themselves to the I Baal · of I Peor:
and ate things sacrificed to I gods that I have no I life.

30 They provoked him to anger with their I wanton I
deeds:
and I plague broke I out a'mong them.

31 Then stood up Phinehas and I inter'posed:
and I so the I plague was I ended;

32 And that was counted to I him for I righteousness:
throughout all gener'ations · for I ever'more.

33 They angered God also at the I waters · of I Meribah:
so that Moses I suffered · for I their mis'deeds;

34 For they had em'bittered · his I spirit:
and he spoke I rashly I with his I lips.

35 They did not de'stroy the I peoples:
as the Lord had com'manded I them to I do,

36 But they mingled themselves I with the I heathen:
and I learned to I follow · their I ways.

37 They worshipped I foreign I idols:
and I these be'came their I snare,

38 So that they I sacrificed · their I sons:
and their I own I daughters · to I demons.

39 They shed I inno·cent I blood:
even the blood of their I own I sons and I daughters,

40 Whom they offered to the I idols · of I Canaan:
and the I land · was de'filed with I blood.

41 They made themselves I foul · by their I acts:
and with wanton deeds I whored · after I strange I
gods.

42 Then was the wrath of the Lord kindled a'gainst his I
people:
and he I loathed his I own pos'session;

43 He gave them into the hands of the nations:
and their adversaries ruled over them.

44 Their enemies became their oppressors:
and they were brought into subjection beneath
their power.

45 Many a time he saved them:
but they rebelled against him to follow their own
designs
and were brought down by their wickedness.

46 Nevertheless he looked on their distress:
when he heard their loud crying.

47 He remembered his covenant with them:
and relented according to the abundance
of his loving-kindness.

48 And he caused them to be pitied:
even by those that held them captive.

(†)49 Save us O Lord our God
and gather us from among the nations:
that we may give thanks to your holy name
and make our boast in your praises.

(50) Blessed be the Lord the God of Israel
from everlasting to everlasting:
and let all the people say Amen!
Praise - the Lord.)

1 O give thanks to the Lord for he is good:
for his loving mercy is for ever.

2 Let the Lord's redeemed say so:
whom he has redeemed from the hand of the enemy,

†3 And gathered in from every land
from the east and from the west:
from the north and from the south.

4 Some went astray in the wilderness and in the desert:
and found no path to an inhabited city;

5 They were hungry and thirsty:
and their heart fainted within them.

6 Then they cried to the Lord in their distress:
and he took them out of their trouble.

7 He led them by the right path:
till they came to an inhabited city.

8 Let them thank the Lord for his goodness:
and for the wonders that he does for the children of men;

9 For he satisfies the thirsty:
and fills the hungry with good things.

10 Some sat in darkness and in deadly shadow:
bound fast in affliction and iron,

11 Because they had rebelled against the words of God:
and scorned the purposes of the Most High.

12 So he bowed down their ¹ hearts · with af'fliction:
they tripped ¹ headlong · with ¹ none to ¹ help them.

13 Then they cried to the Lord in ¹ their dis'tress:
and he ¹ took them ¹ out of · their ¹ trouble.

†14 He brought them out from darkness and ¹ deadly
shadow:
and ¹ broke their ¹ chains in ¹ two.

15 *Let them thank the ¹ Lord · for his ¹ goodness:
and for the wonders that he ¹ does · for the ¹ children ·
of ¹ men;*

16 *For he shatters the ¹ doors of ¹ bronze:
and ¹ cleaves the ¹ bars of ¹ iron.*

17 Fools were far ¹ gone · in trans'gression:
and be'cause of · their ¹ sins · were af'flicted.

18 They sickened at ¹ any ¹ food:
and had ¹ come · to the ¹ gates of ¹ death.

19 Then they cried to the Lord in ¹ their dis'tress:
and he ¹ took them ¹ out of · their ¹ trouble.

20 He sent his ¹ word and ¹ healed them:
and ¹ saved their ¹ life · from the ¹ Pit.

21 *Let them thank the ¹ Lord · for his ¹ goodness:
and for the wonders that he ¹ does · for the ¹ children ·
of ¹ men;*

22 *Let them offer sacrifices of ¹ thanks'giving:
and tell what he has ¹ done with ¹ shouts of ¹ joy.*

23 Those who go down to the ¹ sea in ¹ ships:
and follow their ¹ trade on ¹ great ¹ waters,

24 These men have seen the ¹ works of ¹ God:
and his ¹ wonders ¹ in the ¹ deep.

25 For he spoke and ¹ raised the ¹ storm-wind:
and it lifted ¹ high the ¹ waves · of the ¹ sea.

26 They go up to the sky · and down a¹gain · to the ¹
depths:
their courage melts a¹way · in the ¹ face · of dis¹aster.

27 They reel and stagger like ¹ drunken ¹ men:
and are ¹ at their ¹ wits' ¹ end.

28 Then they cried to the Lord in ¹ their dis¹tress:
and he ¹ took them ¹ out of · their ¹ trouble.

29 He calmed the ¹ storm · to a ¹ silence:
and the ¹ waves · of the ¹ sea were ¹ stilled.

30 Then they were glad be¹cause · they were ¹ quiet:
and he ¹ brought them · to the ¹ haven · they ¹ longed
for.

31 *Let them thank the ¹ Lord · for his ¹ goodness:*
and for the wonders that he ¹ does · for the ¹ children ·
of ¹ men;

32 *Let them exalt him in the as¹sembly · of the ¹ people:*
and ¹ praise him · in the ¹ council · of ¹ elders.

33 He turns the ¹ rivers · into ¹ desert:
and springs of ¹ water · into ¹ thirsty ¹ ground.

34 He makes of a fruitful land a ¹ salty ¹ waste:
be¹cause · its in¹habitants · are ¹ evil.

35 He turns the wilderness into a ¹ pool of ¹ water:
and parched ¹ ground · into ¹ flowing ¹ springs.

36 And there he settles · the hungry:
and they build a city · to live in.

37 They sow fields and plant vineyards:
which give them fruitful harvest.

38 He blesses them and they multiply greatly:
he does not let their cattle diminish.

39 But he pours contempt upon princes:
and makes them stray · in the pathless desert;

40 They are weakened and brought low:
through stress of adversity · and sorrow.

41 But he lifts the poor · out of misery:
and increases their families · like flocks of sheep.

42 The upright shall see it · and rejoice:
and all wickedness · shall shut its mouth.

†43 Whoever is wise let him observe these things:
and consider the loving-kindness of the Lord.

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1 My heart is fixed O God my heart is fixed:
I will sing and make melody.

2 Awake my soul awake I lute and I harp:
for I will awaken · the morning.

3 I will give you thanks O Lord among the peoples:
I will sing your praise among the nations.

4 For the greatness of your mercy I reaches · to the
heavens:
and your I faithful·ness I to the I clouds.

5 Be exalted O God a'bove the I heavens:
and let your glory be I over I all the I earth;

6 That those whom you love may I be dellivered:
O save us by I your right I hand and I answer me.

7 God has said in his I holy I place:
'I will exult and divide Shechem
I will parcel I out the I valley · of I Succoth.

8 'Gilead is mine and Man'asseh · is I mine:
Ephraim is my helmet and I Judah · my I rod · of
com'mand.

†9 'Moab is my wash-bowl over Edom will I I cast my I
shoe:
against Philistia I will I I shout in I triumph.'

10 Who will lead me into the I fortifi·ed I city:
who will I bring me I into I Edom?

11 Have you not cast us I off O I God?:
you I go not I out · with our I armies.

12 Give us your help a'gainst the I enemy:
for I vain · is the I help of I man.

13 By the power of our God we I shall do I valiantly:
for it is he that I will tread I down our I enemies.

- 1 O God of my praise do I not be I silent:
for evil and deceitful I mouths are I opened · a'gainst
me.
- 2 They speak of me with I lying I tongues:
they surround me with words of hatred
they fight a'gainst me · with'out I cause.
- 3 In return for my friendship I they op'pose me:
and I that for · no I fault of I mine.
- 4 They repay me I evil · for I good:
and I hatred · for I my af'fection.
- [5] Appoint an evil man to I stand a'gainst him:
and let an adversary I be at · his I right I hand.
- 6 When he is judged let him be I found I guilty:
let his prayer for I help be I counted · as I sin.
- 7 Let his I days be I few:
and let another I take what I he has I hoarded.
- 8 Let his children be I made I fatherless:
and his I wife be'come a I widow.
- 9 Let his children be I vagabonds · and I beggars:
let them seek alms I far · from their I own I homes.
- 10 Let the usurer exact I all · that he I has:
and let strangers I plunder · the I fruit · of his I toil.
- 11 Let no man be I loyal · to I him:
and let no one have I pity · on his I father-less I
children.

12 Let his line be^lcome ex^ltinct:
in one generation let their ^l name be ^l blotted ^l out.

13 Let the sins of his fathers be re^lmembered • by the ^l
Lord:
and his mother's iniquity ^l not be ^l wiped a^lway.

14 Let their sins be constantly be^lfore the ^l Lord:
may he root out their ^l memo·ry ^l from the ^l earth.

15 For he was a man that did not remember to ^l show ^l
loyalty:
but he persecuted the humble the poor and the
crushed in spirit
and ^l sought to ^l put them • to ^l death.

16 He loved to curse * let curses ^l fall on ^l him:
he took no pleasure in blessing
so let ^l it be ^l far from ^l him.

17 He clothed himself in cursing ^l like a ^l garment:
so let it seep like water into his body
and like ^l oil ^l into • his ^l bones.

18 Let it be as the clothes he ^l wraps a^labout him:
or like the ^l girdle • that he ^l wears each ^l day.

[†]19 This is the Lord's recompense to ^l those • that op^lpose
him:
to ^l those that • speak ^l evil • a^lgainst me.]

20 Act for me O Lord my God for your ^l name's ^l sake:
and deliver me as your ^l steadfast ^l love is ^l good.

21 For I am ^l poor and ^l needy:
and my ^l heart ^l writhes with^lin me.

22 I fade like a lengthening shadow:
I am shaken off like a locust.

23 My knees are weak from fasting:
my flesh grows lean and shrunken.

†24 I have become the scorn of my enemies:
and when they see me they toss their heads
in derision.

25 Help me O Lord my God:
and save me for your mercy's sake,

26 That men may know it was your hand:
that you O Lord have done it.

27 Though they curse yet give me your blessing:
and those that come against me will be put to shame
and your servant shall rejoice.

28 Let those that oppose me be covered with disgrace:
let them wear their shame as a garment.

29 And I will give the Lord great thanks with my mouth:
and praise him in the midst of a multitude.

30 For the Lord will stand at the right hand of the poor:
to save him from those that would condemn him.

- 1 The Lord I said to I my lord:
 ‘Sit at my right hand
 until I I make your I enemies · your I footstool.’
- 2 The Lord commits to you the sceptre I of your I power:
 reign from I Zion · in the I midst of · your I enemies.
- 3 Noble are you * from the day of your birth upon the I
 holy I hill:
 radiant are you even from the womb
 in the I morning I dew of · your I youth.
- 4 The Lord has sworn and will I not turn I back:
 ‘You are a priest for ever * after the I order I of
 Melchizedek.’
- 5 The king shall stand at your right I hand O I Lord:
 and shatter I kings · in the I day of · his I wrath.
- 6 Glorious in majesty * he shall judge a'mong the I
 nations:
 and shatter heads I over · a I wide I land.
- †7 He shall slake his thirst from the brook beside the I
 way:
 therefore shall I he lift I up his I head.

III

- 1 O praise the Lord
I will praise the Lord with my whole heart:
in the company of the upright
and among the congregation.
- 2 The works of the Lord are great:
and studied by all who take delight in them.
- 3 His deeds are majestic and glorious:
and his righteousness stands for ever.
- 4 His marvellous acts have won him a name to be remembered:
the Lord is gracious and merciful.
- 5 He gives food to those that fear him:
he remembers his covenant for ever.
- 6 He showed his people the power of his acts:
in giving them the heritage of the heathen.
- 7 The works of his hands are faithful and just:
and all his commandments are sure;
- 8 They stand firm for ever and ever:
they are done in faithfulness and in truth.
- 9 He sent redemption to his people
he ordained his covenant for ever:
holy is his name and worthy to be feared.
- 10 The fear of the Lord is the beginning of wisdom
and of good understanding are those that keep
his commandments:
his praise shall endure for ever.

1 O praise the Lord

Blessèd is the man who ' fears the ' Lord:
and greatly delights in ' his com'mandments.

- 2 His children shall be ' mighty · in the ' land:
a race of upright ' men who ' will be ' blessed.
- 3 Riches and plenty shall be ' in his ' house:
and his ' righteous·ness ' stands for ' ever.
- 4 Light arises in darkness ' for the ' upright:
gracious and merciful ' is the ' righteous ' man.
- 5 It goes well with the man who acts ' generously · and ' lends:
who ' guides · his af'fairs with ' justice.
- 6 Surely he shall ' never · be ' moved:
the righteous shall be held in ' everlasting · re'mem-brance.
- 7 He will not ' fear bad ' tidings:
his heart is steadfast · ' trusting ' in the ' Lord.
- 8 His heart is confident and ' will not ' fear:
he will see the ' downfall ' of his ' enemies.
- 9 He gives ' freely · to the ' poor:
his righteousness stands for ever
his ' head is · up'lifted · in ' glory.
- 10 The wicked man shall see it ' and be ' angry:
he shall gnash his teeth and consume away
and the ' hope · of the ' wicked · shall ' fail.

- 1 Praise the Lord
O sing praises you that I are his I servants:
O I praise the I name · of the I Lord.
- 2 Let the name of the I Lord be I blessed:
from this time I forward I and for I ever.
- 3 From the rising of the sun to its I going I down:
let the I name · of the I Lord be I praised.
- 4 The Lord is exalted over I all the I nations:
and his I glory · is a'bove the I heavens.
- 5 Who can be likened to the I Lord our I God:
in I heaven · or up'on the I earth,
- 6 Who has his I dwelling · so I high:
yet condescends to I look on I things be'neath?
- 7 He raises the I lowly · from the I dust:
and lifts the I poor from I out of · the I dungheap;
- 8 He gives them a place a'mong the I princes:
even among the I princes I of his I people.
- †9 He causes the barren woman to I keep I house:
and makes her a joyful mother of children I
Praise I - the I Lord.

- 1 When Israel came ¹ out of ¹ Egypt:
and the house of Jacob from among a ¹ people · of an ¹
alien ¹ tongue,
- 2 Judah be¹came his ¹ sanctuary:
and ¹ Israel ¹ his do¹minion.
- 3 The sea saw ¹ that and ¹ fled:
Jor¹dan was ¹ driven ¹ back.
- 4 The mountains ¹ skipped like ¹ rams:
and the little ¹ hills like ¹ young ¹ sheep.
- 5 What ailed you O ¹ sea · that you ¹ fled:
O Jordan that ¹ you were ¹ driven ¹ back?
- 6 You mountains that you ¹ skipped like ¹ rams:
and you little ¹ hills like ¹ young ¹ sheep?
- 7 Tremble O earth at the ¹ presence · of the ¹ Lord:
at the ¹ presence · of the ¹ God of ¹ Jacob,
- 8 Who turned the rock into a ¹ pool of ¹ water:
and the flint-stone ¹ into · a ¹ welling ¹ spring.

1 Not to us O Lord not to us
 but to your name I give the I glory:
 for the sake of your faithfulness I and your I loving-¹
 kindness.

2 Why should the heathen say I ‘Where is · their I God?’:
 our God is in heaven he I does whatever · he I wills.

3 As for their idols they are I silver · and I gold:
 the I work · of a I man’s I hand.

4 They have I mouths but I speak not:
 they have I eyes · but they I cannot I see.

5 They have ears yet I hear I nothing:
 they have I noses · but I cannot I smell.

6 Hands they have but handle nothing
 feet but they I do not I walk:
 they I make no I sound · with their I throats.

†7 Those who make them I shall be I like them:
 so shall I everyone · that I trusts in I them.

8 O Israel I trust · in the I Lord:
 he is your I help I and your I shield.

9 O house of Aaron I trust · in the I Lord:
 he is your I help I and your I shield.

10 You that fear the Lord I trust · in the I Lord:
 he is your I help I and your I shield.

11 The Lord has remembered us and I he will I bless us:
 he will bless the house of Israel
 he will I bless the I house of I Aaron.

12 He will bless all those that I fear the I Lord:
both I high and I low tog'ether.

13 May the Lord in'crease you I greatly:
you I and your I children I after you.

14 The blessing of the I Lord · be up'on you:
he that I made I heaven · and I earth.

15 As for the heavens I they · are the I Lord's:
but the earth he has I given · to the I children · of I
men.

16 The dead do not I praise the I Lord:
nor do I any · that go I down to I silence.

17 But we will I bless the I Lord:
both now and for evermore
O I praise I – the I Lord.

II6

1 I love the Lord because he I heard my I voice:
the I voice of · my I suppli'cation;

2 Because he in'clined his I ear to me:
in the I day I that I I called to him.

3 The cords of death encompassed me
the snares of the I grave took I hold on me:
I I was in I anguish · and I sorrow.

4 Then I called upon the I name · of the I Lord:
'O I Lord · I be'seech you · delliver me!'

5 Gracious and righteous is the Lord:
full of com'passion is our God.

6 The Lord pre'serves the simple:
when I was · brought low he saved me.

7 Return O my soul · to your rest:
for the Lord has re'warded you.

8 For you O Lord have delivered my soul from death:
my eyes from tears · and my feet from falling.

†9 I will walk be'fore the Lord:
in the land of the living.

10 I believed that I would perish I was brought · very low:
I said in my haste ! 'All men are liars.'

11 How shall I re'pay the Lord:
for all his bene·fits to me?

12 I will take up the cup of sal'vation:
and call up·on the name · of the Lord.

13 I will pay my vows · to the Lord:
in the presence · of all his people.

14 Grievous in the sight · of the Lord:
is the death of his faithful ones.

15 O Lord I am your servant
your servant and the son of · your handmaid:
you have un'loosed my bonds.

16 I will offer you a sacrifice of thanks'giving:
and call up·on the name · of the Lord.

17 I will pay my ¹ vows · to the ¹ Lord:
in the ¹ presence · of ¹ all his ¹ people,

†18 In the courts of the ¹ house · of the ¹ Lord:
even in your midst O Jerusalem ¹
Praise ¹ – the ¹ Lord.

II7

- 1 O praise the Lord ¹ all you ¹ nations:
O ¹ praise him ¹ all you ¹ peoples.
- 2 For great is his loving-kindness · to¹ward us:
and the faithfulness of the Lord endures for ever ¹
Praise ¹ – the ¹ Lord.

II8

- 1 O give thanks to the Lord for ¹ he is ¹ good:
his ¹ mercy · en'dures for ¹ ever.
- 2 Let Israel ¹ now pro'claim:
that his ¹ mercy · en'dures for ¹ ever.
- 3 Let the house of ¹ Aaron · pro'claim:
that his ¹ mercy · en'dures for ¹ ever.
- 4 Let those who fear the ¹ Lord pro'claim:
that his ¹ mercy · en'dures for ¹ ever.

5 In my danger I ¹ called · to the ¹ Lord:
 he ¹ answered · and I set me ¹ free.

6 The Lord is on my side I ¹ shall not ¹ fear:
 what can ¹ man ¹ do to ¹ me?

7 The Lord is at my side ¹ as my ¹ helper:
 I shall see the ¹ downfall ¹ of my ¹ enemies.

8 It is better to take refuge ¹ in the ¹ Lord:
 than to ¹ put your ¹ trust in ¹ man;

†9 It is better to take refuge ¹ in the ¹ Lord:
 than to ¹ put your ¹ trust in ¹ princes.

10 All the ¹ nations · sur'rounded me:
 but in the name of the ¹ Lord I ¹ drove them ¹ back.

11 They surrounded they surrounded me on ¹ every ¹
 side:
 but in the name of the ¹ Lord I ¹ drove them ¹ back.

12 They swarmed about me like bees
 they blazed like fire a'mong the ¹ thorns:
 in the name of the ¹ Lord I ¹ drove them ¹ back.

13 I was pressed so hard that I ¹ almost ¹ fell:
 but the ¹ Lord ¹ was my ¹ helper.

†14 The Lord is my ¹ strength · and my ¹ song:
 and has be'come ¹ my sal'veration.

15 The sounds of ¹ joy · and de'liverance:
 are ¹ in the ¹ tents · of the ¹ righteous.

16 The right hand of the Lord does ¹ mighty ¹ things:
 the right hand of the ¹ Lord ¹ raises ¹ up.

17 I shall not ¹ die but ¹ live:
 and pro'claim the ¹ works · of the ¹ Lord.

18 The Lord has ¹ disciplined · me ¹ hard:
but he has not ¹ given · me ¹ over · to ¹ death.

19 Open me the ¹ gates of ¹ righteousness:
and I will enter and give ¹ thanks ¹ to the ¹ Lord.

20 This is the ¹ gate · of the ¹ Lord:
the ¹ righteous ¹ shall ¹ enter it.

21 I will praise you ¹ for you ¹ answered me:
and have be'come ¹ my sal'vetation.

22 The stone that the ¹ builders · re'jected:
has be'come the ¹ head · of the ¹ corner.

23 This is the ¹ Lord's ¹ doing:
and it is ¹ marvel·lous ¹ in our ¹ eyes.

24 This is the day that the ¹ Lord has ¹ made:
let us re'joice ¹ and be ¹ glad in it.

25 O Lord ¹ save us · we ¹ pray:
O Lord ¹ send ¹ us pros'perity.

26 Blessèd is he who comes in the ¹ name · of the ¹ Lord:
from the ¹ house · of the ¹ Lord we ¹ bless you.

27 The Lord is God and he has ¹ given · us ¹ light:
guide the festal throng up to the ¹ horns ¹ of the
altar.

28 You are my God and ¹ I will ¹ praise you:
you are my ¹ God I ¹ will ex'alt you.

†29 O give thanks to the Lord for ¹ he is ¹ good:
and his ¹ mercy · en'dures for ¹ ever.

I

- 1 Blessed are those whose ¹ way is ¹ blameless:
who ¹ walk · in the ¹ law · of the ¹ Lord.
- 2 Blessed are those who ¹ keep · his com¹mands:
and seek him ¹ with their ¹ whole ¹ heart;
- 3 Those who ¹ do no ¹ wrong:
but ¹ walk · in the ¹ ways of · our ¹ God.
- 4 For you Lord ¹ have com¹manded us:
to perse¹vere in ¹ all your ¹ precepts.
- 5 If only my ¹ ways · were un¹erring:
towards the ¹ keeping ¹ of your ¹ statutes!
- 6 Then I should ¹ not · be a¹shamed:
when I ¹ looked on ¹ all · your com¹mands.
- 7 I will praise you with sin¹cerity · of ¹ heart:
as I ¹ learn your ¹ righteous ¹ judgements.
- 8 I will ¹ keep your ¹ statutes:
O for¹sake me ¹ not ¹ utterly.

2

- 9 How shall a young man's ¹ path be ¹ pure:
un¹less he ¹ keep to · your ¹ word?
- 10 I have sought you with my ¹ whole ¹ heart:
let me not ¹ stray from ¹ your com¹mands.
- 11 I have treasured your ¹ words · in my ¹ heart:
that I ¹ might not ¹ sin a¹gainst you.

12 Blessed are I you Lord I God:
O I teach me I your I statutes.

13 With my lips I I have been I telling:
all the I judgements I of your I mouth;

14 And I find more joy in the way of I your com'mands:
than in I all I manner · of I riches.

15 I will meditate I on your I precepts:
and give I heed I to your I ways;

16 For my delight is wholly I in your I statutes:
and I will I not for'get your I word.

3

17 O be bountiful to your servant that I may I live:
in o'bedi·ence I to your I word.

18 Take away the I veil · from my I eyes:
that I may see the I wonders I of your I law.

19 I am but a I stranger · on the I earth:
do not I hide · your com'mands I from me.

20 My soul is con'sumed with I longing:
for your I judgements I day and I night.

21 You have re'buked the I proud:
and cursed are those who I stray from I your com'-
mandments;

22 Turn away from me their re'proach and I scorn:
for I have I kept · your com'mands.

23 Though princes sit and plot to'gether · a'gainst me:
your servant shall I medi·tate I on your I statutes:

24 For your commands are ¹ my de^{light}:
and they are ¹ counsellors · in ¹ my de^{fence}.

4

25 I am humbled ¹ to the ¹ dust:
O give me life ac^{cording} ¹ to your ¹ word.

26 If I ex^{amine} · my ¹ ways:
surely you will answer me * O ¹ teach me ¹ your ¹
statutes!

27 Make me to understand the ¹ way of · your ¹ precepts:
and I shall meditate ¹ on your ¹ marvellous ¹ works.

28 My soul pines a^{'way} for ¹ sorrow:
O raise me up ac^{cording} ¹ to your ¹ word.

29 Keep me far from the ¹ way of · de^{ception}:
and ¹ grant me · the ¹ grace of · your ¹ law.

30 I have chosen the ¹ way of ¹ truth:
and have ¹ set your ¹ judgements · be^{fore} me.

31 I hold fast to ¹ your com^{mands}:
O Lord let me ¹ never ¹ be con^{founded}.

32 Let me run the way of ¹ your com^{mandments}:
for ¹ you will ¹ liberate · my ¹ heart.

5

33 Teach me O Lord the ¹ way of · your ¹ statutes:
and I will ¹ honour · it ¹ to the ¹ end.

34 Give me understanding · that I may ¹ keep your ¹ law:
that I may keep it ¹ with my ¹ whole ¹ heart.

35 Guide me in the path of ¹ your com^{mandments}:
for thereⁱⁿ is ¹ my de^{light}.

36 Incline my heart to ¹ your com¹mands:
and ¹ not to ¹ selfish ¹ gain.

37 Turn away my eyes from ¹ looking [·] on ¹ vanities:
as I walk in your ¹ way ¹ give me ¹ life.

38 Make good your promise ¹ to your ¹ servant:
the promise that en¹dures for ¹ all who ¹ fear you.

39 Turn aside the ¹ taunts [·] that I ¹ dread:
for your ¹ judgements [·] are ¹ very ¹ good.

40 Lord I ¹ long for [·] your ¹ precepts:
in your ¹ righteous[·]ness ¹ give me ¹ life.

6

41 Let your loving mercy come to ¹ me O ¹ Lord:
and your salvation ac¹cording ¹ to your ¹ word.

42 Then I shall have an answer for ¹ those [·] who re¹proach
me:
for I ¹ trust ¹ in your ¹ word.

43 Do not take the word of truth utterly ¹ out of [·] my ¹
mouth:
for in your ¹ judgements ¹ is my ¹ hope.

44 Let me keep your ¹ law con¹tinually:
O ¹ let me ¹ keep it [·] for ¹ ever.

45 And so I shall ¹ walk at ¹ liberty:
be¹cause [·] I have ¹ sought your ¹ precepts.

46 I shall speak of your com¹mands be¹fore ¹ kings:
and shall ¹ not be ¹ put to ¹ shame.

47 My delight shall be in ¹ your com¹mendments:
which ¹ I have ¹ greatly ¹ loved;

48 I shall worship you with ¹ outstretched ¹ hands:
and I shall ¹ meditate ¹ on your ¹ statutes.

7

49 Remember your ¹ word · to your ¹ servant:
on ¹ which · you have ¹ built my ¹ hope.

50 This has been my comfort in ¹ my af¹fliction:
for your ¹ word has ¹ brought me ¹ life.

51 Though the proud have ¹ laughed me · to ¹ scorn:
I have not ¹ turned a¹side from · your ¹ law;

52 But I called to mind O Lord your ¹ judgements · of ¹
old:
and in ¹ them · I have ¹ found · consolation.

53 I am seized with indignation ¹ at the ¹ wicked:
for ¹ they have · forsaken · your ¹ law.

54 But your statutes have become my ¹ songs:
in the ¹ house ¹ of my ¹ pilgrimage.

55 I think on your name O ¹ Lord · in the ¹ night:
and ¹ I ob¹serve your ¹ law;

56 This has ¹ been · my re¹ward:
be¹cause · I have ¹ kept your ¹ precepts.

8

57 The Lord ¹ is my ¹ portion:
I have ¹ promised · to ¹ keep your ¹ words.

58 I have sought your favour with my ¹ whole ¹ heart:
O be gracious to me according ¹ to your ¹ word.

59 I have taken ¹ stock of · my ¹ ways:
and have turned back my ¹ feet to ¹ your com¹mands.

60 I made haste and did I not de^{lay}:
to I keep I your com^{mandments}.

61 The snares of the I wicked · en^{compassed} me:
but I did I not for^{get} your I law;

62 At midnight I rise to I give you I thanks:
for the I righteous^{ness} I of your I judgements.

63 I am a friend to I all who I fear you:
to I those who I keep your I precepts.

64 The earth O Lord is full of your I loving I mercy:
O I teach me I your I statutes.

9

65 Lord you have done I good to · your I servant:
in ac^{cordance} I with your I word.

66 O teach me right I judgement · and I knowledge:
for I I trust in I your com^{mandments}.

67 Before I was afflicted I I went a[']stray:
but I now I I keep your I word.

68 You are good and you I do I good:
O I teach me I your I statutes.

69 The proud have I smeared me · with I lies:
but I will keep your precepts I with my I whole
heart.

70 Their hearts are I gross like I fat:
but my de^{light} is I in your I law.

71 It is good for me that I I was · af[']flicted:
so I I might I learn your I statutes.

72 The law of your mouth is ¹ dearer · to ¹ me:
than a ¹ wealth of ¹ gold and ¹ silver.

IO

73 Your hands have ¹ made me · and ¹ fashioned me:
O give me understanding
that ¹ I may ¹ learn · your com¹mmandments.

74 Those who fear you shall see me ¹ and rejoice:
for my ¹ hope is ¹ in your ¹ word.

75 I know Lord that your ¹ judgements · are ¹ right:
and that in ¹ faithfulness · you ¹ have af¹flicted me.

76 Let your merciful kindness ¹ be my ¹ comfort:
according to your ¹ promise ¹ to your ¹ servant.

77 O let your mercy come to me that ¹ I may ¹ live:
for your ¹ law is ¹ my de¹light.

78 Let the proud be shamed
who steal my ¹ rights · through their ¹ lies:
but I will ¹ mediate ¹ on your ¹ precepts.

79 Let those who fear you ¹ turn to ¹ me:
and ¹ they shall ¹ know · your com¹mmands.

80 O let my heart be ¹ sound in · your ¹ statutes:
that I may ¹ never · be ¹ put to ¹ shame.

II

81 My soul languishes for ¹ your sal¹vation:
but my ¹ hope is ¹ in your ¹ word;

82 My eyes fail with ¹ watching · for your ¹ promise:
saying 'O ¹ when ¹ will you ¹ comfort me?'

83 I am parched as a wineskin ! in the ! smoke:
yet I do ! not for!get your ! statutes.

84 How many are the ! days of · your ! servant:
and ! when · will you ! judge my ! persecutors?

85 The proud have dug ! pitfalls ! for me:
in de'fiance ! of your ! law.

86 All your com'mandments · are ! true:
but they persecute me with lies * O ! come ! to my !
help!

87 They have almost made an end of me ! on the ! earth:
but I have ! not for'saken · your ! precepts.

88 In your merciful goodness ! give me ! life:
that I may keep the com'mands ! of your ! mouth.

I2

89 Lord your ! word · is for ! ever:
it stands ! firm ! in the ! heavens.

90 Your faithfulness abides from one gener'ation · to
an'other:
firm as the ! earth which ! you have ! made.

91 As for your judgements they stand ! fast this ! day:
for ! all things ! are your ! servants.

92 If your law had not been ! my de'light:
I would have ! perished · in ! my af'fliction.

93 I will never for!get your ! precepts:
for by ! them · you have ! given · me ! life.

94 I am ! yours O ! save me:
for ! I have ! sought your ! precepts.

95 The wicked have lain in wait for me ! to de'stroy me:
but I ! think on ! your com'mands.

96 I have seen that all perfection ! comes · to an ! end:
only your com'mandment ! has no ! bounds.

I3

97 Lord how I ! love your ! law:
it is my medi'tation ! all the · day ! long.

98 Your commandments have made me wiser ! than my !
enemies:
for they re'main with ! me for ! ever.

99 I have more understanding than ! all my ! teachers:
for I ! study ! your com'mands.

100 I am wiser ! than the ! agèd:
be'cause · I have ! kept your ! precepts.

101 I have held back my feet from every ! evil ! path:
that ! I might ! keep your ! word;

102 I have not turned a'side from · your ! judgements:
for ! you your'self are · my ! teacher.

103 How sweet are your ! words · to my ! tongue:
sweeter than ! honey ! to my ! mouth.

104 Through your precepts I get ! under'standing:
therefore I ! hate all ! lying ! ways.

I4

105 Your word is a lantern to my feet:
and a light to my path.

106 I have vowed and I sworn an oath:
to keep your righteous judgements.

107 I have been afflicted beyond measure:
Lord give me life according to your word.

108 Accept O Lord the freewill offerings of my mouth:
and teach me your judgements.

109 I take my life in my hands continually:
yet I do not forget your law.

110 The wicked have laid a snare for me:
but I have not strayed from your precepts.

111 Your commands are my inheritance for ever:
they are the joy of my heart.

112 I have set my heart to fulfil your statutes:
always even to the end.

I5

113 I loathe those who are double-minded:
but your law do I love.

114 You are my shelter and my shield:
and in your word is my hope.

115 Away from me all you that do evil:
I will keep the commandments of my God.

116 Be my stay according to your word that I may live:
and do not disappoint me in my hope.

117 Hold me up and I shall be safe:
and I will ever delight in your statutes.

118 You scorn all those who swerve from your statutes:
for their calumnies against me are lies;

119 All the ungodly of the earth you count as dross:
therefore I love your commands.

120 My flesh shrinks for fear of you:
and I am afraid of your judgements.

16

121 I have done what is just and right:
O do not give me over to my oppressors.

122 Stand surety for your servant's good:
let not the proud oppress me.

123 My eyes fail with watching for your salvation:
for the fulfilment of your righteous word.

124 O deal with your servant according to your loving mercy:
and teach me your statutes.

125 I am your servant O give me understanding:
that I may know your commands.

126 It is time for the Lord to act:
for they violate your law.

127 Therefore I love your commandments:
more than gold more than the finest gold;

128 Therefore I straighten my paths by all your precepts:
and I hate all lying ways.

129 Wonderful are I your com'mands:
and I therefore · my I soul I keeps them.

130 The unfolding of your I word gives I light:
it gives under'standing I to the I simple.

131 I open my mouth and draw I in my I breath:
for I I yearn for I your com'mandments.

132 O turn to me and be I merci·ful I to me:
as is your way with I those who I love your I name.

133 Order my steps according I to your I word:
that no evil I may get I master·y I over me.

134 Deliver me from I man's op'pression:
that I I may I keep your I precepts.

135 Make your face shine up'on your I servant:
and I teach me I your I statutes.

136 My eyes gush out with I streams of I water:
because they I pay no I heed to · your I law.

137 Righteous are I you Lord I God:
and I just are I your I judgements;

138 The commands that I you · have com'manded:
are ex'ceeding·ly I righteous · and I true.

139 Zeal and indignation have I choked my I mouth:
because my enemies I have for'gotten · your I words.

140 Your word has been I tried · in the I fire:
and I therefore · your I servant I loves it.

141 I am small and of ¹ no ac¹count:
but I have ¹ not for¹gotten · your ¹ precepts.

142 Your righteousness is an ever¹lasting ¹ righteousness:
and your ¹ law ¹ is the ¹ truth.

143 Trouble and anguish have ¹ taken ¹ hold on me:
but your com¹mandments · are ¹ my d¹elight.

144 The righteousness of your commands is ¹ ever¹lasting:
O give me under¹standing · and ¹ I shall ¹ live.

19

145 I call with my ¹ whole ¹ heart:
hear me O Lord ¹ I will ¹ keep your ¹ statutes.

146 I cry out to ¹ you O ¹ save me:
and ¹ I will ¹ heed · your com¹mands.

147 Before the morning light I ¹ rise · and I ¹ call:
for in your ¹ word ¹ is my ¹ hope.

148 Before the night watch my ¹ eyes ¹ wake:
that I may ¹ meditate · up¹on your ¹ words.

149 Hear my voice O Lord in your ¹ loving ¹ mercy:
and according to your ¹ judgements ¹ give me ¹ life.

150 They draw near to me who mal¹icious·ly¹ persecute me:
but ¹ they are ¹ far from · your ¹ law.

151 You Lord are ¹ close at ¹ hand:
and ¹ all · your com¹mandments · are ¹ true.

152 I have known long since from ¹ your com¹mands:
that you have ¹ founded ¹ them for ¹ ever.

153 Consider my affliction I and de'liver me:
for I do I not for'get your I law.

154 Plead my cause and I set me I free:
O give me life ac'cording I to your I word.

155 Salvation is I far · from the I wicked:
for they I do not I seek your I statutes.

156 Numberless O Lord are your I tender I mercies:
according to your I judgements I give me I life.

157 Many there are that persecute I me and I trouble me:
but I have not I swerved from I your com'mands.

158 I am cut to the heart when I I see the I faithless:
for they I do not I keep your I word.

159 Consider O Lord how I I love your I precepts:
and in your I mercy I give me I life.

160 The sum of your I word is I truth:
and all your righteous I judgements I stand for I ever.

161 Princes have persecuted me with'out a I cause:
but my heart I stands in I awe of · your I word.

162 I am as I glad of · your I word:
as I one who I finds rich I spoil.

163 Lies I I hate · and ab'hor:
but your I law I do I I love.

164 Seven times a I day I I praise you:
be'cause of · your I righteous I judgements.

165 Great is the peace of those who I love your I law:
and I nothing · shall I make them I stumble.

166 Lord I have waited for I your salvation:
and I have I done I your com'mandments.

167 My soul has heeded I your com'mands:
and I I love them · be'yond I measure.

168 I have kept your precepts I and com'mands:
for all my I ways are I open · be'fore you.

22

169 Let my cry I come to you · O I Lord:
O give me understanding ac'cording I to your I
word;

170 Let my supplication I come be'fore you:
and deliver me ac'cording I to your I promise.

171 My lips shall pour I forth your I praise:
be'cause you I teach me · your I statutes;

172 My tongue shall I sing of · your I word:
for I all · your com'mandments · are I righteousness.

173 Let your hand be I swift to I help me:
for I I have I chosen · your I precepts.

174 Lord I have longed for I your salivation:
and your I law is I my de'light.

175 O let my soul live that I I may I praise you:
and let your I judgements I be my I help.

176 I have gone astray like a I sheep · that is I lost:
O seek your servant
for I do I not for'get · your com'mandments.

I20

- 1 I call to the ¹ Lord · in my ¹ trouble:
 that ¹ he may ¹ answer ¹ me.
- 2 O Lord deliver me from ¹ lying ¹ lips:
 and ¹ from the ¹ treacher·ous ¹ tongue.
- 3 What will he do to you
 and what more will he do to you O ¹ treacher·ous ¹
 tongue?:
 you are sharp as the arrows of a warrior
 that are ¹ tempered · in ¹ coals of ¹ juniper.
- 4 Alas for me * I am like a ¹ stranger · in ¹ Meshech:
 like one who dwells a'midst the ¹ tents of ¹ Kedar.
- 5 My soul has ¹ been too ¹ long:
 among ¹ those · who are ¹ enemies · to ¹ peace.
- 6 I am for peace but ¹ when I ¹ speak of it:
 they ¹ make them·selves ¹ ready · for ¹ war.

I21

- 1 I lift up my ¹ eyes · to the ¹ hills:
 but ¹ where · shall I ¹ find ¹ help?
- 2 My help ¹ comes · from the ¹ Lord:
 who has ¹ made ¹ heaven · and ¹ earth.
- 3 He will not suffer your ¹ foot to ¹ stumble:
 and he who watches ¹ over · you ¹ will not ¹ sleep.

- 4 Be sure he who has ¹ charge of ¹ Israel:
 will ¹ neither ¹ slumber • nor ¹ sleep.
- 5 The Lord him¹self is • your ¹ keeper:
 the Lord is your defence up¹on your ¹ right ¹ hand;
- 6 The sun shall not ¹ strike you • by ¹ day:
 nor ¹ shall the ¹ moon by ¹ night.
- 7 The Lord will defend you from ¹ all ¹ evil:
 it is ¹ he • who will ¹ guard your ¹ life.
- 8 The Lord will defend your going out and your ¹
 coming ¹ in:
 from this time ¹ forward • for ¹ ever¹more.

I22

- 1 I was glad when they ¹ said to ¹ me:
 'Let us ¹ go • to the ¹ house • of the ¹ Lord.'
- 2 And now our ¹ feet are ¹ standing:
 with¹in your ¹ gates • O Je¹rusalem;
- 3 Jerusalem which is ¹ built • as a ¹ city:
 where the ¹ pilgrims ¹ gather • in ¹ unity.
- 4 There the tribes go up ¹ the ¹ tribes • of the ¹ Lord:
 as he commanded Israel
 to give ¹ thanks • to the ¹ name • of the ¹ Lord.
- 5 There are set ¹ thrones of ¹ judgement:
 the ¹ thrones • of the ¹ house of ¹ David.
- 6 O pray for the ¹ peace • of Je¹rusalem:
 may ¹ those who ¹ love you ¹ prosper.

7 Peace be with'in your ¹ walls:
and pros'peri·ty ¹ in your ¹ palaces.

8 For the sake of my brothers ¹ and com'panions:
I will ¹ pray that ¹ peace be ¹ with you.

9 For the sake of the house of the ¹ Lord our ¹ God:
I will ¹ seek ¹ for your ¹ good.

I23

1 To you I lift ¹ up my ¹ eyes:
you who are en'throned ¹ in the ¹ heavens.

2 As the eyes of servants look to the ¹ hand of · their ¹
master:
or as the eyes of a maid to'ward the ¹ hand of · her ¹
mistress,

†3 So our eyes look to the ¹ Lord our ¹ God:
un'til he ¹ show us · his ¹ mercy.

4 Have mercy upon us O Lord have ¹ mercy · up'on us:
for we have ¹ had our ¹ fill · of de'rision.

5 Our souls overflow with the mockery of ¹ those at ¹ ease:
and with the ¹ contempt ¹ of the ¹ proud.

I24

- 1 If the Lord had not been on our side
now may I Israel say:
if the Lord had not been on our side,
when men rose up against us,
- 2 Then they would have swallowed us alive:
when their anger was kindled against us.
- 3 Then the waters would have overwhelmed us
and the torrent gone over us:
the raging waters would have gone clean over us.
- 4 But praised be the Lord:
who has not given us as a prey to their teeth.
- 5 We have escaped like a bird from the snare of the fowler:
the snare is broken and we have gone free.
- 6 Our help is in the name of the Lord:
who has made heaven and earth.

I25

- 1 Those who put their trust in the Lord
shall be as Mount Zion:
which cannot be shaken but endures for ever.
- 2 As the mountains stand about Jerusalem
so stands the Lord about his people:
from this time forward for evermore.

3 For the sceptre of wickedness shall have no sway
over the land apportioned to the righteous:
lest the righteous set their hands to do evil.

4 Do good O Lord to those who are good:
to those that are upright in heart.

†5 As for those who turn aside to crooked ways
let the Lord lead them away with the evil-doers:
and in Israel let there be peace.

I26

1 When the Lord turned again the fortunes of Zion:
then were we like men restored to life.

2 Then was our mouth filled with laughter:
and our tongue with singing.

3 Then said they among the heathen:
'The Lord has done great things for them.'

4 Truly the Lord has done great things for us:
and therefore we rejoiced.

5 Turn again our fortunes O Lord:
as the streams return to the dry south.

6 Those that sow in tears:
shall reap with songs of joy.

†7 He who goes out weeping bearing the seed:
shall come again in gladness
bringing his sheaves with him.

I27

- 1 Unless the Lord builds the house:
their labour is but lost that I build it.
- 2 Unless the Lord keeps the city:
the watchmen watch in vain.
- 3 It is in vain that you rise up early and go so late to rest
eating the bread of toil:
for the Lord bestows honour and on those
whom he loves.
- 4 Behold children are a heritage from the Lord:
and the fruit of the womb is his gift.
- 5 Like arrows in the hand of a warrior:
are the sons of a man's youth.
- 6 Happy the man who has his quiver full of them:
he will not be put to shame
when he confronts his enemies at the gate.

I28

- 1 Blessed is everyone who fears the Lord:
and walks in the confine of his ways.
- 2 You will eat the fruit of your labours:
happy shall you be and all shall go well with you.
- 3 Your wife within your house:
shall be as a fruitful vine;

- 4 Your children a'round your ' table:
 like the fresh ' shoots ' of the ' olive.
- 5 Behold thus shall the ' man be ' blessed:
 who ' lives · in the ' fear · of the ' Lord.
- 6 May the Lord so ' bless you · from ' Zion:
 that you see Jerusalem in prosperity '
 all the ' days of · your ' life.
- †7 May you see your ' children's ' children:
 and in ' Israel ' let there · be ' peace.

I29

- 1 Many a time from my youth upward have they ' fought
 a'gainst me:
 now ' may ' Israel ' say,
- 2 Many a time from my youth upward have they ' fought
 a'gainst me:
 but ' they have ' not pre'vealed.
- 3 They have scored my back as ' with a ' ploughshare:
 they have ' opened ' long ' furrows.
- 4 But the ' Lord is ' righteous:
 and he has cut me ' free · from the ' thongs · of the ' wicked.
- 5 They shall be confounded and ' turned ' backward:
 all ' those who ' hate ' Zion.
- 6 They shall be as the grass that grows up'on the '
 housetops:
 which withers before it ' comes to ' any ' good,

7 With which no reaper may I fill his I hand:
nor the I binder · of I sheaves his I bosom.

8 And none who pass by shall say to them
‘The blessing of the I Lord · be up'pon you:
we I bless you · in the I name · of the I Lord.’

I30

1 Out of the depths have I called to I you O I Lord:
Lord I hear I my I voice;

2 O let your ears con'sider I well:
the I voice · of my I suppli'cation.

3 If you Lord should note what I we do I wrong:
who I then O I Lord could I stand?

4 But there is for'giveness · with I you:
so that I you I shall be I feared.

5 I wait for the Lord * my I soul I waits for him:
and I in his I word · is my I hope.

6 My soul I looks · for the I Lord:
more than watchmen for the morning
more I say than I watchmen I for the I morning.

7 O Israel trust in the Lord * for with the I Lord ·
there is I mercy:
and with I him is I ample · red'mption.

8 He will red'me I Israel:
from the I multi'tude I of his I sins.

I31

- 1 O Lord my heart is · not proud:
nor are my eyes haughty.
- 2 I do not busy myself in great matters:
or in things too wonderful for me.
- 3 But I have calmed and quieted my soul
like a weaned child upon its mother's breast:
like a child on its mother's breast!
is my soul with'in me.
- 4 O Israel trust · in the Lord:
from this time forward and for ever.

I32

- 1 Lord remember David and all his trouble:
how he swore an oath to the Lord
and vowed to the Mighty One of Jacob;
- 2 'I will not enter the shelter · of my house:
nor climb into the comfort of my bed;
- 3 'I will not give sleep to · my eyes:
or slumber to my eyelids,
- 4 'Till I find out a place for the ark · of the Lord:
a dwelling for the Mighty One of Jacob.'
- 5 Lo we heard of it · at Ephrathah:
we found it · in the fields of Ja-ar.
- 6 Let us go to the place of · his dwelling:
let us fall upon our knees before his footstool.

7 Arise O Lord ! into · your ! resting-place:
you ! and the ! ark of · your ! might.

8 Let your priests be ! clothed with ! righteousness:
and let your ! faithful · ones ! shout for ! joy.

†9 For the sake of ! David · your ! servant:
do not turn away the ! face of ! your anointed.

10 The Lord has ! sworn to ! David:
an ! oath · which he ! will not ! break;

11 'One who is the ! fruit of · your ! body:
I will ! set up!on your ! throne.

12 'If your children will keep my covenant
and the com!mands · which I ! teach them:
their children also shall sit up!on your ! throne for !
ever.'

13 For the Lord has chosen ! Zion · for him!self:
he has de'sired it · for his ! habitation.

14 'This shall be my ! resting-place · for ! ever:
here will I dwell for ! my de'light · is in ! her.

15 'I will bless her pro'visions · with a!bundance:
I will ! satisfy · her ! poor with ! bread.

16 'I will clothe her ! priests with · sal!vation:
and her ! faithful ones · shall ! shout for ! joy.

17 'There will I make a horn to sprout
for the ! family · of ! David:
I have prepared a ! lamp for ! my anointed.

†18 'As for his enemies I will ! cover them · with ! shame:
but upon his ! head · shall his ! crown be ! bright.'

I33

- 1 Behold how good and how ¹ lovely · it ¹ is:
when brothers ¹ live to^{gether} · in ¹ unity.
- 2 It is fragrant as oil upon the head
that runs down ¹ over · the ¹ beard:
fragrant as oil upon the beard of Aaron
that ran down over the ¹ collar ¹ of his ¹ robe.
- 3 It is like a ¹ dew of ¹ Hermon:
like the dew that falls up^{on} the ¹ hill of ¹ Zion.
- 4 For there the Lord has com^{manded} · his ¹ blessing:
which is ¹ life for ¹ ever^{more}.

I34

- 1 Come bless the Lord · all you ¹ servants · of the ¹ Lord:
you that by night ¹ stand · in the ¹ house of · our ¹
God.
- 2 Lift up your hands toward the holy place
and ¹ bless the ¹ Lord:
may the Lord bless you from Zion
the ¹ Lord who · made ¹ heaven · and ¹ earth.

1 Praise the Lord
 praise the ¹ name · of the ¹ Lord:
 praise him you ¹ servants ¹ of the ¹ Lord,

2 Who stand in the ¹ house · of the ¹ Lord:
 in the ¹ courts · of the ¹ house of · our ¹ God.

3 Praise the Lord for the ¹ Lord is ¹ gracious:
 sing praises to his ¹ name for ¹ it is ¹ good.

4 For the Lord has chosen Jacob ¹ for him'self:
 and Israel ¹ as his ¹ own pos'session.

5 I know that the ¹ Lord is ¹ great:
 and that our ¹ Lord · is a^lbove all ¹ gods.

6 He does whatever he wills * in heaven and up^{on} the ¹
 earth:
 in the seas and ¹ in the ¹ great ¹ depths.

7 He brings up clouds from the ¹ ends · of the ¹ earth:
 he makes lightning for the rain
 and brings the ¹ wind ¹ out of · his ¹ storehouses.

8 He struck down the ¹ firstborn · of ¹ Egypt:
 both ¹ man and ¹ beast a^llike.

9 He sent signs and wonders into your ¹ midst O ¹ Egypt:
 against Pharaoh and a^gainst ¹ all his ¹ servants.

10 He struck down ¹ great ¹ nations:
 and ¹ slew ¹ mighty ¹ kings,

11 Sihon king of the Amorites and Og the ¹ king of ¹
 Bashan:
 and ¹ all the ¹ princes · of ¹ Canaan.

12 He made over their land · as a heritage:
a heritage · for Israel · his people.

13 O Lord your name shall endure for ever:
so shall your renown through'out all generations.

14 For the Lord will vindicate · his people:
he will take pity · on his servants.

15 As for the idols of the nations
they are but silver · and gold:
the work · of a man's hand.

16 They have mouths but speak not:
they have eyes · but they cannot see.

17 They have ears yet hear nothing:
there is no breath · in their nostrils.

18 Those who make them shall be like them:
so shall everyone that trusts in them.

19 Bless the Lord O house of Israel:
bless the Lord O house of Aaron.

20 Bless the Lord O house of Levi:
you that fear the Lord I bless the Lord.

†21 Blessed be the Lord from Zion:
he that dwells in Jerusalem
Praise - the Lord.

1 O give thanks to the Lord for he is good:
for his mercy · en'dures for ever.

2 O give thanks to the God of gods:
for his mercy · en'dures for ever.

†3 O give thanks to the Lord of lords:
for his mercy · en'dures for ever;

4 To him who alone does great wonders:
for his mercy · en'dures for ever;

5 Who by wisdom made the heavens:
for his mercy · en'dures for ever;

6 Who stretched out the earth up'on the waters:
for his mercy · en'dures for ever;

7 Who made the great lights:
for his mercy · en'dures for ever,

8 The sun to rule the day:
for his mercy · en'dures for ever,

9 The moon and the stars to govern · the night:
for his mercy · en'dures for ever;

10 Who struck down Egypt and its firstborn:
for his mercy · en'dures for ever;

11 Who brought out Israel from among them:
for his mercy · en'dures for ever,

†12 With a strong hand and with outstretched arm:
for his mercy · en'dures for ever;

13 Who divided the Red Sea into two parts:
for his mercy endures for ever,

14 And made Israel pass through the midst of it:
for his mercy endures for ever;

15 Who cast off Pharaoh and his host into the Red Sea:
for his mercy endures for ever;

16 Who led his people through the wilderness:
for his mercy endures for ever;

17 Who struck down great kings:
for his mercy endures for ever;

18 Who slew mighty kings:
for his mercy endures for ever,

19 Sihon king of the Amorites:
for his mercy endures for ever,

20 And Og the king of Bashan:
for his mercy endures for ever;

21 Who made over their land as a heritage:
for his mercy endures for ever,

22 As a heritage for Israel his servant:
for his mercy endures for ever;

23 Who remembered us in our humiliation:
for his mercy endures for ever,

24 And delivered us from our enemies:
for his mercy endures for ever;

25 Who gives food to all that lives:
for his mercy endures for ever.

26 O give thanks to the ¹ God of ¹ heaven:
for his ¹ mercy · en'dures for ¹ ever.

137

1 By the waters of Babylon we sat ¹ down and ¹ wept:
when ¹ we re'membered ¹ Zion.

2 As for our harps we ¹ hung them ¹ up:
upon the ¹ trees · that are ¹ in that ¹ land.

3 For there those who led us away captive
re'quired of us · a ¹ song:
and those who had despoiled us demanded mirth
saying 'Sing us ¹ one of · the ¹ songs of ¹ Zion.'

*4 How can we sing the Lord's ¹ song · in a ¹ strange ¹ land?

5 If I forget you ¹ O Je'rusalem:
let my right ¹ hand for'get its ¹ mastery.

6 Let my tongue cling to the ¹ roof of · my ¹ mouth:
if I do not remember you
if I do not prefer Jerusalem a'bove my ¹ chief ¹ joy.

[7] Remember O Lord against the Edomites
the ¹ day · of Je'rusalem:
how they said 'Down with it · down with it ¹
raze it · to ¹ its found'ations.'

* sung to the last four bars of the chant.

8 O daughter of Babylon ! you that · lay ! waste:
 happy shall he be who serves ! you as ! you have ·
 served ! us;

[†]9 Happy shall he be who ! takes your ! little ones:
 and ! dashes them · a!gainst the ! stones.]

138

1 I will give you thanks O Lord with my ! whole ! heart:
 even before the ! gods · will I ! sing your ! praises.

2 I will bow down toward your holy temple
 and give ! thanks to · your ! name:
 because of your faithfulness and your loving-kindness
 for you have made your name and your ! word
 su!preme · over ! all things.

3 At a time when I called to you you ! gave me ! answer:
 and put new ! strength with!in my ! soul.

4 All the kings of the earth shall ! praise you · O ! Lord:
 for they have ! heard the ! words of · your ! mouth;

5 And they shall sing of the ! ways · of the ! Lord:
 that the ! glory · of the ! Lord is ! great.

6 For though the Lord is exalted he looks up'on the !
 lowly:
 but he ! humbles · the ! proud · from a!far.

7 Though I walk in the midst of danger
 yet will you pre'serve my ¹ life:
 you will stretch out your hand,
 against the fury of my enemies
 and ¹ your right ¹ hand shall ¹ save me.

8 The Lord will complete his ¹ purpose ¹ for me:
 your loving-kindness O Lord endures for ever
 do not forsake the ¹ work · of your ¹ own ¹ hands.

I39

1 O Lord you have searched me ¹ out and ¹ known me:
 you know when I sit or when I stand
 you comprehend my ¹ thoughts ¹ long be'fore.

2 You discern my path · and the places ¹ where I ¹ rest:
 you are ac'quainted · with ¹ all my ¹ ways.

3 For there is not a ¹ word · on my ¹ tongue:
 but you Lord ¹ know it ¹ alto'gether.

4 You have encompassed me be'hind · and be'fore:
 and have ¹ laid your ¹ hand up'on me.

†5 Such knowledge is too ¹ wonder·ful ¹ for me:
 so ¹ high · that I ¹ cannot · en'dure it.

6 Where shall I ¹ go · from your ¹ spirit:
 or where shall I ¹ flee ¹ from your ¹ presence?

7 If I ascend into heaven ¹ you are ¹ there:
 if I make my bed in the grave ¹ you are ¹ there ¹ also.

8 If I spread out my wings to'wards the ¹ morning:
 or dwell in the ¹ utter·most ¹ parts · of the ¹ sea,

9 Even there your ¹ hand shall ¹ lead me:
and ¹ your right ¹ hand shall ¹ hold me.

10 If I say ‘Surely the ¹ darkness · will ¹ cover me:
and the ¹ night ¹ will en’close me’,

11 The darkness is no darkness with you
but the night is as ¹ clear · as the ¹ day:
the darkness and the ¹ light are ¹ both a’like.

12 For you have created my ¹ inward ¹ parts:
you knit me together ¹ in my ¹ mother’s ¹ womb.

13 I will praise you for ¹ you are · to be ¹ feared:
fearful are your ¹ acts and ¹ wonderful · your ¹ works.

14 You knew my soul * and my bones were not ¹ hidden ¹
from you:
when I was formed in secret
and ¹ woven · in the ¹ depths · of the ¹ earth.

15 Your eyes saw my limbs when they were ¹ yet im-
perfect:
and in your book were ¹ all my ¹ members ¹ written;

†16 Day by ¹ day · they were ¹ fashioned:
and not ¹ one was ¹ late in ¹ growing.

17 How deep are your thoughts to ¹ me O ¹ God:
and how ¹ great ¹ is the ¹ sum of them!

18 Were I to count them
they are more in number ¹ than the ¹ sand:
were I to come to the ¹ end · I would ¹ still be ¹ with
you.

[19] If only you would slay the ¹ wicked · O ¹ God:
 if only the men of ¹ blood · would de¹part ¹ from me!

20 For they affront you ¹ by their ¹ evil:
 and your enemies ex¹alt them¹selves a¹gainst you.

21 Do I not hate them O Lord that ¹ hate ¹ you:
 do I not loathe ¹ those · who re¹bel a¹gainst you?

22 I hate them with a ¹ perfect ¹ hatred:
 they ¹ have be¹come my ¹ enemies.]

23 Search me out O God and ¹ know my ¹ heart:
 put me to the ¹ proof and ¹ know my ¹ thoughts.

24 Look well lest there be any way of ¹ wicked[·]ness ¹ in me:
 and lead me in the ¹ way · that is ¹ ever^llasting.

I40

1 Deliver me O Lord from ¹ evil ¹ men:
 and pre¹serve me · from ¹ vio-lent ¹ men,

2 Who devise mischief ¹ in their ¹ hearts:
 who stir up ¹ enmi^tty ¹ day by ¹ day.

3 They have sharpened their ¹ tongues · like a ¹ serpent[’]s:
 and the venom of ¹ asps is ¹ under · their ¹ lips.

4 Keep me O Lord from the ¹ power · of the ¹ wicked:
 preserve me from violent men
 who think to ¹ thrust me ¹ from my ¹ course.

5 The arrogant have laid a snare for me
 and rogues have ¹ stretched the ¹ net:
 they have set ¹ traps a¹long my ¹ way.

6 But I have said to the Lord 'You are · my ' God':
 hear O ' Lord the ' voice of · my ' pleading.

7 O Lord my God and my ' sure ' stronghold:
 you have covered my ' head · in the ' day of ' battle.

8 Do not fulfil O Lord the de'sire · of the ' wicked:
 nor further the ' evil · that he ' has de'veised.

[9] Let not those that beset me ' lift their ' heads:
 but let the mischief that is ' on their ' lips ' bury
 them.

10 Let hot burning coals be ' poured up' on them:
 let them be plunged into that miry pit,
 from ' which · they shall ' never · a'rise.

[+] 11 Let no man of evil tongue find ' footing · in the ' land:
 the evil the violent man let him be ' hunted ' to
 the ' end.]

12 I know that the Lord will work justice ' for · the
 op'pressed:
 and right ' judgements ' for the ' poor.

13 Surely the righteous shall have cause to ' praise your ' name:
 and the ' just shall ' dwell in · your ' sight.

- 1 O Lord I call to you make I haste to I help me:
and I hear my I voice · when I I cry.
- 2 Let my prayer be as I incense · before you:
and the lifting up of my I hands · as the I evening I
sacrifice.
- 3 Set a guard O I Lord · on my I mouth:
and I keep the I door · of my I lips.
- 4 Let not my heart incline to evil speech
to join in wickedness with I wrongdoers:
let me not taste the I pleasures I of their I table.
- 5 But let the righteous I man chas'tise me:
and the I faithful I man rebuke me.
- 6 Let not the oil of the wicked an'oint my I head:
for I pray to you I still a'gainst their I wickedness.
- 7 They shall be cast down
by that Mighty One who I is their I judge:
and how pleasing shall my I words be I to them I then!
- 8 As when a farmer I breaks the I ground:
so shall their bones lie I scattered · at the I mouth of I
Sheol.
- 9 But my eyes look to you O I Lord my I God:
to you I come for refuge I do not · pour I out my I
life.
- 10 Keep me from the snare that I they have I laid for me:
and from the I traps · of the I evill'doers.
- †11 Let the wicked fall together into their I own I nets:
whilst I pass I safely I by.

- 1 I call to the Lord with a ' loud ' voice:
with loud ' voice · I en'treat his ' favour.
- 2 I pour out my com'plaint be'fore him:
and ' tell him ' all my ' trouble.
- 3 When my spirit is faint within me you ' know my ' path:
in the way where I walk '
they have ' hidden · a ' snare for me.
- 4 I look to my right ' hand and ' see:
but ' no ' man will ' know me;
- 5 All es'cape is ' gone:
and ' there is ' no one · who ' cares for me.
- 6 I call to you O Lord I say ' You are · my ' refuge:
you are my ' portion · in the ' land · of the ' living.'
- 7 Heed my loud crying for I am ' brought · very ' low:
O save me from my persecutors '
for they ' are too ' strong for me.
- 8 Bring me ' out of · the ' prison-house:
that ' I may ' praise your ' name.
- †9 When you have given me ' my re'ward:
then will the ' righteous ' gather · a'bout me.

- 1 Hear my ¹ prayer O ¹ Lord:
in your faithfulness consider my petition
and in your ¹ righteousness ¹ give me ¹ answer.
- 2 Bring not your servant ¹ into ¹ judgement:
for in your sight can ¹ no man ¹ living · be ¹ justified.
- 3 For the enemy has pursued me
he has crushed my ¹ life · to the ¹ ground:
he has made me dwell in darkness
like ¹ those for ¹ ever ¹ dead.
- 4 Therefore my ¹ spirit · grows ¹ faint:
and my ¹ heart · is ap'palled with'in me.
- 5 I remember the days of old
I think on all that ¹ you have ¹ done:
I con'sider · the ¹ works of · your ¹ hands.
- 6 I stretch out my ¹ hands to'ward you:
my soul yearns for you ¹ like a ¹ thirsty ¹ land.
- 7 Be swift to hear me O Lord for my ¹ spirit ¹ fails:
hide not your face from me
lest I be like ¹ those who · go ¹ down · to the ¹ Pit.
- 8 O let me hear of your merciful kindness in the morning
for my ¹ trust · is in ¹ you:
show me the way that I should go
for ¹ you ¹ are my ¹ hope.
- 9 Deliver me from my ¹ enemies · O ¹ Lord:
for I ¹ run to ¹ you for ¹ shelter.
- 10 Teach me to do your will for ¹ you are · my ¹ God:
let your kindly spirit ¹ lead me · in an ¹ even ¹ path.

(+) 11 For your name's sake O Lord pre'serve my life:
and for the sake of your righteousness bring me
out of trouble.

12 In your merciful goodness slay my enemies
and destroy all those that come a'gainst me:
for I truly I am your servant.]

I44

- 1 Blessed be the Lord my Rock:
who teaches my hands to war · and my fingers · to
fight;
- 2 My strength and my stronghold
my fortress and my de'liverer:
my shield to whom I come for refuge
who sub'dues the peoples under me.
- 3 Lord what is man that you should be mindful of
him:
or the son of man that you should con'sider him?
- 4 Man is but a breath of wind:
his days are like a shadow · that passes away.
- 5 Part the heavens O Lord and come down:
touch the mountains · and they shall smoke.
- 6 Dart forth your lightnings
and scatter them on every side:
let loose your arrows · with the roar · of the
thunderbolt.

7 Reach down your hand from on high
rescue me and pluck me out of the great waters:
out of the hands of the aliens,

8 Whose mouths speak perjury:
and their right hand is a right hand of falsehood.

9 I will sing you a new song O God:
on the ten-stringed lute will I sing your praises.

10 You have given victory to kings:
and deliverance to David your servant.

11 O save me from the peril of the sword:
pluck me out of the hands of the aliens,

12 Whose mouths speak perjury:
and their right hand is a right hand of falsehood.

13 Our sons in their youth shall be like sturdy plants:
and our daughters as the carved corners of palaces.

14 Our barns shall be full and give food of every kind:
the sheep shall lamb in our fields
in thousands and tens of thousands.

15 Our cattle shall be heavy with calf
there shall be no miscarriage or untimely birth:
and no loud crying in our streets.

16 Happy the people whose lot is such as this:
happy that people who have the Lord for their God!

- 1 I will exalt you O ! God my ! king:
I will bless your ! name for ! ever · and ! ever.
- 2 Every ! day · will I ! bless you:
and praise your ! name for ! ever · and ! ever.
- 3 Great is the Lord * and wonderfully ! worthy · to be !
praised:
his greatness is ! past ! searching ! out.
- 4 One generation shall praise your ! works · to an'other:
and declare your ! mighty ! acts.
- 5 As for me * I will be talking
of the glorious splendour ! of your ! majesty:
I will tell the ! story · of your ! marvellous ! works.
- 6 Men shall recount the power of your ! terri·ble ! deeds:
and ! I will · proclaim your ! greatness.
- †7 Their lips shall flow,
with the remembrance of your abundant ! good-
ness:
they shall ! shout for ! joy at · your ! righteousness.
- 8 The Lord is ! gracious · and com!passionate:
slow to anger ! and of ! great ! goodness.
- 9 The Lord is ! loving · to ! every man:
and his mercy is ! over ! all his ! works.
- 10 All creation ! praises you · O ! Lord:
and your faithful ! servants ! bless your ! name.
- 11 They speak of the glory ! of your ! kingdom:
and ! tell of · your ! great ! might,

†12 That all mankind may know your mighty acts:
and the glorious splendour of your kingdom.

13 Your kingdom is an everlasting kingdom;
and your dominion endures through all generations.

14 The Lord upholds all those who stumble:
and raises up those that are bowed down.

15 The eyes of all look to you in hope:
and you give them their food in due season;

16 You open wide your hand:
and fill all things living with your bounteous gift.

17 The Lord is just in all his ways:
and faithful in all his dealings.

18 The Lord is near to all who call upon him:
to all who call upon him in truth.

19 He will fulfil the desire of those that fear him:
he will hear their cry and save them.

20 The Lord preserves all those that love him:
but the wicked he will utterly destroy.

†21 My mouth shall speak the praises of the Lord:
and let all flesh bless his holy name
for ever and ever.

1 Praise the Lord
 praise the Lord ! O my ! soul:
 while I ! live · I will ! praise the ! Lord;

2 While I ! have · any ! being:
 I will sing ! praises ! to my ! God.

3 Put not your ! trust in ! princes:
 nor in the sons of ! men who ! cannot ! save.

4 For when their breath goes from them
 they return a'gain · to the ! earth:
 and on that day ! all their ! thoughts ! perish.

5 Blessed is the man whose help is the ! God of ! Jacob:
 whose hope is ! in the ! Lord his ! God,

6 The God who made ! heaven · and ! earth:
 the sea and ! all ! that is ! in them,

†7 Who keeps ! faith for ! ever:
 who deals justice to ! those that ! are op'pressed.

8 The Lord gives ! food · to the ! hungry:
 and ! sets the ! captives ! free.

9 The Lord gives ! sight · to the ! blind:
 the Lord lifts up ! those · that are ! bowed ! down.

10 The Lord ! loves the ! righteous:
 the Lord cares for the ! stranger ! in the ! land.

11 He upholds the ! widow · and the ! fatherless:
 as for the way of the wicked he ! turns it ! upside
 down.

†12 The Lord shall be ¹ king for ¹ ever:
your God O Zion shall reign through all generations ¹
Praise ¹ – the ¹ Lord.

I47

- 1 O praise the Lord
for it is good to sing praises ¹ to our ¹ God:
and to ¹ praise him • is ¹ joyful • and ¹ right.
- 2 The Lord is re¹building • Je¹rusalem:
he is gathering together
the ¹ scattered ¹ outcasts • of ¹ Israel.
- 3 He heals the ¹ broken • in ¹ spirit:
and ¹ binds ¹ up their ¹ wounds.
- 4 He counts the ¹ number • of the ¹ stars:
and ¹ calls them ¹ all by ¹ name.
- 5 Great is our Lord and ¹ great • is his ¹ power:
there is no ¹ measuring • his ¹ understand¹ing.
- 6 The Lord re¹stores the ¹ humble:
but he brings down the ¹ wicked ¹ to the ¹ dust.
- 7 O sing to the Lord a ¹ song of ¹ thanksgiving:
sing praises to our ¹ God up¹on the ¹ harp.
- 8 He covers the heavens with cloud
and prepares ¹ rain • for the ¹ earth:
and makes the grass to ¹ sprout up¹on the ¹ mountains.
- 9 He gives the ¹ cattle • their ¹ food:
and feeds the young ¹ ravens • that ¹ call ¹ to him.

10 He takes no pleasure in the strength of a horse:
nor does he delight in any man's legs,

†11 But the Lord's delight is in those that fear him:
who wait in hope for his mercy.

12 Praise the Lord O Jerusalem:
sing praises to your God O Zion.

13 For he has strengthened the bars of your gates:
and blessed your children within you.

14 He makes peace within your borders:
and satisfies you with the finest wheat.

15 He sends his command to the earth:
and his word runs very swiftly.

16 He gives snow like wool:
and scatters the hoar-frost like ashes.

17 He sprinkles his ice like morsels of bread:
and the waters harden at his frost.

†18 He sends out his word and melts them:
he blows with his wind and the waters flow.

19 He made his word known to Jacob:
his statutes and judgements to Israel.

20 He has not dealt so with any other nation:
nor have they knowledge of his laws
Praise the Lord.

- 1 Praise the Lord
 praise the Lord from heaven:
 O praise him in the heights.
- 2 Praise him all his angels:
 O praise him all his host.
- 3 Praise him sun and moon:
 praise him all you stars of light.
- 4 Praise him you highest heaven:
 and you waters that are above the heavens.
- 5 Let them praise the name of the Lord:
 for he com'manded and they were made.
- 6 He established them for ever and ever:
 he made an ordinance which shall not pass away.

- 7 O praise the Lord from the earth:
 praise him you sea-monsters and all deeps;
- 8 Fire and hail mist and snow:
 and storm-wind fulfilling his command;
- 9 Mountains and all hills:
 fruiting trees and all cedars;
- 10 Beasts of the wild and all cattle:
 creeping things and winged birds;
- 11 Kings of the earth and all peoples:
 princes and all rulers of the world;

12 Young men and maidens:
old men and children together.

13 Let them praise the name of the Lord:
for his name alone is exalted.

14 His glory is above earth and heaven:
and he has lifted high the horn of his people.

†15 Therefore he is the praise of all his servants:
of the children of Israel a people that is near him!
Praise – the Lord.

I49

1 O praise the Lord
and sing to the Lord a new song:
O praise him in the assembly of the faithful.

2 Let Israel rejoice in him that made him:
let the children of Zion be joyful in their king.

3 Let them praise him in the dance:
let them sing his praise with timbrel and with harp.

4 For the Lord takes delight in his people:
he adorns the meek with his salvation.

5 Let his faithful ones exult in his glory:
let them sing for joy upon their beds.

6 Let the high praises of God be in their mouths:
and a two-edged sword in their hands,

7 To execute vengeance ¹ on the ¹ nations;
and ¹ chastisement ¹ up¹on the ¹ peoples,

8 To bind their ¹ kings in ¹ chains:
and their ¹ nobles ¹ with ¹ fetters ¹ of ¹ iron,

†9 To visit upon them the judgement that ¹ is de¹creed:
such honour belongs to all his faithful servants ¹
Praise ¹ – the ¹ Lord.

I50

1 Praise the Lord
 O praise ¹ God ¹ in his ¹ sanctuary:
 praise him in the ¹ firma¹ment ¹ of his ¹ power.

2 Praise him for his ¹ mighty ¹ acts:
 praise him according to ¹ his a¹bundant ¹ goodness.

3 Praise him in the ¹ blast ¹ of the ¹ ram's horn:
 praise him up¹on the ¹ lute and ¹ harp.

4 Praise him with the ¹ timbrel ¹ and ¹ dances:
 praise him up¹on the ¹ strings and ¹ pipe.

5 Praise him on the ¹ high-sounding ¹ cymbals:
 praise him up¹on the ¹ loud ¹ cymbals.

6 Let everything that has breath ¹ praise the ¹ Lord:
 O ¹ praise ¹ – the ¹ Lord!